

This list is provided for informational purposes only, to assist individuals in independently making personal decisions based upon their needs.

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

CAMP VERDE

Spectrum Healthcare

452 Finnie Flat Rd Camp Verde, AZ 86322

(928) 634-8960

info@spectrumhealthcare-group.org

<http://spectrumhealthcare-group.com/>

Areas of Service: Children, Adults, Family, Individuals, Substance Abuse, Trauma, Depression, PTSD

Accepts: AHCCCS, Medicare, Carefirst, United Health

Se habla español

COTTONWOOD

Juniper Campbell LPC

723 Cove Parkway, Ste. C Cottonwood, AZ 86326

(928) 254-0113

junipercampbellcounselor@gmail.com

www.junipercampbell.com

Areas of service: Adult and Adolescent 13 + Couples, Family, Individuals, EMDR, Trauma, Sexual Trauma, CBT, Bipolar Disorder, ADHD

Equine Assisted Therapy

Accepts: BCBS AZ, Magellan, Biodyne, Tricare, Aetna, Health Net

Spectrum Healthcare

8E Cottonwood St. Cottonwood, AZ 86326

(928) 634-8960

info@spectrumhealthcare-group.org

<http://spectrumhealthcare-group.com>

Areas of Service: Children, Adults, Family, Individuals, Substance Abuse, Trauma, Depression, PTSD, Mental Illness

Accepts: AHCCCS, Medicare, Carefirst, United Health

Se habla español

CHANDLER

Concentric Counseling

Crowell, Michelle (LCSW)

3200 N Dobson Rd. Bldg. C, Chandler, AZ 85224

(480) 897-7307

www.concentriccounseling.com

Areas of service: Adult, Marriage, Family, Eating disorders, Trauma, PTSD

Accepts: APS, Cigna and others (call to ask)

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Spectrum Healthcare

651 W. Mingus Ave. Cottonwood, AZ 86326

(928) 634-8960

info@spectrumhealthcare-group.org

<http://spectrumhealthcare-group.com>

Areas of Service: Children, Adults, Family, Individuals, Substance Abuse, Trauma, Depression, PTSD

Accepts: AHCCCS, Medicare, Carefirst, United Health

Se habla español

GLENDALE

Santa Cruz Counseling

Jane Santa Cruz (M.A) and Jim Santa Cruz (MC, LPC)

4407 W. Desert Cove, Glendale, AZ 85304

(602) 843-4003

jim@stacruzcounseling.com

www.santacruzcounseling.com

Areas of service: Adolescent, Adult, Marriage

Se habla español

Catholic

FLAGSTAFF

Flagstaff Counseling Center

Hogg, Andy, Ph.D

408 N. Kendrick St. Ste 4 Flagstaff, AZ 86001

(928) 774-6364 ext. 224

dr.andy.hogg@gmail.com

www.flagcounseling.com

Areas of service: Adolescent and Family Issues,

Couples Counseling, Sexuality issues

Accepts: Medicare, BCBS

GOODYEAR

Terry Galler, MA, LPC

(602) 909-0042

terry@terrygaller.com

www.terrygaller.com

Areas of service: Adults, Adolescents (16+), Individuals, Couple and Family therapy

Depression, Anxiety, Marriage, Trauma, Past abuse issues, Divorce Recovery, Grief Counseling

Accepts: BCBS, Aetna

Catholic

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

LAKE HAVASU CITY

Harborlight Family Therapy

Fielder (M.A), Christine

1951 Mesquite Ave, Ste J, Lake Havasu City, AZ 86403
(928) 453-1328

Harborlight@frontiernet.net; cfielder@frontiernet.net

www.harborlightfamilytherapy.com

Areas of service: Children (5+), Adult, Family, Marriage,
Substance Abuse

Other Language: German

Krull (LCSW, LLC) Teri

Registered Play Therapist

2345 S Alma School Rd, Ste 110, Mesa, AZ 85210

(480) 917-7792

terikrull@playtherapy.tv

www.playtherapy.tv

Areas of service: Adult, Children (8+), Family, Marriage

Rand (PhD), Judith

1845 S Dobson Rd, Ste 109, Mesa, AZ 85202

(480) 466-7010

j_randphd@msn.com

www.judithrandphd.com

Areas of service: Adult, Children, Family, Marriage,
Individual, Couple,

Accepts BCBS, Aetna, Tricare, Medicare, (call to ask)

