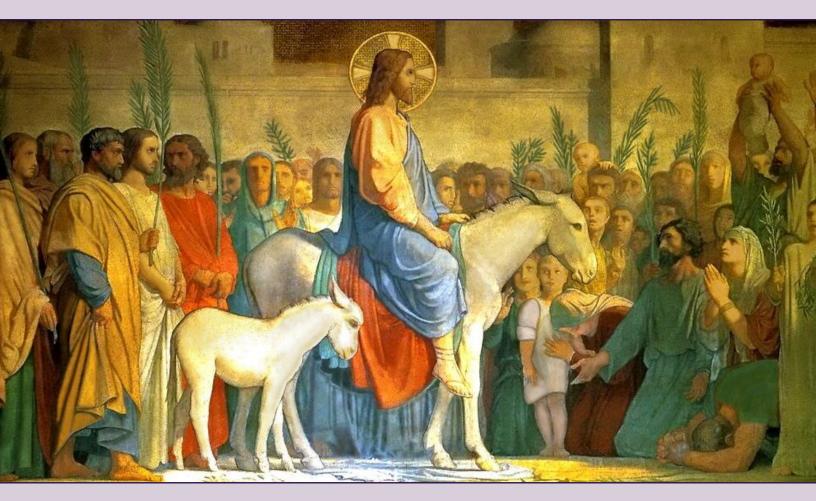
A Journey through

Holy Week

for Families



The Roman Catholic Diocese of Phoenix Office of Worship

Prayer During the Coronavirus

Holy Virgin of Guadalupe,

Queen of the Angels and Mother of the Americas.

We fly to you today as your beloved children.

We ask you to intercede for us with your Son,
as you did at the wedding in Cana.

Pray for us, loving Mother,

and gain for our nation and world, and for all our families and loved ones, the protection of your holy angels, that we may be spared the worst of this illness.

For those already afflicted,
we ask you to obtain the grace of healing and deliverance.
Hear the cries of those who are vulnerable and fearful,
wipe away their tears and help them to trust.

In this time of trial and testing, teach all of us in the Church to love one another and to be patient and kind.

Help us to bring the peace of Jesus to our land and to our hearts.

We come to you with confidence,
knowing that you truly are our compassionate mother,
health of the sick and cause of our joy.
Shelter us under the mantle of your protection,
keep us in the embrace of your arms,
help us always to know the love of your Son, Jesus.
Amen.

- Archbishop Jose Gomez / USCCB

A JOURNEY THROUGH HOLY WEEK

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Why do we celebrate Holy Week?

The purpose of Holy Week is to reenact, relive, and participate in the passion of Jesus Christ. When Christ became incarnate in the Annunciation, God stepped into human time and became man. As Catholic Christians we remember and relive the mysteries of Jesus earthly life, death, and Resurrection throughout the year. In Holy Week we relive with Jesus his road the Cross: the triumphant entry into Jerusalem; the institution of the Eucharist and the ministerial priesthood; his loneliness and agony in the garden as he is betrayed by the disciple Judas; his trial before the Romans and the Jews; his once and forever sacrifice upon the Cross; the emptiness of a world where Christ appears lost; and his glorious Resurrection on Easter.

Christians have been observing Holy Week since the earliest days of the Church. Early Christians would travel to Jerusalem at Passover to reenact the events of the week leading up to the Resurrection. The earliest accounts of Holy Week were recorded by Egeria in the 380s A.D. From her accounts we know that on Palm Sunday, crowds of Christians waved palm fronds as they processed from the Mount of Olives into the City. She also details how the community gathered on Good Friday at Golgotha to honor the wood of the True Cross and to remember the Crucifixion. Customs spread from Jerusalem to around the Christian world.



Read: The Pilgrimage of Egeria



Holy Week in Three Minutes (Busted Halo Video)



Praying Through Holy Week with Fr. Mike Schmitz

What can our family do to celebrate Holy Week in our home?

This year, with the Coronavirus pandemic and the need for "social distancing", our bishops have made the historic and momentous decision to suspend public celebrations of the Holy Mass. Every family will observe Holy Week in their own homes, connected to their parish and the larger Catholic community through watching Holy Week liturgies on television or through social media. This year, more than ever, we are exploring new ways to expand and deepen our observance and celebration of the mysteries of the Triduum in our domestic churches, our homes.

This resource, available both as a printable booklet and as an e-book, is intended to help you and your family journey through Holy Week. We hope that you will find some new traditions for your family, learn a few things, and grow ever closer to our Lord and Savior, Jesus Christ.

A first step in preparing for Holy Week is to create a prominent prayer space if you have none. If your home is full of religious articles, you may want to consider covering your icons, statues and paintings, to create a more somber or "Lenten" atmosphere as we do in our churches. Flip through this book ahead of time to begin to select the things you wish to do as a family. Some of them require preparation and materials (candles, bells or noisemakers, a crucifix, baking materials, or printing).



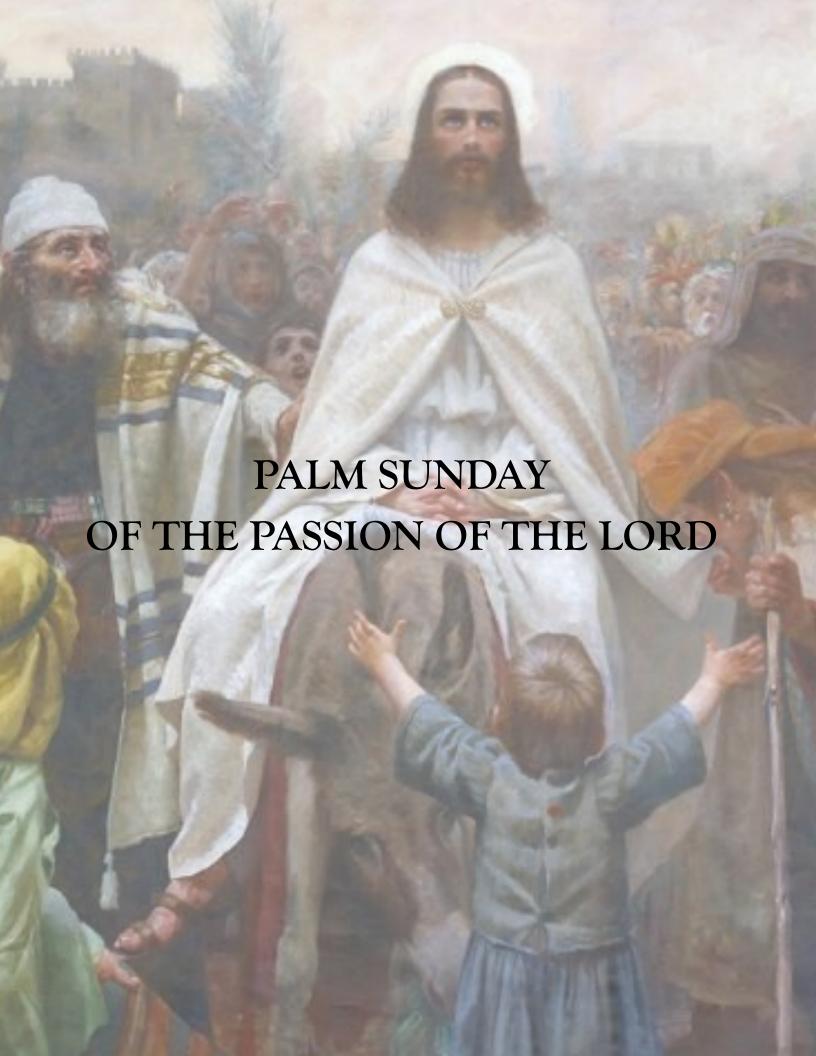
A Prayer for Holy Week

Jesus my Lord, strengthen my courage by giving me the courage of all those people who have been "centurions" for me.

Many have faced disasters and hard times with great constancy. The upper hand of evil never turned them against you. They kept going. Let me be like them, Lord.

No matter what the cross, let me never stop declaring you to be truly the Son of God, the source of my hope, the reason why I will never quit on life.

Catholic Online



Celebrating Palm Sunday in the Domestic Church

Palm Sunday is going to be different this year than any other you have celebrated it. There will be no triumphant entries into churches with palm fronds waving or priests sprinkling them with holy water. That does not mean that it has to be a day like any other day. Churches aren't going to be passing out palm fronds this year but look around your home, your neighborhood. Do you have palms from last year? If so use those. If you have children consider making some out of paper as a craft activity. If you don't have anything, do not despair. While the use of palm fronds is a beautiful and historic custom, it is not necessary for your observance of this Holy Day.



Ideas for the Domestic Church:

If you have palm fronds:

- Do your own procession at home or wave your fronds as the priests enter the church as you are watching the Mass at home.
- Follow these simple instructions on making a palm cross

For everyone, whether or not you have palms:

- Read about the tradition of making intricate creations from palm fronds
- Watch a video about the process of turning this last years blessed palms into this year's ashes for Ash Wednesday.
- Families may read the Gospel at home in parts after or in preparation for the Mass. Also those viewing the mass can follow along and participate as "the crowd" This may also be done on Good Friday. A PDF booklet of the Gospel for Palm Sunday to be read in parts is available here.
- Talk on Palm Sunday by Bishop Barron available here.

Palm Sunday Music and Videos

Included here are links to videos and audio files of music for Palm Sunday. Sheet music for traditional (free/public use) hymns and chants are available at the back of the book, starting at page 125. Click on the pictures below to watch the videos.



'Gloria, laus, et honor' — Palm Procession with Pope Francis—Vatican 2019

Music for the hymn All Glory, Laud and Honor on page 128.

Hosanna Filio David (Hosanna to the Son of David) — 4 Variations



International Focus: Malaysia

Video: Hosanna in the Highest Dance

While religious dance did not develop as part of the European Catholic tradition, it does exist in many cultures. Click to watch a Palm Sunday Procession in Malaysia.

















Make a paper palm branch



Hands and feet palms and donkeys

Palm Sunday Puppet Show Script



A traditional baked good for Holy Week and which is fitting to be made for Passion Sunday is Hot Cross Buns. Hot Cross Buns are frequently available in grocery stores this week but they may not be this year as many store bakeries are limiting their range of products.

A recipe with pictures is available here.

The Holy Mass

The Roman Missal allows for three ways of beginning this Mass: The Procession of Palms, the Solemn Entrance and the Simple Entrance. This year all churches will be using the Simple Entrance.

Entrance Antiphon:

John 12:1, 12-13; Ps 24

Six days before the Passover, when the Lord came into the city of Jerusalem, the children ran to meet him; in their hands they carried palm branches and with a loud voice cried out: Hosanna in the highest! Blessed are you, who have come in your abundant mercy!

O gates, lift high your heads; grow higher, ancient doors.

Let him enter, the king of glory! Who is this king of glory! Who is this king of glory? He, the Lord of hosts, he is the king of glory. Hosanna in the highest! Blessed are you, who have come in your abundant mercy!

First Reading Isaiah 50:54-7

The Lord GOD has given me a well-trained tongue,

that I might know how to speak to the weary a word that will rouse them.

Morning after morning he opens my ear that I may hear;

and I have not rebelled, have not turned back.

I gave my back to those who beat me,

my cheeks to those who plucked my beard;

my face I did not shield from buffets and spitting.

The Lord GOD is my help, therefore I am not disgraced;

I have set my face like flint, knowing that I shall not be put to shame.

Responsorial Psalm

Psalm 22

R. My God, my God, why have you abandoned me?

All who see me scoff at me; they mock me with parted lips, they wag their heads: "He relied on the LORD; let him deliver him, let him rescue him, if he loves him." **R**.

Indeed, many dogs surround me, a pack of evildoers closes in upon me; They have pierced my hands and my feet; I can count all my bones. **R**.

They divide my garments among them, and for my vesture they cast lots. But you, O LORD, be not far from me; O my help, hasten to aid me. R.

I will proclaim your name to my brethren; in the midst of the assembly I will praise you: "You who fear the LORD, praise him; all you descendants of Jacob, give glory to him; revere him, all you descendants of Israel!" R.

Second Reading Philippians 2:6-11

Christ Jesus, though he was in the form of God, did not regard equality with God something to be grasped.

Rather, he emptied himself, taking the form of a slave, coming in human likeness; and found human in appearance, he humbled himself, becoming obedient to the point of death, even death on a cross.

Because of this, God greatly exalted him and bestowed on him the name which is above every name, that at the name of Jesus every knee should bend, of those in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.



Detail of Adoration of the Name of Jesus, El Greco (1541-1614)

Gospel Matthew 26:14-27:66

The narrative of the Lord's Passion is read without candles and without incense, with no greeting or signing of the book. It may be read in parts, with the part of Christ, reserved to a Priest. Families may follow along and participate as "the crowd"

- N: The Passion of our Lord Jesus according to Matthew.

 One of the Twelve, who was called Judas Iscariot, went to the chief priests and said,
- S: "What are you willing to give me if I hand him over to you?"
- N: They paid him thirty pieces of silver, and from that time on he looked for an opportunity to hand him over. On the first day of the Feast of Unleavened Bread, the disciples approached Jesus and said,
- S: "Where do you want us to prepare for you to eat the Passover?"
- N: He said,
- J+: "Go into the city to a certain man and tell him, 'The teacher says, "My appointed time draws near; in your house I shall celebrate the Passover with my disciples."'"
- N: The disciples then did as Jesus had ordered, and prepared the Passover. When it was evening, he reclined at table with the Twelve. And while they were eating, he said,
- J+: "Amen, I say to you, one of you will betray me:'
- N: Deeply distressed at this, they began to say to him one after an other,
- S: "Surely it is not I, Lord?"
- N: He said in reply,
- J+: "He who has dipped his hand into the dish with me is the one who will betray me. The Son of Man indeed goes, as it is written of him, but woe to that man by whom the Son of Man is betrayed. It would be better for that man if he had never been born."

- S: "Surely it is not I, Rabbi?"
- N: He answered,
- J+: "You have said so."
- N: While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said,
- J+: "Take and eat; this is my body."
- N: Then he took a cup, gave thanks, and gave it to them, saying,
- J+: "Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins. I tell you, from now on I shall not drink this fruit of the vine until the day when I drink it with you new in the kingdom of my Father."
- N: Then, after singing a hymn, they went out to the Mount of Olives. Then Jesus said to them,
- J+: "This night all of you will have your faith in me shaken, for it is written: I will strike the shepherd, and the sheep of the flock will be dispersed; but after I have been raised up, I shall go before you to Galilee."
- N: Peter said to him in reply,
- S: "Though all may have their faith in you shaken, mine will never be."
- N: Jesus said to him,
- J+: "Amen, I say to you, this very night before the cock crows, you will deny me three times."
- N: Peter said to him,
- S: "Even though I should have to die with you, I will not deny you."
- N: And all the disciples spoke likewise. Then Jesus came with them to a place called Gethsemane, and he said to his disciples,
- J+: "Sit here while I go over there and pray."

- N: He took along Peter and the two sons of Zebedee, and began to feel sorrow and distress. Then he said to them,
- J+: "My soul is sorrowful even to death. Remain here and keep watch with me."
- N: He advanced a little and fell prostrate in prayer, saying,
- J+: "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will."
- N: When he returned to his disciples he found them asleep. He said to Peter,
- J+: "So you could not keep watch with me for one hour? Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak."
- N: Withdrawing a second time, he prayed again,
- J+: "My Father, if it is not possible that this cup pass without my drinking it, your will be done."
- N: Then he returned once more and found them asleep, for they could not keep their eyes open. He left them and withdrew again and prayed a third time, saying the same thing again. Then he re turned to his disciples and said to them,
- J+: "Are you still sleeping and taking your rest? Behold, the hour is at hand when the Son of Man is to be handed over to sinners. Get up, let us go. Look, my betrayer is at hand."
- N: While he was still speaking, Judas, one of the Twelve, arrived, accompanied by a large crowd, with swords and clubs, who had come from the chief priests and the elders of the people. His betrayer had arranged a sign with them, saying,
- S: "The man I shall kiss is the one; arrest him."
- N: Immediately he went over to Jesus and said,
- S: "Hail, Rabbi!"
- N: and he kissed him. Jesus answered him,
- J: "Friend, do what you have come for."



Kiss of Judas, Giotto (c. 1304-1306)

- N: Then stepping forward they laid hands on Jesus and arrested him. And behold, one of those who accompanied Jesus put his hand to his sword, drew it, and struck the high priest's servant, cutting off his ear. Then Jesus said to him,
- J+: "Put your sword back into its sheath, for all who take the sword will perish by the sword. Do you think that I cannot call upon my Father and he will not provide me at this moment with more than twelve legions of angels? But t hen how would the Scriptures be fulfilled which say that it must come to pass in this way?"
- N: At that hour Jesus said to the crowds,
- J+: "Have you come out as against a robber, with swords and clubs to seize me? Day after day I sat teaching in the temple area, yet you did not arrest me. But all this has come to pass that the writings of the prophets may be fulfilled."

- N: Then all the disciples left him and fled. Those who had arrested Jesus led him away to Caiaphas the high priest, where the scribes and the elders were assembled. Peter was following him at a dis tance as far as the high priest's courtyard, and going inside he sat down with the servants to see the outcome. The chief priests and the entire Sanhedrin kept trying to obtain false testimony against Jesus in order to put him to death, but they found none, though many false witnesses came forward. Finally two came forward who stated,
- C: "This man said, I can destroy the temple of God and within three days rebuild it."
- N: The high priest rose and addressed him,
- S: "Have you no answer? What are these men testifying against you?"
- N: But Jesus was silent. Then the high priest said to him,
- S: "I order you to tell us under oath before the living God whether you are the Christ, the Son of God."
- N: Jesus said to him in reply,
- J+: "You have said so. But I tell you: From now on you will see 'the Son of Man seated at the right hand of the Power' and 'coming on the clouds of heaven."
- N: Then the high priest tore his robes and said,
- S: "He has blasphemed! What further need have we of witnesses? You have now heard the blasphemy; what is your opinion?"
- N: They said in reply,
- C: "He deserves to die!"
- N: Then they spat in his face and struck him, while some slapped him, saying,
- C: "Prophesy for us, Christ: who is it that struck you?"

N: Now Peter was sitting outside in the courtyard. One of the maids came over to him and said,

C: "You too were with Jesus the Galilean."

N: But he denied it in front of everyone, saying,

S: "I do not know what you are talking about!"

N: As he went out to the gate, another girl saw him and said to those who were there,

C: "This man was with Jesus the Nazorean."

N: Again he denied it with an oath,

S: "I do not know the man!"

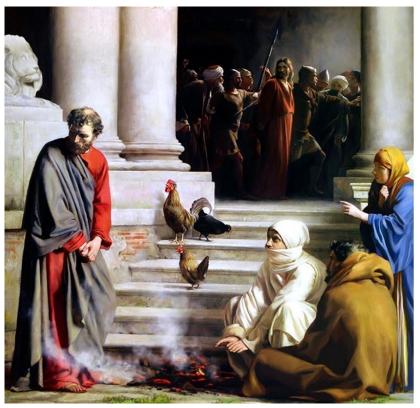
N: A little later the bystanders came over and said to Peter,

C: "Surely you too are one of them; even your speech gives you away."

N: At that he began to curse and to swear,

S: "I do not know the man."

N: And immediately a cock crowed. Then Peter remembered the word that Jesus had spoken: "Before the cock crows you will deny me three times." He went out and began to weep bitterly. When it was morning, all the chief priests and the elders of the people took counsel against Jesus to put him to death. They bound him, led him away, and handed him over to Pilate, the governor.



Peter's Denial, Carl Heinrich Bloch (1834-1890)

- N: Then Judas, his betrayer, seeing that Jesus had been condemned, deeply regretted what he had done. He returned the thirty pieces of silver to the chief priests and elders, saying,
- S: "I have sinned in betraying innocent blood."
- N: They said,
- C: "What is that to us? Look to it yourself."
- N: Flinging the money into the temple, he departed and went off and hanged himself. The chief priests gathered up the money, but said,
- C: "It is not lawful to deposit this in the temple treasury, for it is the price of blood."
- N: After consultation, they used it to buy the potter's field as a burial place for foreigners. That is why that field even today is called the Field of Blood. Then was fulfilled what had been said through Jeremiah the prophet, "And they took the thirty pieces of silver, the value of a man with a price on his head, a price set by some of the Israelites, and they paid it out for the potter's field just as the Lord had commanded me." Now Jesus stood before the governor, who questioned him,
- S: "Are you the king of the Jews?"
- N: Jesus said,
- J+: "You say so:"
- N: And when he was accused by the chief priests and elders, he made no answer. Then Pilate said to him,
- S: "Do you not hear how many things they are testifying against you?
- N: But he did not answer him one word, so that the governor was greatly amazed. Now on the occasion of the feast the governor was accustomed to release to the crowd one prisoner whom they wished. And at that time they had a notorious prisoner called Barabbas. So when they had assembled, Pilate said to them,
- S: "Which one do you want me to release to you, Barabbas, or Jesus called Christ?"

For he knew that it was out of envy that they had handed him over. While he was N: still seated on the bench, his wife sent him a message, "Have nothing to do with that righteous man. I suffered much in a dream today because of him." The chief priests and the elders persuaded the crowds to ask for Barabbas but to destroy Jesus. The governor said to them in reply,

S: "Which of the two do you want me to release to you?"

They answered, N:

"Barabbas!" C:

Pilate said to them, N:

"Then what shall I do with Jesus called Christ?" S:

They all said, N:

"Let him be crucified!" C:

N: But he said,

"Why? What evil has he done?" S:

They only shouted the louder, N:

Ecce Homo, Antonio Ciseri (c. 1871)

"Let him be C: crucified!"

When Pilate saw N: that he was not succeeding at all, but that a riot was breaking out instead, he took water and washed his hands in the sight of the crowd, saying,

"I am innocent of S: this man's blood.



- N: And the whole people said in reply,
- C: "His blood be upon us and upon our children."
- N: Then he released Barabbas to them, but after he had Jesus scourged, he handed him over to be crucified. Then the soldiers of the governor took Jesus inside the praetorium and gathered the whole cohort around him. They stripped off his clothes and threw a scarlet military cloak about him. Weaving a crown out of thorns, they placed it on his head, and a reed in his right hand. And kneeling before him, they mocked him, saying,

C: "Hail, King of the Jews!"

- N: They spat upon him and took the reed and kept striking him on the head. And when they had mocked him, they stripped him of the cloak, dressed him in his own clothes, and led him off to crucify him. As they were going out, they met a Cyrenian named Simon; this man they pressed into service to carry his cross. And when they came to a place called Golgotha which means Place of the Skull they gave Jesus wine to drink mixed with gall. But when he had tasted it, he refused to drink. After they had crucified him, they divided his garments by casting lots; then they sat down and kept watch over him there. And they placed over his head the written charge against him: "This is Jesus, the King of the Jews." Two revolutionaries were crucified with him, one on his right and the other on his left. Those passing by reviled him, shaking their heads and saying,
- C: "You who would destroy the temple and rebuild it in three days, save yourself, if you are the Son of God, and come down from the cross!"
- N: Likewise the chief priests with the scribes and elders mocked him and said,
- C: "He saved others; he cannot save himself. So he is the king of Israel! Let him come down from the cross now, and we will believe in him. He trusted in God; let him deliver him now if he wants him. For he said, 'I am the Son of God."
- N: The revolutionaries who were crucified with him also kept abusing him in the same way.