MESA

Tikvah Counseling, PLLC

Castellanos, Pamela

1819 S. Dobson Rd Suite 115 Mesa, AZ 85202

(480) 447-6474

Tikvahcounselor@gmail.com

www.tikvahcounseling.online

Areas of service: Adults, Trauma

Catholic

Family Strategies Counseling Center

Sullivan, Joseph

1745 S. Alma School Rd Mesa, AZ 85210

(480) 668-8301 Ext: 1010

jsullivan@familystrategies.org

www.familystrategies.org

Areas of service: Adolescents, adults, couples, families, sexual
addictions, SSA, trauma, divorce issues

Accepts: BCBS

Catholic

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

SureStep Psychology Services

Lopez PhD, Ignacio

Guille Morales

1220 S. Alma School Rd. Ste. 210 Mesa, AZ 85210

(480) 246-8998

ignaciolopez@gmail.com

www.suresteponline.org

Areas of service: Children, Adults, Family, Parenting,

Domestic violence offender treatment

Se habla español

Catholic

Journey to Peace Counseling Services

Kelly, Stephanie

1819 S. Dobson Rd. Suite 115 Mesa, ASZ 85202

(480) 787-1955 Ext: 5

stephaniek@journeytopeacecounselingservices.com

www.journeytopeacecounselingservices.com

Adults, Adolescents, Couples, depression,

Anxiety, life transitions, Addictions.

Accepts: BCBS

Catholic

PARADISE VALLEY

Marianne Dunaway

(602) 810-1369

arizonatherapy@gmail.com

Areas of service: Children, Adults, Marriage and Family Therapy,

Autism, Chemical dependency, Divorce

Catholic

PEORIA

AZ Christian Counseling Associates

9299 W Olive, Ste. 212, Peoria, AZ 85345

(480) 525-7284

www.arizonachristiancounseling.com

Areas of service: Parenting, Children (10+) Teens

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

PHOENIX

Community Partners integrated Healthcare

1515 E. Osborn Rd. Phoenix, AZ 85014

(602) 604-0000

www.communitypartnersinc.org

Areas of service: Adult,

*Accepts AHCCCS

Se habla español

Childhelp U.S.A.

2120 N. Central Ave Suite 130 Phoenix, AZ 85004

(602) 271-4500

ch-therapyreferralsaz@childhelp.org

www.childhelp.org

Areas of service: Child, Trauma, Abuse

Accepts: AHCCCS, VOCA Grant

Se habla español

Christian Family Care Center

2346 N. Central Ave. Phoenix, AZ 85004

(602) 234-1935

www.cfcare.org

Areas of service: Children, Adults, Trauma

Community Connections LLC

Simpson, Vanessa

4025 W. Bell Rd. Ste 6 Phoenix, AZ 85053

(623) 242-8460

vsimpson@communityconnectionsaz.org

www.communityconnectionsaz.org

Areas of service: Eating disorders in Adolescents & Adults.

Accepts: AHCCCS

Dymphna Counseling

Turner, Donna

4425 E. Agave Rd. Suite 140 Phoenix, AZ 85044

(602) 908-4988

dymphnacounseling@gmail.com

Areas of service: Adults, Trauma, Addictions, Sexual Addictions, Marriage

Accepts: Tricare, BCBS, Aetna, United Behavioral Health

Catholic

Fischer, Lisa PhD

7111 N. 7th St Phoenix, AZ

(602) 448-9755 (TEXT ONLY)

lisafischer@cox.net

www.drlicafischer.com

Areas of service: Older adolescents, Adults, anxiety, depression, and relationship problems, including sexual dysfunctions.

Catholic

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

Gomez, Ana (MC, LPC)

1300 E Missouri, Ste 120, Phoenix, AZ 85014

(602) 803-4601

(602) 803-1797

www.anagomeztherapy.com

anag@anagomez.org

Areas of service: Adult, Children, Family, Marriage, Trauma

Se habla español

Hutt, Michael

11022 S. 51st St. # 102 Phoenix, AZ 8504

(480) 815-4351

info@huttcounseling.com

www.huttcounseling.com

Areas of service: Adults, Couples, Domestic violence, general men's issues (anger, porn, etc)

Catholic

Kasper, Rebecca PhD

7111 N. 7th St Phoenix, AZ

(602) 630-2639

rebeccaannkasper@gmail.com

www.drrebeccakasperpllc.com

Areas of service: Children (5+), Adult, Individual, (Occasionally family therapy), Creative arts Therapies, Trauma, and Health

Psychology

Accepts: BCBS, Cigna, Aetna,

Catholic

Little Flower Ministries

PLLC Westby (LPC), Nikki

2312 E Campbell Ave, Phoenix, AZ 85016

(602) 954-9089 ext. 1114

zestywestby@yahoo.com

Areas of service: Adult, Couples, Anxiety, Depression, Relationship Issues, Domestic Violence, Post Abortion Healing

Catholic

Phoenix Psychological Services

Ludwig, Dr. Rosemarie

2432 W Peoria Ave, Ste 1002 Building# 3 Phoenix, AZ 85071

(602) 997-1550

rstussy@cox.net

Areas of service: Adult, Children (6+), Family, Marriage, Sexually abused children

Accepts: Cigna, Aetna, BCBS AZ, United Healthcare

Other Languages: German

Byzantine Catholic

Polansky, Joan Ph.D.

3295 N. Drinkwater Blvd Suite 1 Scottsdale, AZ 85253

(602) 621-0468

www.arcadiapsychology.com

Areas of service: College students, Medical issues, difficult pregnancies, or premature and difficult birthing experiences

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

Stapert (PhD), John

6232 N 7th St Suite 206B Phoenix AZ 85014

(602) 279-8920

jstapert@ix.netcom.com

Areas of service: Adults (16+), Depression, Anxiety

Accepts: Medicare, BCBS, Cigna, Humana, Aetna, Medicaid

Totus Tuus Therapy Clinic

Michelle Lorenzana

2942 N. 24th St. Suite #209 Phoenix, AZ 85016

(602) 464-3289

mlorenzana@totustuustherapyclinic.com

www.totustuustherapyclinic.com

Areas of service: Adults, Marriage and Family, Communication concerns, Relational Conflict, Premarital Preparation, Anxiety, Depression and Grief/Loss

Catholic

PRESCOTT

Christian Family Care Center

3611 Crossings Drive, Suite A Prescott, AZ 86305

(928) 443-1150

www.cfcare.org

Areas of service: Children, Adults, Family, Trauma

Maria Rose Counseling

Kate Hald LPC

300 E. Willis St. Suite 300-D Prescott, AZ 86301

(928) 710-0198 Kate@MariaRoseCounseling.com

<http://www.mariarosecounseling.com/>

Areas of Service: Adults, EMDR Therapy, abuse (emotional, physical and sexual)

SCOTTSDALE

Chambers (M.Ed, LPC, NCC) Pamela

8426 E Shea Blvd, Scottsdale, AZ 85260

(480) 703-0606 (480) 664-6652

pamela@pamelachambers.com

www.pamelachambers.com

Areas of service: Adult, Children, Family, Marriage, Pre-Marital counseling, Couples counseling, EMDR for Trauma

Dunaway, Marianne

6615 N Scottsdale Rd, Ste 110, Scottsdale, AZ 85253

(602) 810-1369 arizonatherapy@aol.com

Catholic

Areas of service: Adult, Children, Family, Marriage

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

Lawrence, Dr. Gabrielle

5040 E Shea Blvd, Ste 268, Scottsdale, AZ 85254

(480) 607-5030

www.health4relationships.com

Catholic

Areas of service: Adult, Children, DBT, Grief

Spring Returns Counseling

Jill McMahon

8170 N. 86th Place Suite 206 Scottsdale, AZ 85258

(480) 675-4634

jill@jillmcmahoncounseling.com

www.jillmcmahoncounseling.com

Areas of service: Grief, Suicide, Individual Therapy

Vigil (MA, LPC, RPT), Diana

7500 E McDonald Drive, Ste 400A, Scottsdale AZ 85250

(480) 946-0801

www.moranvigil.com

www.childtherapyaz.com

Areas of service: Adult, Children, Child Maltreatment, Sexual Abuse, Sexual Behavioral problems, Divorcing Families, Parental Alienation

Catholic

SEDONA

Spectrum Healthcare

2880 Hope drive, Sedona, AZ 86336

(928) 634-8960

info@SpectrumHealthcare-Group.org

<http://spectrumhealthcare-group.com/>

Areas of Service: Children, Adults, Family, Individuals, Substance Abuse, Trauma, Depression, PTSD

Accepts: AHCCCS, Medicare, Carefirst, United Health

Se habla español

SUN CITY

Arrowhead Behavioral Health

9865 W. Bell Rd, Sun City, AZ 85351

(623) 876-1246

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

TEMPE

Christian Living Center

Stadheim (Ph.D. LPC), Robert L.