- N: From noon onward, darkness came over the whole land until three in the after noon. And about three o'clock Jesus cried out in a loud voice,
- J+: "Eli, Eli, lema sabachthani?"
- N: which means,
- J+: "My God, my God, why have you forsaken me?"
- N: Some of the bystanders who heard it said,
- C: "This one is calling for Elijah."
- N: Immediately one of them ran to get a sponge; he soaked it in wine, and putting it on a reed, gave it to him to drink. But the rest said,
- C: "Wait, let us see if Elijah comes to save him."
- N: But Jesus cried out again in a loud voice, and gave up his spirit.





N: And behold, the veil of the sanctuary was torn in two from top to bottom. The earth quaked, rocks were split, tombs were opened, and the bodies of many saints who had fallen asleep were raised. And coming forth from their tombs after his resurrection, they entered the holy city and appeared to many. The centurion and the men with him who were keeping watch over Jesus feared greatly when they saw the earthquake and all that was happening, and they said,

C: "Truly, this was the Son of God!"

- N: There were many women there, looking on from a distance, who had followed Jesus from Galilee, ministering to him. Among them were Mary Magdalene and Mary the mother of James and Joseph, and the mother of the sons of Zebedee. When it was evening, there came a rich man from Arimathea named Joseph, who was himself a disciple of Jesus. He went to Pilate and asked for the body of Jesus; then Pilate ordered it to be handed over. Taking the body, Joseph wrapped it in clean linen and laid it in his new tomb that he had hewn in the rock. Then he rolled a huge stone across the entrance to the tomb and departed. But Mary Magdalene and the other Mary remained sitting there, facing the tomb. The next day, the one following the day of preparation, the chief priests and the Pharisees gathered before Pilate and said,
- C: "Sir, we remember that this impostor while still alive said, 'After three days I will be raised up.' Give orders, then, that the grave be secured until the third day, lest his disciples come and steal him and say to the people, 'He has been raised from the dead.' This last imposture would be worse than the first."
- N: Pilate said to them,
- S: "The guard is yours go, secure it as best you can."
- N: So they went and secured the tomb by fixing a seal to the stone and setting the guard.

The Gospel of the Lord



The Entombment of Christ, Sisto Badalocchio (c. 1610)

The Creed

It is permitted to use either the Nicene or the Apostles Creed throughout the year, During the seasons of Lent and Easter however, the Apostles Creed is deemed especially fitting as it is the baptismal Symbol of the Roman Church (Roman Missal, Order of the Mass, 19)

> Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, all bow who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell: on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The Prayer of the Faithful / The Universal Prayer

I believe in God, the Father almighty,

Feel free to add your own petitions either silently or aloud in your own homes. We remember especially those who are suffering during this pandemic and the medical staff and families who care for them, and the priests who minister to them.

Offertory

If you have children in the home, you might pass a basket and take up a little collection just as would happen at church. Lent is still a time of almsgiving and sacrificial offerings, even though we may be in our homes. Don't forget your parish or St. Vincent de Paul society.



The Offertory, Sir Hubert von Herkomer (1849-1914)

Sanctus

Sanctus, Sanctus Dóminus Deus Sábaoth. Pleni sunt coeli et terra glória tua. Hosánna in excélsis. Benedictus qui venit in nominee Dómini. Hosánna in excélsis.

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Agnus Dei

Agnus Dei, qui tollis peccáta mundi: miserére nobis Agnus Dei, qui tollis peccáta mundi: miserére nobis Agnus Dei, qui tollis peccáta mundi: dona nobis pacem.

> Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, grant us peace.

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

Communion Antiphon

Mt 26: 42

Father, if this chalice cannot pass without my drinking it, your will be done.

Prayer over the People

Look, we pray, O Lord, on this your family, for whom our Lord Jesus Christ did not hesitate to be delivered into the hands of the wicked and submit to the agony of the Cross. Who lives and reigns for ever and ever.

THE WEEKDAYS OF HOLY WEEK

So often, the days between Palm Sunday and the Triduum get lost in a blur of activity. School and work distract us from the solemnity and holiness of this time. This year, take a few minutes each day to worship God in your domestic church.

What can we do?



Watch and pray along with daily Mass. Daily Mass is livestreamed in English and Spanish from St. Mary's Chandler. You can find it on the <u>Diocese of Phoenix YouTube Channel</u>



Do a good examination of conscience, make an act of contrition and try to make it to the Sacrament of Confession, if possible. You should go to confession during Lent.



Tenebrae is a candlelit middle of the night/early morning prayer service that is traditionally prayed on Good Friday and Holy Saturday. A mini but week long version is available for families here.



Consider fasting on Monday, Tuesday, or Wednesday, in addition to the mandatory fast on Friday. Likewise, consider abstaining from all meat or animal products for the entirety of Holy Week.



<u>Pray the Angelus</u> at 6am, 12pm (noon) and/or 6pm. This is a beautiful and traditional devotion to Our Lady. What better way to spend the beginning of your Holy Week than consecrating the days to Our Lady.



Even if you are not able to pray along with a daily Mass, make a Spiritual Communion each day.



If you haven't had a chance to watch it yet, tune in to Fr. Parks' Virtual Lenten Mission on the <u>Diocese of Phoenix YouTube Channel</u>

Take a <u>virtual pilgrimage</u> with Fr. Steve Kunkel (pastor of St. Thomas the Apostle) - Institute of Catholic Theology online course

MONDAY—HOLY MASS

Entrance Antiphon Psalms 35; 140

Contend, O Lord, with my contenders; fight those who fight me. Take up your buckler and shield; arise in my defense, Lord, my mighty help.

Collect

Grant, we pray, almighty God, that, though in our weakness we fail, we may be revived through the Passion of your Only Begotten Son. Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever

First Reading Isaiah 42:1-7

Here is my servant whom I uphold, my chosen one with whom I am pleased, Upon whom I have put my Spirit; he shall bring forth justice to the nations, Not crying out, not shouting, not making his voice heard in the street. A bruised reed he shall not break, and a smoldering wick he shall not quench, Until he establishes justice on the earth; the coastlands will wait for his teaching.

Thus says God, the LORD, who created the heavens and stretched them out, who spreads out the earth with its crops, who gives breath to its people and spirit to those who walk on it: I, the LORD, have called you for the victory of justice, I have grasped you by the hand; I formed you, and set you as a covenant of the people, a light for the nations, To open the eyes of the blind, to bring out prisoners from confinement, and from the dungeon, those who live in darkness.

Responsorial Psalm

Psalm 27

R. The Lord is my light and my salvation.

The LORD is my light and my salvation; whom should I fear?
The LORD is my life's refuge; of whom should I be afraid?" \hat{R} .

When evildoers come at me to devour my flesh,
My foes and my enemies themselves stumble and fall. R.

Though an army encamp against me, my heart will not fear;
Though war be waged upon me, even then will I trust.

I believe that I shall see the bounty of the LORD in the land of the living.
Wait for the LORD with courage;
be stouthearted, and wait for the LORD. R

Gospel John 12:1-11

Six days before Passover Jesus came to Bethany, where Lazarus was, whom Jesus had raised from the dead. They gave a dinner for him there, and Martha served, while Lazarus was one of those reclining at table with him. Mary took a liter of costly perfumed oil made from genuine aromatic nard and anointed the feet of Jesus and dried them with her hair; the house was filled with the fragrance of the oil.

Then Judas the Iscariot, one of his disciples, and the one who would betray him, said, "Why was this oil not sold for three hundred days' wages and given to the poor?" He said this not because he cared about the poor

but because he was a thief and held the money bag and used to steal the contributions. So Jesus said, "Leave her alone. Let her keep this for the day of my burial.

You always have the poor with you, but you do not always have me."

The large crowd of the Jews found out that he was there and came, not only because of him, but also to see Lazarus, whom he had raised from the dead.

And the chief priests plotted to kill Lazarus too, because many of the Jews were turning away and believing in Jesus because of him.



The Ointment of the Magdaelene, James Tissot (c. 1900)

The

Feel free to add your own petitions either silently or aloud in your own homes. We remember especially those who are suffering during this pandemic and the medical staff and families who care for them, and the priests who minister to them.

Communion Antiphon

Cf. Ps 102 (101): 3

Do not hide your face from me in the day of my distress. Turn your ear towards me; on the day when I call, speedily answer me.

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Prayer after Communion

Visit your people, O Lord, we pray, and with ever-watchful love look upon the hearts dedicated to you by means of these sacred mysteries, so that under your protection we may keep safe this remedy of eternal salvation, which by your mercy we have received. Through Christ our Lord.

Prayer over the People for optional use

May your protection, O Lord, we pray, defend the humble and keep ever safe those who trust in your mercy, that they may celebrate the paschal festivities not only with bodily observance but above all with purity of mind. Through Christ our Lord.



Video: The Role of Hope in Holy Week

TUESDAY—HOLY MASS

Entrance Antiphon Cf. Ps 27 (26): 12

Do not leave me to the will of my foes, O Lord, for false witnesses rise up against me and they breathe out violence.

Collect

Almighty ever-living God, grant us so to celebrate the mysteries of the Lord's Passion that we may merit to receive your pardon. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

First Reading Isaiah 49:1-6

Hear me, O islands, listen, O distant peoples.

The LORD called me from birth, from my mother's womb he gave me my name.

He made of me a sharp-edged sword and concealed me in the shadow of his arm.

He made me a polished arrow, in his quiver he hid me.

You are my servant, he said to me, Israel, through whom I show my glory.

Though I thought I had toiled in vain, and for nothing, uselessly, spent my strength, Yet my reward is with the LORD, my recompense is with my God.

For now the LORD has spoken who formed me as his servant from the womb, That Jacob may be brought back to him and Israel gathered to him;

And I am made glorious in the sight of the LORD, and my God is now my strength! It is too little, he says, for you to be my servant, to raise up the tribes of Jacob, and restore the survivors of Israel; I will make you a light to the nations, that my salvation may reach to the ends of the earth.

Responsorial Psalm

Psalm 71

R. "I will sing of your salvation."

In you, O Lord, I take refuge, let me never be put to shame. In your justice rescue me, and deliver me; incline your ear to me, and save me. **R**.

Be my rock of refuge, a stronghold to give me safety, for you are my rock and my fortress.

O my God, rescue me from the hand of the wicked.

R.

For you are my hope, O LORD; my trust, O God, from my youth. On you I depend from birth; from my mother's womb you are my strength. **R**.

My mouth shall declare your justice, day by day your salvation.

O God, you have taught me from my youth, and till the present I proclaim your wondrous deeds. R

Gospel John 13:21-33. 36-38

Reclining at table with his disciples, Jesus was deeply troubled and testified, "Amen, amen, I say to you, one of you will betray me." The disciples looked at one another, at a loss as to whom he meant. One of his disciples, the one whom Jesus loved, was reclining at Jesus' side. So Simon

Peter nodded to him to find out whom he meant. He leaned back against lesus' chest and said to him, "Master, who is it?" Jesus answered, "It is the one to whom I hand the morsel after I have dipped it." So he dipped the morsel and took it and handed it to Judas, son of Simon the Iscariot. After Judas took the morsel, Satan entered him. So Jesus said to him, "What you are going to do, do quickly." Now none of those reclining at table realized why he said this to him. Some thought that since Judas kept the money bag, Jesus had told him, "Buy what we need for the feast," or to give something to the poor. So Judas took the morsel and left at once. And it was night.



The Last Supper, Carl Heinrich Bloch (1834-1890)

When he had left, Jesus said,

"Now is the Son of Man glorified, and God is glorified in him.

If God is glorified in him, God will also glorify him in himself, and he will glorify him at once.

My children, I will be with you only a little while longer.

You will look for me, and as I told the Jews,

'Where I go you cannot come,' so now I say it to you."

Simon Peter said to him, "Master, where are you going?" Jesus answered him,

"Where I am going, you cannot follow me now, though you will follow later." Peter said to him,

"Master, why can I not follow you now? I will lay down my life for you." Jesus answered, "Will you lay down your life for me?

Amen, amen, I say to you, the cock will not crow before you deny me three times."

The Prayer of the Faithful / The Universal Prayer

Feel free to add your own petitions either silently or aloud in your own homes. We remember especially those who are suffering during this pandemic and the medical staff and families who care for them, and the priests who minister to them.

Romans 8: 32

Communion Antiphon

God did not spare his own Son, but handed him over for us all.

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

Prayer over the People for optional use

May your mercy, O God, cleanse the people that are subject to you from all seduction of former ways and make them capable of new holiness. Through Christ our Lord.

WEDNESDAY—HOLY MASS

Spy Wednesday—Wednesday of Holy Week used to be called Spy Wednesday. The rationale is clear from the day's Gospel reading from Matthew, in which Judas Iscariot approaches the chief priests and offers to spy on and betray Jesus for 30 pieces of silver.



Entrance Antiphon

C f. Phil 2: 10, 8, 11

At the name of Jesus, every knee should bend of those in heaven and on the earth and under the earth, for the Lord became obedient to death, death on a cross: therefore Jesus Christ is Lord, to the glory of God the Father.

Collect

O God, who willed your Son to submit for our sake to the yoke of the Cross, so that you might drive from us the power of the enemy, grant us, your servants, to attain the grace of the resurrection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

First Reading Isaiah 50:4-9a

The Lord GOD has given me a well-trained tongue,

That I might know how to speak to the weary a word that will rouse them.

Morning after morning he opens my ear that I may hear;

And I have not rebelled, have not turned back.

I gave my back to those who beat me,

my cheeks to those who plucked my beard;

My face I did not shield from buffets and spitting.

The Lord GOD is my help, therefore I am not disgraced;

I have set my face like flint, knowing that I shall not be put to shame.

He is near who upholds my right; if anyone wishes to oppose me, let us appear together.

Who disputes my right? Let him confront me.

See, the Lord GOD is my help; who will prove me wrong?

Responsorial Psalm

R. "Lord, in your great love, answer me."

For your sake I bear insult, and shame covers my face. I have become an outcast to my brothers, a stranger to my mother's sons, because zeal for your house consumes me, and the insults of those who blaspheme you fall upon me. **R**.

Insult has broken my heart, and I am weak, I looked for sympathy, but there was none; for consolers, not one could I find. Rather they put gall in my food, and in my thirst they gave me vinegar to drink. R.

I will praise the name of God in song, and I will glorify him with thanksgiving: "See, you lowly ones, and be glad; you who seek God, may your hearts revive! For the LORD hears the poor, and his own who are in bonds he spurns not." R.



Gospel Matthew 26:14-25

One of the Twelve, who was called Judas Iscariot, went to the chief priests and said, "What are you willing to give me if I hand him over to you?" They paid him thirty pieces of silver, and from that time on he looked for an opportunity to hand him over.

On the first day of the Feast of Unleavened Bread, the disciples approached Jesus and said, "Where do you want us to prepare for you to eat the Passover?" He said, "Go into the city to a certain man and tell him, 'The teacher says, My appointed time draws near; in your house I shall celebrate the Passover with my disciples."" The disciples then did as Jesus had ordered, and prepared the Passover.

When it was evening, he reclined at table with the Twelve. And while they were eating, he said, "Amen, I say to you, one of you will betray me." Deeply distressed at this, they began to say to him one after another, "Surely it is not I, Lord?" He said in reply, "He who has dipped his hand into the dish with me is the one who will betray me.

The Son of Man indeed goes, as it is written of him, but woe to that man by whom the Son of Man is betrayed. It would be better for that man if he had never been born." Then Judas, his betrayer, said in reply, "Surely it is not I, Rabbi?" He answered, "You have said so."

The Prayer of the Faithful / The Universal Prayer

Feel free to add your own petitions either silently or aloud in your own homes. We remember especially those who are suffering during this pandemic and the medical staff and families who care for them, and the priests who minister to them.

Communion Antiphon

Mt 20: 28

The Son of Man did not come to be served but to serve and to give his life as a ransom for many.

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

Prayer after Communion

Endow us, almighty God, with the firm conviction that through your Son's Death in time, to which the revered mysteries bear witness, we may be assured of perpetual life. Through Christ our Lord.

Prayer over the People for optional use

Grant your faithful, O Lord, we pray, to partake unceasingly of the paschal mysteries and to await with longing the gifts to come, that, persevering in the Sacraments of their rebirth, they may be led by Lenten works to newness of life. Through Christ our Lord.





Pact of Judas Coloring Page



Video: Learning from Judas







THE SACRED PASCHAL TRIDUUM

Holy

Thursday

The feast of the Lord's Supper is also known as "Maundy Thursday." Some have suggested that the word "maundy" derives from the beginning of a phrase towards the end of the Last Supper account in John's Gospel: "Mandatum novum do vobis, ut diligatis invicem, sicut dilexi vos ... ("A new commandment I give unto you, that you love one another as I have loved you."). — Jn 13:24. In many ways, this phrase is a recapitulation of the entire Gospel, and of Jesus' fulfillment of the Mosaic Law. At the same time, it is a verbal expression of the powerful message found in Holy Thursday's Gospel reading, in which Christ washes the Apostles' feet.

From Today's Catholic, Understanding the Liturgies of Holy



How can we celebrate Holy Thursday in the domestic church?

- ⊕ Learn more about Holy Thursday with this video from catholic.org
- ⊕ Have a large family-style supper or reenact the Last Supper with bread, grape
 juice (or wine!) For an added challenge try to include some foods that Jesus and
 the disciples would have been familiar with and may have even had at the Last
 Supper. You can view what is on a traditional Seder plate here.
- ⊕ Have your own foot washing. See the Foot Washing Ritual on Page 48-49.
- ⊕ Watch a livestreamed or televised Holy Thursday Mass together. Ring bells and sing along with the Gloria.
- ⊕ Holy Thursday celebrates both the Institution of the Eucharist and the
 Institution of the Ministerial Priesthood. Discuss the priesthood with your
 children and pray for the priests at your parish and all the priests who have died
 in the past year, especially those who have died in the pandemic. Click here for
 some ideas on how to foster vocations in your household. Adults may want to
 explore "The Biblical Foundations of the Catholic Priesthood" in this online
 course from Dr. Ryan Hanning (cost \$7.50)
- ⊕ If you had the pious custom of visiting multiple parishes on this evening, consider instead praying for their priests and their communities or making a small donation to the parishes you would have visited. Or create a number of

pilgrimage sites around your house and yard for prayer and reflection.

- ⊕ After Mass, sing the Pange Lingue together. Music is included.
- ⊕ We won't be able to stay with Jesus in our churches tonight, but try to spend an hour with him after Mass. If you have a garden or outdoor area, sit outside and imagine yourself in the garden with Jesus. Wait with him in the Garden. Follow him when he is arrested. Pray for him as he is tried. Wait for him to emerge to be crucified.
- ⊕ In the evening, prepare your home for Good Friday—a day of fasting, abstinence and mourning.



Holy Thursday Music and Videos

Foot washing themed resources are available on pages 48-49

Eucharistic Hymns for the First Eucharist

Panis Angelicus

Pange Lingua Gloriosi

O Salutaris Hostia

Ave Verum Corpus (Mozart)

Ave Verum Corpus (Byrd)



Adoro Te Devote

Lord, Who At Thy First Eucharist

Jesus, My Lord, My God, My All

One Bread, One Body

Pan de Vida

Ubi Caritas (Where Charity and Love Prevail – 4 Variations



CHRISM MASS AN

On Holy Thursday, or another day in Holy Week, the bishop and all the priests get together and renew their priestly promises. The bishop consecrates new oils which will be used in the coming year. In the Diocese of Phoenix, this mass is held on Monday in Holy Week. This year the mass has been postponed until after the virus.

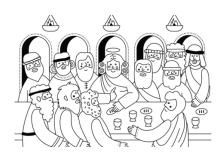
Every year three types of Holy of bishop. All the Holy Oils are me (1) Oil of the Sick— Oleum Infinduring the Sacrament of Anoistick or facing death, a priest me them to strengthen their soul a

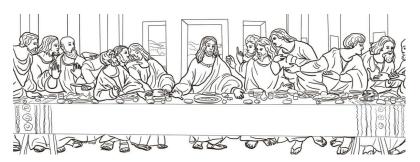
FOY KINDS!

Holy Thursday Activities

Coloring Pages

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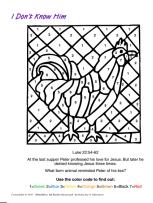














Agony in the Garden Diorama



Painting a Monstrance Activity

Holy Thursday Puppet Show Script

D THE HOLY OILS

Oils are consecrated by the nade with olive oil.

morum —This oil is used nting. When a person is very ay pray over them and anoint and united them to Jesus.

- (2) Oil of the Catechumens Oleum Catechumenorum This oil is used to anoint catechumens before baptism to strengthen them in their fight against the devil.
- (3) Sacred Chrism Sacrum Chrisma This oil is mixed with perfumes and smells beautiful! It is used in baptism, confirmation, ordination and the consecration of churches.

THE MASS OF THE LORD'S SUPPER

Entrance Antiphon

Galatians 6:14

We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.

Kyrie eleison. Christe eleison. Kyrie eleison.

Lord, have mercy. Christ, have mercy. Lord, have mercy.

The Gloria is sung. While the Gloria is being sung, bells are rung, and when it is finished, they remain silent until the Gloria of the Easter Vigil. Likewise the organ and other musical instru-



Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

First Reading

The LORD said to Moses and Aaron in the land of Egypt,

"This month shall stand at the head of your calendar; you shall reckon it the first month of the year. Tell the whole community of Israel: On the tenth of this month every one of your families must procure for itself a lamb, one apiece for each household. If a family is too small for a whole lamb, it shall join the nearest household in procuring one and shall share in the lamb in proportion to the number of persons who partake of it. The lamb must be a year-old male and without blemish. You may take it from either the sheep or the goats. You shall keep it until the fourteenth day of this month, and then, with the whole assembly of Israel present, it shall be slaughtered during the evening twilight. They shall

take some of its blood and apply it to the two doorposts and the lintel of every house in which they partake of the lamb. That same night they shall eat its roasted flesh with unleavened bread and bitter herbs.

"This is how you are to eat it: with your loins girt, sandals on your feet and your staff in hand, you shall eat like those who are in flight. It is the Passover of the LORD. For on this same night I will go through Egypt, striking down every firstborn of the land, both man and beast, and executing judgment on all the gods of Egypt—I, the LORD!

But the blood will mark the houses where you are. Seeing the blood, I will pass over you; thus, when I strike the land of Egypt, no destructive blow will come upon you. "This day shall be a memorial feast for you, which all your generations shall celebrate with pilgrimage to the LORD, as a perpetual institution."

Responsorial Psalm

Psalm 116:12-13, 15-18

R. Our blessing-cup is a communion with the Blood of Christ

How shall I make a return to the LORD for all the good he has done for me?

The cup of salvation I will take up, and I will call upon the name of the LORD.

R.

Precious in the eyes of the LORD is the death of his faithful ones. I am your servant, the son of your handmaid; you have loosed my bonds. R.

To you will I offer sacrifice of thanksgiving, and I will call upon the name of the LORD. My vows to the LORD I will pay in the presence of all his people. **R**.

Second Reading 1 Corinthians 11:23-26

Brothers and sisters:

I received from the Lord what I also handed on to you, that the Lord Jesus, on the night he was handed over, took bread, and, after he had given thanks, broke it and said, "This is my body that is for you. Do this in remembrance of me."

In the same way also the cup, after supper, saying, "This cup is the new covenant in my blood.

Do this, as often as you drink it, in remembrance of me."

For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes.

Verse Before the Gospel

John 13:34

I give you a new commandment, says the Lord: love one another as I have loved you.



Detail of Jesus Washes the Disciples' Feet, Julius Schnorr von Carolsfeld (1794-1872)

Gospel John 13:1-15

Before the feast of Passover, Jesus knew that his hour had come to pass from this world to the Father.

He loved his own in the world and he loved them to the end.

The devil had already induced Judas, son of Simon the Iscariot, to hand him over.

So, during supper, fully aware that the Father had put everything into his power and that he had come from God and was returning to God,

he rose from supper and took off his outer garments.