2111 E. Baseline Rd, Ste #C-8 Tempe, AZ 85283

(480) 831-1212

myrna@stadheim.org

www.clcaz.org

Areas of service: Abuse, Addiction, Eating Disorders, Family & Individual Therapy

Crisis Response Network

1275 W. Washington St. Ste.108 Tempe, AZ 85281

(602) 427-4600

www.crisisnetwork.org

Journeys

McShane, Christina PsyD

6515 S. Rural Rd Suite 101 Tempe, AZ 85283

(480) 656-0500 Ext. 18

christina.mcshane.journeys@gmail.com

www.journeyscounselingaz.com

Areas of service: Adolescent, Adult, Child,
Catholic

TUCSON

Christian Family Care Center

6063 E. Grant Rd Tuscon, AZ 85712

(520) 296-8255

www.cfcare.org

Areas of service: Children, Adults, Trauma

WICKENBURG

Breaking Free Christian Counseling

Kari Froelicher

315 Apache Street Wickenburg, AZ 85390

(928) 232-9280

Kari@godlycounseling.com

www.godlycounseling.com

Areas of service: Adults, Teens, Marriage, Family, PTSD, sexual abuse (and other types of abuse), Trauma, Anxiety and Depression, Codependency, SSA, Schizophrenia and Psychotic disorders, Eating disorders, HSP

Catholic

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

STATE OF UTAH

Recovery Ways

Chatham Place

385 West 4800 South Murray, UT 84123

1 (888) 986-7848 admissions@recoveryways.com

www.recoveryways.com

Recovery Ways

Brunswick Place

4848 South Commerce Dr. Murray, UT 84107

1 (888) 986-7848 admissions@recoveryways.com

www.recoveryways.com

Areas of service: Addictions & Mental Health

Recovery Ways

Mountain View

4883 Box Elder Street Murray, UT 84107

1 (888) 986-7848 admissions@recoveryways.com

www.recoveryways.com

Areas of service: Addictions & Mental Health

Recovery Ways

Copper Hills

5288 Allendale Dr. Murray, UT 84123

1 (888) 986-7848 admissions@recoveryways.com

www.recoveryways.com

Areas of service: Addictions & Mental Health

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

INPATIENT, OUTPATIENT PROGRAMS

Calvary Healing Center

720 E. Montebello Ave Phoenix, AZ 85014

(602) 279-1468

(866) 767-6237

Areas of service: Residential Treatment, Outpatient Treatment,
Partial Hospitalization Program

Copper Springs Mental Health and Addiction Treatment for Adults

10550 W. McDowell Rd Avondale, AZ 85392

(480) 565-3035

copperspringsinfo@spsph.com

Areas of service: Adults, Mental Health, Addictions, Co-Occurring,
Disorders, Inpatient, Outpatient

Scottsdale Banner Behavioral Health & Mental Health

7575 E. Earll Dr. Scottsdale, AZ 85251

(833) 252-5535

Anxiety, Chemical dependency, Depression, Postpartum depression,
Eating disorders, Grief, Personality, Psychosis, Sexual dysfunctions

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

INPATIENT, OUTPATIENT PROGRAMS CONTINUED

St. Luke's Behavioral Health Center

1800 E. Van Buren St. Phoenix, AZ 85006

(602) 251-8535

Areas of service: Adults, adolescents,
Chemical Dependency, Mental Health,

The Meadows

Intensive Outpatient Program

19120 N. Pima Dr. Ste 125 Scottsdale, AZ 85255

Areas of service: Trauma, Addiction & Family Therapy

(866) 681-3457

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

OTHER RESOURCES

Emmaus Ministry for Grieving parents

The mission of The Emmaus Ministry for Grieving Parents is to, in the Catholic Franciscan tradition of “All are Welcome,” serve the spiritual needs of grieving parents whose children, of any age, have died by any cause. It is also to help interested parents, as well as Clergy, Religious, Diocesan Staff, and/or Spiritual Directors bring this ministry to their own parishes or regions.

<https://www.emfgp.org/>

(800) 919-9332

info@emfgp.org

Grief to Grace

Restore dignity is licensed by Grief to Grace and the Living Scripture Institute to provide Grief to Grace healing retreats in English and Spanish for anyone who has suffered abuse, neglect, or traumatic events.