He took a towel and tied it around his waist.

Then he poured water into a basin and began to wash the disciples' feet and dry them with the towel around his waist.

He came to Simon Peter, who said to him,

"Master, are you going to wash my feet?"

Jesus answered and said to him,

"What I am doing, you do not understand now, but you will understand later."

Peter said to him, "You will never wash my feet."

Jesus answered him,

"Unless I wash you, you will have no inheritance with me."

Simon Peter said to him,

"Master, then not only my feet, but my hands and head as well."

Jesus said to him,

"Whoever has bathed has no need except to have his feet washed, for he is clean all over; so you are clean, but not all."

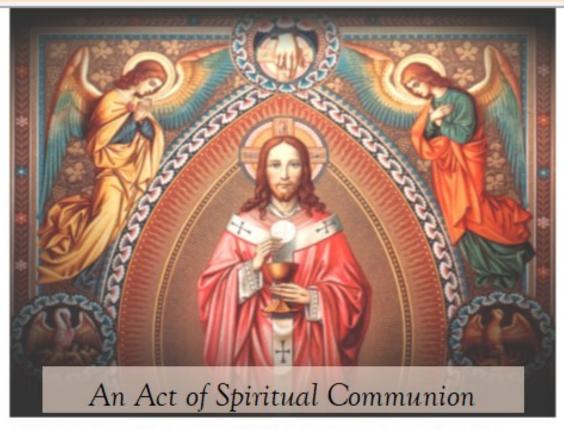
For he knew who would betray him; for this reason, he said, "Not all of you are clean."

So when he had washed their feet and put his garments back on and reclined at table again, he said to them, "Do you realize what I have done for you? You call me 'teacher' and 'master,' and rightly so, for indeed I am. If I, therefore, the master and teacher, have washed your feet, you ought to wash one another's feet. I have given you a model to follow, so that as I have done for you, you should also do.

Homily

Ordinarily the optional rite of the Washing of the Feet (pedilavium) would follow the homily but this year it is omitted. Consider having your own Washing of the Feet at home! A ritual is included on page at the end of the Holy Thursday section.

THE LITURGY OF THE EUCHARIST



When you are unable to receive Holy Communion, you can make an Act of Spiritual Communion. To do so express your faith in Christ and in His Presence in the Eucharist, and ask Him to unite Himself with you. The basic elements of an Act of Spiritual Communion are an Act of Faith, an Act of Love, a desire to receive Christ, and an invitation to Him to come into your heart.

The following text presents a popular form of an Act of Spiritual Communion written by St. Alphonsus de Liguori. Simply face the Tabernacle if you are in a Church or Chapel or, if at home, face the direction of the closest Church.

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

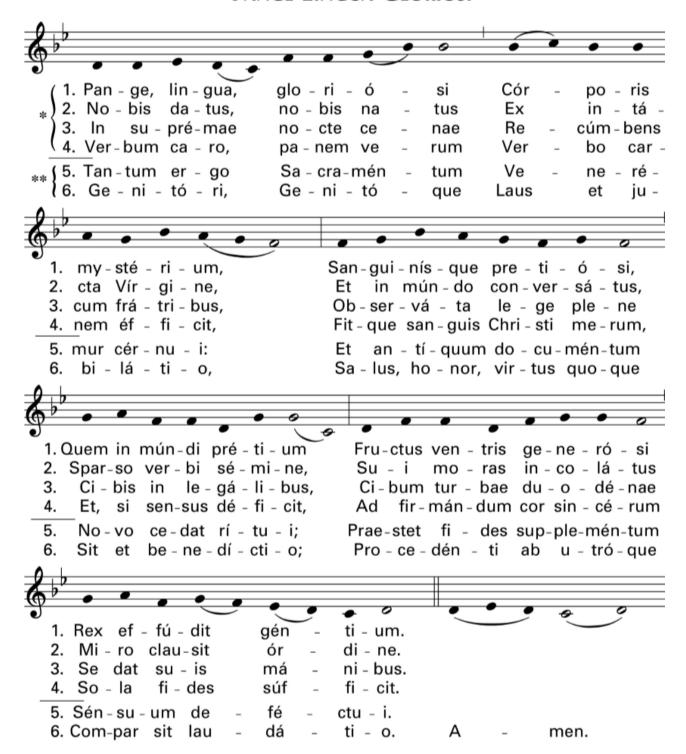
I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.

After the Liturgy of the Eucharist, the priest will return the Blessed Sacrament to the tabernacle as there will be no altars of repose with adoration this year. The Mass concludes with the Prayer after Communion. There is no final blessing; we instead remain in a state of worship—the three days, the triduum—are as one complete Mass. You may wish to sing the traditional Pange Lingua Gloriosi.

Listen to the Hymn

PANGE LINGUA GLORIOSI



Holy Thursday Foot Washing

Consider having your own Washing of the Feet at home. Read the Gospel passage for today as a family and then take turns washing each other's feet. All that's needed is a pitcher, a basin to catch the water (if you are doing it indoors) and a towel.

Gospel (Except)

John 13:4-10

[Jesus] rose from supper and took off his outer garments.

He took a towel and tied it around his waist.

Then he poured water into a basin and began to wash the disciples' feet and dry them with the towel around his waist.

He came to Simon Peter, who said to him,

"Master, are you going to wash my feet?"

Jesus answered and said to him,

"What I am doing, you do not understand now, but you will understand later."

Peter said to him, "You will never wash my feet."

Jesus answered him,

"Unless I wash you, you will have no inheritance with me."

Simon Peter said to him,

"Master, then not only my feet, but my hands and head as well."

Jesus said to him,

"Whoever has bathed has no need except to have his feet washed, for he is clean all over; so you are clean, but not all."

Antiphon / Prayer While Washing Feet

This is how all will know that you are my disciples: if you have love for one another



I give you a new commandment, that you love one another as I have loved you, says the Lord.



<u>Video</u>: Foot Washing Antiphons Chanted (Latin)



<u>Video</u>: Foot washing at the Vatican with Pope Emeritus Benedict XVI at the Lateran Basilica (2011)

Coloring Pages

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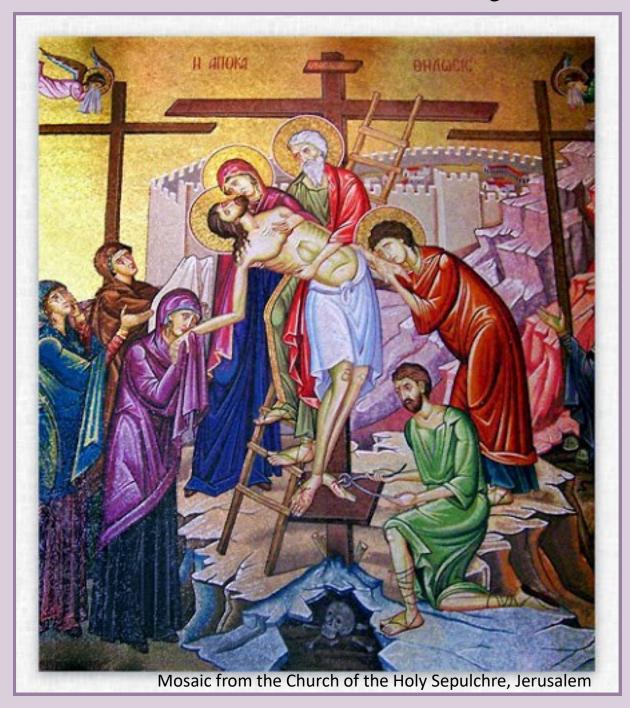






Christ washing his Disciples Feet, Tintoretto (c.1547)

Good Friday



How can we celebrate Good Friday in the domestic church?

- ⊕ Good Friday is a day of abstinence (no meat!) and fasting (one meal and two "small meals" which don't add up to the one meal). Children below the age of reason, seniors and the infirm or ill are exempt from fasting.
- ⊕ Learn more about Good Friday by watching this video from Catholic Online
- Pray the Stations of the Cross at home. Using a booklet, mobile device, or printed cards/stations, pray the Stations of the Cross just as if you were in a church. You can pray together, even appointing a cross bearer (crucifer) and a leader.
- ⊕ Pray the Sorrowful Mysteries of the Rosary.
- ⊕ Begin the Divine Mercy Novena (information on page 118)
- ⊕ Spend time in silence.
- ⊕ Watch a livestream of a Good Friday service online.
- ⊕ Venerate a crucifix in your home.
- ⊕ Read the Passion in parts with your family.
- ⊕ Get up early and pray your own candlelit Tenebrae service for Matins/Lauds.
- ⊕ Spend time learning about the corporal and spiritual works of mercy.
- ⊕ Learn to sing a Good Friday song or two: the Stabat Mater, Were You There, O Sacred Head, Surrounded, etc. Music is at the back of the book.
- Watch videos "Holy Week: Good Friday" and "Beauty and the Way of the Cross" from Catholic Breakfast to learn more about the day.
- ⊕ Consider signing up for one of the Institute of Catholic Theology's online recorded courses focused on the Crucifixion:
 - The Cross and the Beatitudes—taught by Simone Rizkallah (free)
 - Medical Perspective of the Cross—taught by Dr. Peter Auriemma (Deacon at St. Joan of Arc) (free)
 - Mary, Our Guide for Lent—taught by Tom Perna (free)

Good Friday in Song

Click the pictures to view the videos.





O Sacred Head, Surrounded



Perdon, O Dios Mio



Ludu mój ludu



Video:
Veneration of
the Cross at
the Vatican



FOY KURS!

God

Sta

Good Friday Activities

Stations of the Cross for Children-Loyola Press

PDF

Online

Coloring Pages

Click on the image

Stations of the Cross—Complete Set of Coloring Sheets







Passion Play for Kids

Has many parts—you will need to double up or otherwise have a large family



Clothespin Crucifix



Toothpick Crosses



Paper Crown of Thorns



Video: The Way of the Cross with Pope Francis (The Coliseum)



THE STATIONS OF THE CROSS

St. Alphonsus Ligouri

Available in a PDF here

Stations of the Cross Video

There are many versions of the Stations of the Cross. It doesn't matter which version you use, so feel free to look for one that most helps you enter into the Passion of Our Lord. There are some beautiful ones on YouTube! Presented here is a simplified version of the St. Alphonsus Ligouri Stations from the Sophia Institute for Teachers.

Opening Prayer

My Lord Jesus Christ, you have made this journey to die for me with infinite love. So many times I have sinned, but I repent sincerely because I love you. Pardon me, my God. I will love you all my life.



First Station: Jesus Is Condemned to Death

V. We adore you, Christ, and we praise you.

R. Because by your holy Cross, you have redeemed the world.

Meditation: Jesus, after having been scourged and crowned with thorns, was unjustly condemned by Pilate to die on the Cross.

Prayer: Jesus, it is because of my sins that You are going to die. Through the merits of Your sorrowful journey, help me in my journey to Heaven. I love You, Jesus. I repent of my sins. Help me to never sin again and to love You always and to do Your will.



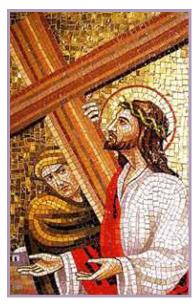
Second Station: Jesus Is Made to Bear His Cross

V. We adore you, Christ, and we praise you.

R. Because by your holy Cross, you have redeemed the world.

Meditation: Jesus, in making this journey with the Cross on His shoulders, thought of us, and offered for us, to His Father, the death that He was about to undergo.

Prayer: Jesus, I embrace all the suffering that you send to me. Through the merits of your pain in carrying Your Cross, help me to carry my cross with patience and resignation. I love you, Jesus. I repent of my sins. Help me to never sin again and to love you always and to do your will.



Third Station: Jesus Falls the First Time

- V. We adore you, Christ, and we praise you.
- R. Because by your holy Cross, you have redeemed the world.

Meditation: Jesus fell for the first time under His Cross. He had been scourged and had a crown of thorns on His head, and the soldiers hit Him. He was in so much pain He could barely walk, but He had to carry the heavy Cross.

Prayer: Jesus, the weight of my sins adds to your suffering and makes it infinitely worse. Through the merits of your first fall, deliver me from falling into mortal sin. I love you, Jesus. I repent of my sins. Help me to never sin again and to love you always and to do your will.



Fourth Station: Jesus Meets His Mother

- V. We adore you, Christ, and we praise you.
- R. Because by your holy Cross, you have redeemed the world.

Meditation: Jesus met His Mother Mary along His journey. They loved each other so deeply.

Prayer: Jesus, through the sorrow and joy you had in meeting your Mother Mary, help me to be truly devoted to her. Mary, help me to remember in my heart the suffering your Son underwent for me. I love you, Jesus. I repent of my sins. Help me to never sin again and to love you always and to do your will.



Fifth Station: Simon Helps Jesus Carry His Cross

- V. We adore you, Christ, and we praise you.
- R. Because by your holy Cross, you have redeemed the world.

Meditation: When the Jews saw how weak Jesus was, they feared He might die on the way, before He was crucified, so they forced a man named Simon the Cyrenian to carry the Cross behind our Lord.

Prayer: Jesus, I accept the cross you give to me, and I accept how you want me to die. I offer all my sufferings and troubles to you. I love you, Jesus. I repent of my sins. Help me to never sin again and to love you always and to do your will.

Sixth Station: Veronica Wipes the Face of Jesus



V. We adore you, Christ, and we praise you.

R. Because by your holy Cross, you have redeemed the world.

Meditation: A woman named Veronica, seeing Jesus suffering so much, and sweat and blood dripping down His face, gave Him a towel to wipe His face. By a miracle, He left an image of His face on the towel.

Prayer: Jesus, your face was once clean and good to look upon, but blood and sweat disfigured it, and Veronica wiped Your face clean. My soul was once clean and beautiful when I was baptized, but sin disfigured it. Through your suffering, wipe my soul clean. I love you, Jesus. I repent of my sins. Help me to never sin again and to love You always and to do Your will.



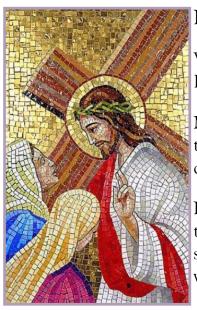
Seventh Station: Jesus Falls a Second Time

V. We adore you, Christ, and we praise you.

R. Because by your holy Cross, you have redeemed the world.

Meditation: Jesus fell the second time under the Cross. The fall renews all the pain in His body and makes His head throb.

Prayer: Jesus, so many times you have forgiven me, and so many times I have sinned again. Through the merits of your second fall, help me and preserve me in your grace until I die. Help me to call on you every time I am tempted. I love you, Jesus. I repent of my sins. Help me to never sin again and to love you always and to do your will.



Eighth Station: Jesus Meets the Women of Jerusalem

V. We adore you, Christ, and we praise you.

R. Because by your holy Cross, you have redeemed the world.

Meditation: These women wept with compassion at seeing Jesus walking to His death. But Jesus said to them, "Weep not for me but for your children."

Prayer: Jesus, I am sorry for all my sins, because of the pain and sadness they cause you, who loves me so much. I love you, Jesus. I repent of my sins. Help me to never sin again and to love you always and to do your will.



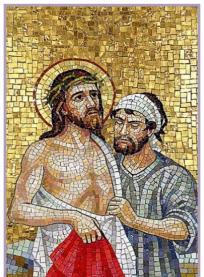
Ninth Station: Jesus Falls the Third Time

V. We adore you, Christ, and we praise you.

R. Because by your holy Cross, you have redeemed the world.

Meditation: Jesus fell for the third time. He was so weak and the soldiers pushed Him to walk faster, but He could barely move.

Prayer: Jesus, by my weakness in temptation, you are going to Calvary. Give me strength to conquer temptation. I love you, Jesus. I repent of my sins. Help me to never sin again and to love you always and to do your will.



Tenth Station: Jesus Is Stripped of His Garments

V. We adore you, Christ, and we praise you.

R. Because by your holy Cross, you have redeemed the world.

Meditation: The soldiers snatched Jesus' robe off Him.

Prayer: Jesus, help me to strip my soul of bad habits so I can give all my love to you, who are so worthy of all my love. I love you, Jesus. I repent of my sins. Help me to never sin again and to love you always and to do your will.



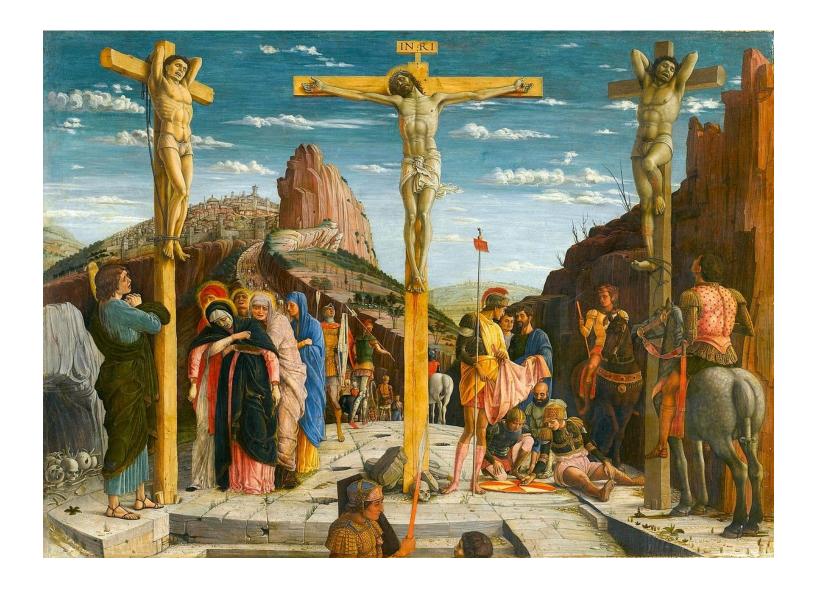
Eleventh Station: Jesus Is Nailed to the Cross

V. We adore you, Christ, and we praise you.

R. Because by your holy Cross, you have redeemed the world.

Meditation: Jesus was thrown down onto the Cross. He stretched out His arms and offered His life to the Father for our salvation. The soldiers nailed Him to the Cross and pushed the Cross to stand up.

Prayer: Jesus, keep my heart. Keep me always close to you. I love you, Jesus. I repent of my sins. Help me to never sin again and to love You always and to do Your will.



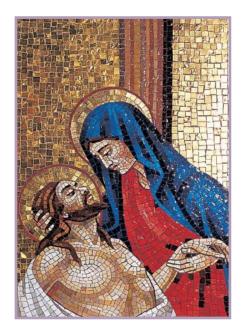
Twelfth Station: Jesus Dies on the Cross

V. We adore you, Christ, and we praise you.

R. Because by your holy Cross, you have redeemed the world.

Meditation: After suffering for three hours on the Cross, Jesus gave up His life to the Father and died.

Prayer: Jesus, through my sins, I deserve to be punished, but your death is my hope. Through the merits of your death, give me the grace that when I die, I will die as you want me to. I entrust my soul into your hands. I love you, Jesus. I repent of my sins. Help me to never sin again and to love you



Thirteenth Station: Jesus Is Taken Down from the Cross

- V. We adore you, Christ, and we praise you.
- R. Because by your holy Cross, you have redeemed the world.

Meditation: Two of Jesus' disciples took Jesus down from the Cross and Mary His Mother held Him close to her heart.

Prayer: Mary, sorrowful Mother, pray to your Son for me. Jesus, you have died because you love me. Help me to love you always. I love you, Jesus. I repent of my sins. Help me to never sin again and to love you always and to do your will.



Fourteenth Station: Jesus Is Laid in His Tomb

- V. We adore you, Christ, and we praise you.
- R. Because by your holy Cross, you have redeemed the world.

Meditation: The two disciples and Mary laid Jesus in a tomb.

Prayer: Jesus, You rose on the third day. Through your Resurrection, make me rise glorious on the last day, to be always with you in Heaven, praising and loving you. I love you, Jesus. I repent of my sins. Help me to never sin again and to love you always and to do your will.

Closing Prayer

Jesus, I kneel before you and ask you: fill my heart with faith, hope, and charity, with true repentance for my sins, and a firm desire of amendment.

Closing Meditation

God has loved us from all eternity. Before we existed, before He created us, before He created the world, He loved each of us already. From all eternity, God loves us.

GOOD FRIDAY LITURGY

On Good Friday and Holy Saturday, the Church does not celebrate the Sacraments at all, except for Penance and the Anointing of the Sick. The altar should be completely bare: without a cross, candles or cloths. The Good Friday Liturgy takes place at three o'clock, celebrating the Lord's Passion. It ordinarily consists of three parts: the Liturgy of the Word, the Adoration of the Cross, and Holy Communion.

The priest and deacons wear red vestments. They process in silence, reverence the altar and then prostrate themselves

Prayer

Remember your mercies, O Lord, and with your eternal protection sanctify your servants, for whom Christ your Son, by the shedding of his Blood, established the Paschal Mystery. Who lives and reigns for ever and ever. R. Amen.

Or:

O God, who by the Passion of Christ your Son, our Lord, abolished the death inherited from ancient sin by every succeeding generation, grant that just as, being conformed to him, we have borne by the law of nature the image of the man of earth, so by the sanctification of grace we may bear the image of the Man of heaven. Through Christ our Lord. **R**. Amen.

First Reading Isaiah 52:13-53:12

See, my servant shall prosper, he shall be raised high and greatly exalted. Even as many were amazed at him so marred was his look beyond human semblance and his appearance beyond that of the sons of man, so shall he startle many nations, because of him kings shall stand speechless; for those who have not been told shall see, those who have not heard shall ponder it.

Who would believe what we have heard? To whom has the arm of the LORD been revealed? He grew up like a sapling before him, like a shoot from the parched earth; there was in him no stately bearing to make us look at him, nor appearance that would attract us to him. He was spurned and avoided by people, a man of suffering, accustomed to infirmity,

He was spurned and avoided by people, a man of suffering, accustomed to infirmity, one of those from whom people hide their faces, spurned, and we held him in no esteem.

Yet it was our infirmities that he bore, our sufferings that he endured, while we thought of him as stricken, as one smitten by God and afflicted. But he was pierced for our offenses, crushed for our sins; upon him was the chastisement that makes us whole, by his stripes we were healed. We had all gone astray like sheep, e ach following his own way; but the LORD laid upon him the guilt of us all.

Though he was harshly treated, he submitted and opened not his mouth; like a lamb led to the slaughter or a sheep before the shearers, he was silent and opened not his mouth.

Oppressed and condemned, he was taken away, and who would have thought any more of his destiny?

When he was cut off from the land of the living, and smitten for the sin of his people, a grave was assigned him among the wicked and a burial place with evildoers, though he had done no wrong nor spoken any falsehood.

But the LORD was pleased to crush him in infirmity.

If he gives his life as an offering for sin, he shall see his descendants in a long life, and the will of the LORD shall be accomplished through him. Because of his affliction he shall see the light in fullness of days; through his suffering, my servant shall justify many, and their guilt he shall bear. Therefore I will give him his portion among the great, and he shall divide the spoils with the mighty, because he surrendered himself to death and was counted among the wicked; and he shall take away the sins of many, and win pardon for their offenses.

Responsorial Psalm

Psalm 3

R. Father, into your hands I commend my spirit.

In you, O LORD, I take refuge; let me never be put to shame. In your justice rescue me. Into your hands I commend my spirit; you will redeem me, O LORD, O faithful God. **R.*

For all my foes I am an object of reproach, a laughingstock to my neighbors, and a dread to my friends; they who see me abroad flee from me. I am forgotten like the unremembered dead; I am like a dish that is broken. **R**.

But my trust is in you, O LORD; I say, "You are my God. In your hands is my destiny; rescue me from the clutches of my enemies and my persecutors." **R**.