(480) 215-6762

Phoenix@griegtograce.org

<https://www.restoreddignity.org/grief-to-grace-retreat/>

Mary Ruth Hackett

Parenting Blog: Interweaving child development and the Catholic faith

(480) 221-0786

Peer-review-parenting.blogspot.com

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

ARIZONA EMERGENCY CRISIS HOTLINES & HELPLINES

Arizona Coalition Against Domestic Violence

301 E. Bethany Home Rd. Suite C194

Phoenix, AZ 85012

Legal Advocacy Hotline: (800)782-6400

Phone (602) 279-2900

TTY: (602) 279-7270

TTD: (800) 787-3224

Teen Dating Violence Hotline: (602) 248-8336

Web: <http://www.acesdv.org>

Arizona Department of Health Services

150 North 18th Ave.

Phoenix, AZ 85007

Adult Abuse Hotline: (877) SOS-ADULT (767-2385)

Child Abuse Hotline: (888) SOS-CHILD (767-2445)

Children's Information Hotline: (800) 232-1676

Phone: (602) 542-1000

Fax: (602) 543-0883

Web: <http://www.azdhs.gov>

Arizona Humane Society Project Safe House

1521 W. Dobbins Road

Phoenix, AZ 85041

Phone: (602) 997-7585 Ext 2156

Phone: (602) 997-7586

alternativeplacement@azhumane.org

Temporary foster care for pets of domestic violence victims

Arizona Suicide Prevention Coalition

Empact Suicide Prevention Center

1232 E. Broadway Rd. Ste 120

Tempe, AZ 85282

Maricopa County Crisis Hotline: (480) 784-1500

State County Crisis Hotline: (866) 205-5229

Maricopa County Sexual Assault Hotline: (480) 736-4949

Línea directa de suicidio en Español: (866) 205-5229

Phone: (480) 784-1514

Web: <https://www.azspc.org/>

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

ARIZONA EMERGENCY CRISIS HOTLINES & HELPLINES CONTINUED

State of Arizona Crime Victims Support

Division of Public Safety

2222 W. Encanto Blvd.

Phoenix, AZ 85009

(602) 223-2000

Web: www.azdps.gov

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

HELP LINES & EMERGENCY SERVICES

Central Arizona Crisis Line (Local)

(602) 222-9444

AHCCCS (State Health Care)

(602) 417-4000

Banner Health System 24 Hours

(602) 254-4357 (HELP)

or

(800) 254- HELP

Community Bridge Medical Detox

(602) 273-9999

CONTAC (Shelters-Domestic Violence & Homeless)

(602) 263-8900

or

(800) 799-7739

Community Information & Referral

(602) 263-8856

Recovery Innovations of Arizona - Urgent Care

(602) 636-4607

Senior Helpline

(602) 264-4357

or

(888) 264-2258

Suicide Prevention Lifeline

(800) 273-TALK

Teen Lifeline (Peer Counseling 3pm-9pm daily)

Teen <https://www.azdps.gov/>

(602) 248-TEEN

(800) 248-TEEN

Terrors

(602) 685-6000

Triple R Warm Line (5pm-10pm)

(602) 347-1100

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

HELP LINES & EMERGENCY SERVICES CONTINUED

Adult Protective Services

1-877-767-2385

AZ Department of Child Safety

1-888-767-2445

Child Help USA

1-800-422-4453

Community Info and Referral

(602) 263-8856

211arizona.org

Central Arizona Crisis Line

1-800-631-1314

Central Arizona Crisis Line (TTY)

1-800-327-9254

Northern Arizona Crisis Line

1-877-756-4090

Central Arizona Warm Line

(602) 347-1100

EMPACT

(480) 784-1500

or

1-800-273-8255

Victims of Sexual Assault or Domestic Violence

(480) 736-4949

or

1-866-205-5229

or

1-800-656-HOPE (4673)

Cyber Tipline (Internet exploitation)

1-800-843-5678

National Suicide Prevention Hotlines

1-800-273-8255

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BEHAVIORAL HEALTH REFERRAL LIST BY LOCATION

HELP LINES & EMERGENCY SERVICES CONTINUED

Teenlifeline

(602) 248-8336

or

1-800-248-8336

National Runaway Hotline

1-800-RUN-AWAY

National Hotline of Missing and Exploited Children

1-800-THE LOST