Let your face shine upon your servant; save me in your kindness.

Take courage and be stouthearted, all you who hope in the LORD. R.

Brothers and sisters: Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but one who has similarly been tested in every way, yet without sin. So let us confidently approach the throne of grace to receive mercy and to find grace for timely help.

In the days when Christ was in the flesh he offered prayers and supplications with loud cries and tears to the one who was able to save him from death, and he was heard because of his reverence. Son though he was, he learned obedience from what he suffered; and when he was made perfect, he became the source of eternal salvation for all who obey him.

THE PASSION OF OUR LORD JESUS CHRIST ACCORDING TO JOHN

The narrative of the Lord's Passion is read without candles and without incense, with no greeting or signing of the book. It may be read in parts, with the part of Christ, reserved to a Priest. Families may follow along and participate as "the crowd" or assign parts.

N = Narrator; S = Speaker; J+ = Jesus; C = Crowd

Available Here

N: Jesus went out with his disciples across the Kidron valley to where there was a garden into which he and his disciples entered. Judas his betrayer also knew the place, because Jesus had often met there with his disciples. So Judas got a band of soldiers and guards from the chief priests and the Pharisees and went there with lanterns, torches, and weapons. Jesus, knowing everything that was going to happen to him, went out and said to them,

J+: "Whom are you looking for?"

N: They answered him, "Jesus the Nazorean."

J+: He said to them, "I AM."

N: Judas his betrayer was also with them. When he said to them, "I AM," they turned away and fell to the ground. So he again asked them,

J+: "Whom are you looking for?"

N: They said,

C: "Jesus the Nazorean."

N: Jesus answered,

J+: I told you that I AM. So if you are looking for me, let these men go.

N: This was to fulfill what he had said, "I have not lost any of those you gave me."

Then Simon Peter, who had a sword, drew it, struck the high priest's slave, and cut off his right ear. The slave's name was Malchus. Jesus said to Peter,

J+: "Put your sword into its scabbard. Shall I not drink the cup that the Father gave me?"

N: So the band of soldiers, the tribune, and the Jewish guards seized Jesus, bound him, and brought him to Annas first. He was the father-in-law of Caiaphas, who was high priest that year. It was Caiaphas who had counseled the Jews that it was better than one man should die rather than the people. Simon Peter and another disciple followed Jesus. Now the other disciple was known to the high priest, and he entered the courtyard of the high priest with Jesus. But Peter stood at the gate outside. So the other disciple, the acquaintance of the high priest, went out and spoke to the gatekeeper and brought Peter in. Then the maid who was the gatekeeper said to Peter,

C: "You are not one of this man's disciples, are you?"

N: He said,

S: "I am not."

N: Now the slaves and the guards were s standing around a charcoal fire that they had made, because it was cold, and were warming themselves. Peter was also standing there keeping warm. The high priest questioned Jesus about his disciples and about his doctrine. Jesus answered him,

J+: "I have spoken publicly to the world. I have always taught in a synagogue or in the temple area where all the Jews gather, and in secret I have said nothing. Why ask me? Ask those who heard me what I said to them. They know what I said.



- N: When he had said this, one of the temple guards standing there struck Jesus and said,
- S: "Is this the way you answer the high priest?"
- N: Jesus answered him,
- J+: "If I have spoken wrongly, testify to the wrong; but if I have spoken rightly, why do you strike me?"
- N: Then Annas sent him bound to Caiaphas the high priest. Now Simon Peter was standing there keeping warm. And they said to him,
- C: "You are not one of his disciples, are you?"
- N: He denied it and said,
- S: "I am not."
- N: One of the slaves of the high priest, a relative of the one whose ear Peter had cut off, said,
- C: "Didn't I see you in the garden with him?"
- N: Again Peter denied it. And immediately the cock crowed. Then they brought Jesus from Caiaphas to the praetorium. It was morning. And they themselves did not enter the praetorium, in order not to be defiled so that they could eat the Passover. So Pilate came out to them and said,
- S: "What charge do you bring against this man?"
- N: They answered and said to him,
- C: "If he were not a criminal, we would not have handed him over to you.
- N: At this, Pilate said to them,
- S: "Take him yourselves, and judge him according to your law."
- N: The Jews answered him,
- C: "We do not have the right to execute anyone,"
- N: in order that the word of Jesus might be fulfilled that he said indicating the kind of death he would die. So Pilate went back into the praetorium and summoned Jesus and said to him,

S: "Are you the King of the Jews?"

N: Jesus answered,

J+: "Do you say this on your own or have others told you about me?"

N: Pilate answered,

S: "I am not a Jew, am I? Your own nation and the chief priests handed you over to me.

What have you done?"

N: Jesus answered,

J+: "My kingdom does not belong to this world. If my kingdom did belong to this world, my attend ants would be fighting to keep me from being handed over to t he Jews. But as it is, my kingdom is not here."

N: So Pilate said to him,

S: "Then you are a king?"

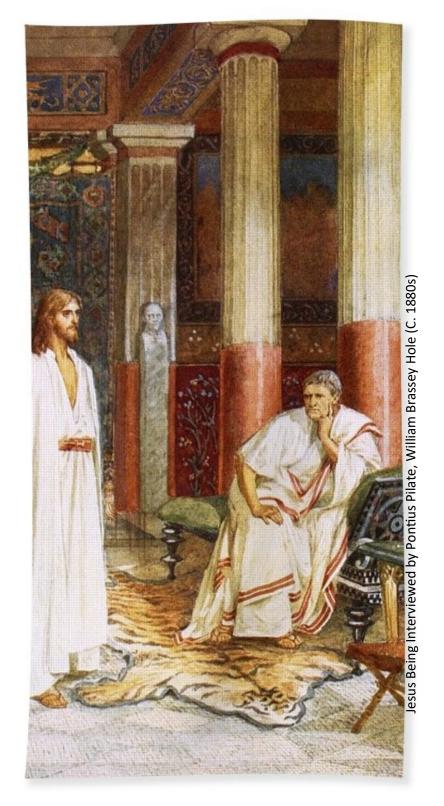
N: Jesus answered,

J+: "You say I am a king. For this I was born and for this I came into the world, to testify to the truth.

Everyone who belongs to the truth listens to my voice."

N: Pilate said to him,

S: "What is truth?"





- N: When Pilate had said this, he again went out to the Jews and said to them,
- S: "I find no guilt in him. But you have a custom that I release one prisoner to you at Passover. Do you want me to release to you the King of the Jews?"
- N: They cried out again,
- C: "Not this one but Barabbas!"
- N: Now Barabbas was a revolutionary. Then Pilate took Jesus and had him scourged. And the soldiers wove a crown out of thorns and placed it on his head, and clothed him in a purple cloak, and they came to him and said,
- C: "Hail, King of the Jews!"
- N: And they struck him repeatedly. Once more Pilate went out and said to them,
- S: "Look, I am bringing him out to you, so that you may know that I find no guilt in him."
- N: So Jesus came out, wearing the crown of thorns and the purple cloak. And Pilate said to them,
- S: "Behold, the man!"

N:When the chief priests and the guards saw them they cried out,

- C: "Crucify him, crucify him!"
- N: Pilate said to them,
- S: "Take him yourselves and crucify him. I find no guilt in him."
- N: The Jews answered,
- C: "We have a law, and according to that law he ought to die, because he made himself the Son of God."
- N: Now when Pilate heard this statement, he became even more afraid, and went back into the praetorium and said to Jesus,
- S: "Where are you from?"
- N: Jesus did not answer him. So Pilate said to him,
- S: "Do you not speak to me? Do you not know that I have power to release you and I have power to crucify you?"
- N: Jesus answered him,
- J+: "You would have no power over me if it had not been given to you from above. For this reason the one who handed me over to you has the greater sin."
- N: Consequently, Pilate tried to release him; but the Jews cried out,
- C: "If you release him, you are not a Friend of Caesar. Everyone who makes himself a king opposes Caesar."
- N: When Pilate heard these words he brought Jesus out and seated him on the judge's bench in the place called Stone Pavement, in Hebrew, Gabbatha. It was preparation day for Passover, and it was about noon. And he said to the Jews,
- S: "Behold, your king!"
- N: They cried out,
- C: "Take him away, take him away! Crucify him!"
- N: Pilate said to them,

- S: "Shall I crucify your king?"
- N: The chief priests answered,
- C: "We have no king but Caesar."
- N: Then he handed him over to them to be crucified. So they took Jesus, and carrying the cross himself, he went out to what is called the Place of the Skull, in Hebrew, Golgotha. There they crucified him, and with him two others, one on either side, with Jesus in the middle. Pilate also had an inscription written and put on the cross. It read, "Jesus the Nazorean, the King of the Jews." Now many of the Jews read this inscription, because the place where Jesus was crucified was near the city; and it was written in Hebrew, Latin, and Greek. So the chief priests of the Jews said to Pilate,
- C: "Do not write 'The King of the Jews,' but that he said, 'I am the King of the Jews.'"
- N: Pilate answered,
- S: "What I have written, I have written."
- N: When the soldiers had crucified Jesus, they took his clothes and divided them into four shares, a share for each soldier. They also took his tunic, but the tunic was seamless, woven in one piece from the top down. So they said to one another
- C: "Let's not tear it, but cast lots for it to see whose it will be,"
- N: in order that the passage of Scripture might be fulfilled that says: They divided my garments among them, and for my vesture they cast lots. This is what the soldiers did.
 - Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved he said to his mother,
- J+: "Woman, behold, your son."
- N: Then he said to the disciple,
- J+: "Behold, your mother."
- N: And from that hour the disciple took her into his home. After this, aware that everything was now finished, in order that the Scripture might be fulfilled, Jesus said,

J+: "I thirst."

N: There was a vessel filled with common wine. So they put a sponge soaked in wine on a sprig of hyssop and put it up to his mouth. When Jesus had taken the wine, he said,

J+: "It is finished."

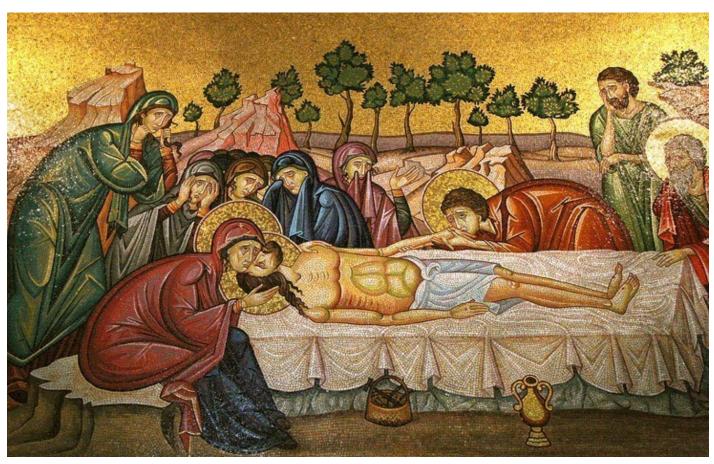
N: And bowing his head, he handed over the spirit.

Here all kneel and pause for a short time.

N: Now since it was preparation day, in order that the bodies might not remain on the cross on the sabbath, for the sabbath day of that week was a solemn one, the Jews asked Pilate that their legs be broken, and that they be taken down. So the soldiers came and broke the legs of the first and then of the other one who was crucified with Jesus. But when they came to Jesus and saw that he was already dead, they did not break his legs, but one soldier thrust his lance into his side, and immediately blood and water flowed out. An eyewitness has testified, and his testimony is true; he knows that he is speak ing the truth, so that you also may come to believe. For this happened so that the Scripture passage might be fulfilled: Not a bone of it will be broken. And again another passage says: They will look upon him whom they have pierced



Christ on the Cross with the Virgin and St. John, Anonymous, Belgian (c. 1435)



Mosaic at the Stone of Anointing, Church of the Holy Sepulchre, Jerusalem

N: After this, Joseph of Arimathea, secretly a disciple of Jesus for fear of the Jews, asked Pilate if he could remove the body of Jesus. And Pilate permitted it. So he came and took his body. Nicodemus, the one who had first come to him at night, also came bringing a mixture of myrrh and aloes weighing about one hundred pounds. They took the body of Jesus and bound it with burial cloths along with the spices, according to the Jewish burial custom. Now in the place where he had been crucified there was a garden, and in the garden a new tomb in which no one had yet been buried. So they laid Jesus there because of the Jewish preparation day; for the tomb was close by.

The Homily

THE SOLEMN INTERCESSIONS

First Intercession - For the Church

Let us pray, dearly beloved, for the holy Church of God, that our God and Lord be pleased to give her peace, to guard her and to unite her throughout the whole world and grant that, leading our life in tranquility and quiet, we may glorify God the Father almighty.

Pause for prayer

Almighty ever-living God, who in Christ revealed your glory to all the nations, watch over the works of your mercy, that your Church, spread throughout all the world, may persevere with steadfast faith in confessing your name. Through Christ our Lord.

R. Amen.

Second Intercession - For the Pope

Let us pray also for our most Holy Father Pope Francis, that our God and Lord, who chose him for the Order of Bishops, may keep him safe and unharmed for the Lord's holy Church, to govern the holy People of God.

Pause for prayer

Almighty ever-living God, by whose decree all things are founded, look with favor on our prayers and in your kindness protect the Pope chosen for us, that, under him, the Christian people, governed by you their maker, may grow in merit by reason of their faith. Through Christ our Lord.

R. Amen.

Third Intercession - For the all orders and degrees of the faithful

Let us pray also for our Bishop Thomas, and Eduardo, his auxiliary, for all Bishops, Priests, and Deacons of the Church and for the whole of the faithful people.

Pause for prayer

Almighty ever-living God, by whose Spirit the whole body of the Church is sanctified and governed, hear our humble prayer for your ministers, that, by the gift of your grace, all may serve you faithfully. Through Christ our Lord.

R. Amen.

Fourth Intercession - For catechumens

Let us pray also for our catechumens, that our God and Lord may open wide the ears of their inmost hearts and unlock the gates of his mercy, that, having received forgiveness of all their sins through the waters of rebirth, they, too, may be one with Christ Jesus our Lord.

Pause for prayer

Almighty ever-living God, who make your Church ever fruitful with new offspring, increase the faith and understanding of our catechumens, that, reborn in the font of Baptism, they may be added to the number of your adopted children. Through Christ our Lord.

R. Amen.

Fifth Intercession - For the unity of Christians

Let us pray also for all our brothers and sisters who believe in Christ, that our God and Lord may be pleased, as they live the truth, to gather them together and keep them in his one Church.

Pause for prayer

Almighty ever-living God, who gather what is scattered and keep together what you have gathered, look kindly on the flock of your Son, that those whom one Baptism has consecrated may be joined together by integrity of faith and united in the bond of charity.

Through Christ our Lord.

R. Amen.

Sixth Intercession - For the Jewish people

Let us pray also for the Jewish people, to whom the Lord our God spoke first, that he may grant them to advance in love of his name and in faithfulness to his covenant.

Pause for prayer

Almighty ever-living God, who bestowed your promises on Abraham and his descendants, graciously hear the prayers of your Church, that the people you first made your own may attain the fullness of redemption. Through Christ our Lord.

R. Amen.

Seventh Intercession - For those who do not believe in Christ

Let us pray also for those who do not believe in Christ, that, enlightened by the Holy Spirit, they, too, may enter on the way of salvation.

Pause for prayer

Almighty ever-living God, grant to those who do not confess Christ that, by walking before you with a sincere heart, they may find the truth and that we ourselves, being constant in mutual love and striving to understand more fully the mystery of your life, may be made more perfect witnesses to your love in the world. Through Christ our Lord.

R. Amen.

Eighth Intercession - For those who do not believe in God

Let us pray also for those who do not acknowledge God, that, following what is right in sincerity of heart, they may find the way to God himself.

Pause for prayer

Almighty ever-living God, who created all people to seek you always by desiring you and, by finding you, come to rest, grant, we pray, that, despite every harmful obstacle, all may recognize the signs of your fatherly love and the witness of the good works done by those who believe in you, and so in gladness confess you, the one true God and Father of our human race. Through Christ our Lord.

R. Amen.

Ninth Intercession - For those in public office

Let us pray also for those in public office, that our God and Lord may direct their minds and hearts according to his will for the true peace and freedom of all.

Pause for prayer

Almighty ever-living God, in whose hand lies every human heart and the rights of peoples, look with favor, we pray, on those who govern with authority over us, that throughout the whole world, the prosperity of peoples, the assurance of peace, and freedom of religion may through your gift be made secure. Through Christ our Lord.

R. Amen.

Tenth Intercession - For those in tribulation

Let us pray, dearly beloved, to God the Father almighty, that he may cleanse the world of all errors, banish disease, drive out hunger, unlock prisons, loosen fetters, granting to travelers safety, to pilgrims return, health to the sick, and salvation to the dying.

Pause for prayer

Almighty ever-living God, comfort of mourners, strength of all who toil, may the prayers of those who cry out in any tribulation come before you, that all may rejoice, because in their hour of need your mercy was at hand. Through Christ our Lord.

R. Amen.

Eleventh Intercession - For those affected by the coronavirus

This intercession was added for this year.

Let us pray, dearly beloved, for a swift end to the coronavirus pandemic that afflicts our world, that our God and Father will heal the sick, strengthen those who care for them, and help us all to persevere in faith.

Pause for prayer

Almighty and merciful God, source of all life, health and healing, look with compassion on our world, brought low by disease; protect us in the midst of the grave challenges that assail us and in your fatherly providence grant recovery to the stricken, strength to those who care for them, and success to those working to eradicate this scourge. Through Christ our Lord.

R. Amen.

Veneration of the Cross

Public veneration of the cross may be done on the feast of the Triumph of the Holy Cross - September 14,2020. Families may venerate a cross or crucifix in their own homes.

Behold the wood of the Cross, on which hung the salvation of the world.

R. Come, let us adore.

Chant to Be Sung during the Adoration of the Holy Cross:

Antiphon:

We adore your Cross, O Lord, we praise and glorify your holy Resurrection, for behold, because of the wood of a tree joy has come to the whole world.

May God have mercy on us and bless us;

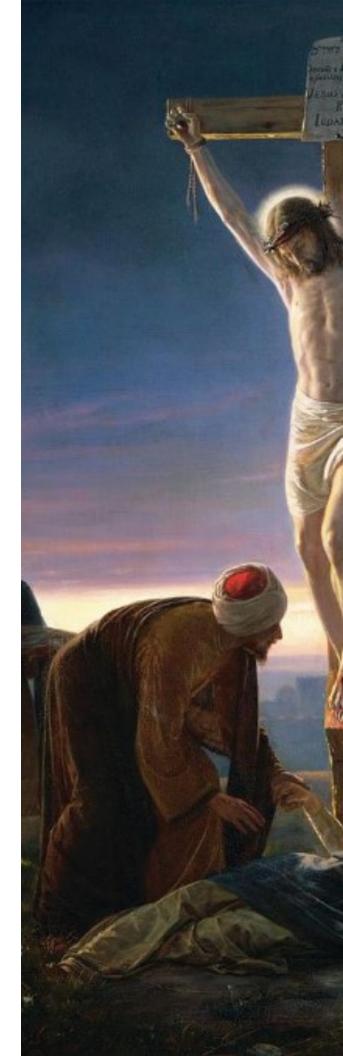
R. Cf. Ps 67 (66): 2 may he let his face shed its light upon us and have mercy on us.

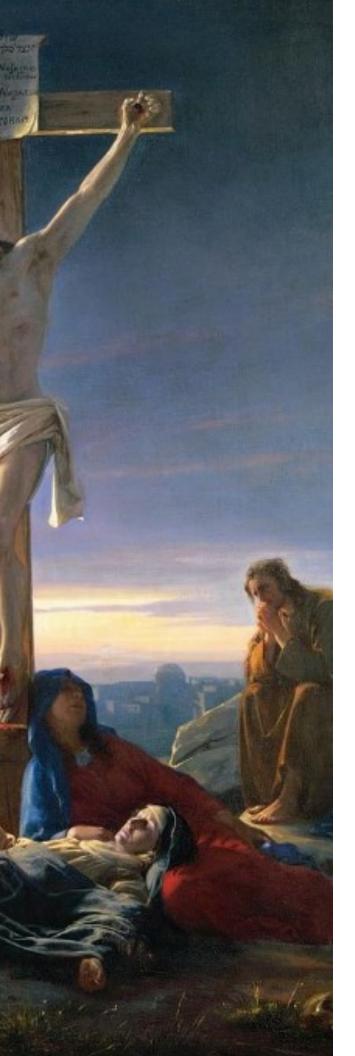
Antiphon Repeated by All:

We adore your Cross, O Lord, we praise and glorify your holy Resurrection, for behold, because of the wood of a tree joy has come to the whole world.

May God have mercy on us and bless us;







Music

Behold the Wood

Miserere Mei Deus (Psalm 50)

Adoramus Te, Christe

Christus factus est

Stabat Mater

Suspended Upon a Cross (Arabic)

Perdona a tu pueblo, Señor

Crucem Tuam

God of Mercy and Compassion

The Sorrowful Mother (Ukrainian)



<u>Video:</u> Papal Veneration of the Cross Music: Popule Meus (Palestrina)



THE REPROACHES

Parts assigned to one of the two choirs separately are indicated by the numbers 1 (first choir) and 2 (second choir); parts sung by both choirs together are marked: 1 and 2. Some of the verses may also be sung by two cantors.

Ī

- 1 and 2 My people, what have I done to you? Or how have I grieved you? Answer me!
- 1 Because I led you out of the land of Egypt, you have prepared a Cross for your Savior.
- 1 Hagios o Theos,
- 2 Holy is God,
- 1 Hagios Ischyros,
- 2 Holy and Mighty,
- 1 Hagios Athanatos, eleison himas.
- 2 Holy and Immortal One, have mercy on us.
- 1 and 2 Because I led you out through the desert forty years and fed you with manna and brought you into a land of plenty, you have prepared a Cross for your Savior.
- 1 Hagios o Theos,
- 2 Holy is God,
- 1 Hagios Ischyros,
- 2 Holy and Mighty,
- 1 Hagios Athanatos, eleison himas.
- 2 Holy and Immortal One, have mercy on us.
- 1 and 2 What more should I have done for you and have not done? Indeed, I planted you as my most beautiful chosen vine and you have turned very bitter for me, for in my thirst you gave me vinegar to drink and with a lance you pierced your Savior's side.
- 1 Hagios o Theos,
- 2 Holy is God,
- 1 Hagios Ischyros,
- 2 Holy and Mighty,
- 1 Hagios Athanatos, eleison himas.
- 2 Holy and Immortal One, have mercy on us.

Response after each of the Cantors reproaches:

R: "My people, what have I done to you? Or how have I grieved you? Answer me!"

Cantors: I scourged Egypt for your sake with its firstborn sons, and you scourged me and handed me over. *R*.

Cantors: I led you out from Egypt as Pharaoh lay sunk in the Red Sea, and you handed me over to the chief priests. *R*.

Cantors: I opened up the sea before you, and you opened my side with a lance. R.

Cantors: I went before you in a pillar of cloud, and you led me into Pilate's palace. R.

Cantors: I fed you with manna in the desert, and on me you rained blows and lashes. R.

Cantors: I gave you saving water from the rock to drink, and for drink you gave me gall and

vinegar. *R.*

Cantors: I struck down for you the kings of the Canaanites, and you struck my head with a reed. *R*.

Cantors: I put in your hand a royal scepter, and you put on my head a crown of thorns. *R.*

Cantors: I exalted you with great power, and you hung me on the scaffold of the Cross. *R.*

After the Reproaches hymns may be sung: Faithful Cross the Saints Rely On or the Stabat Mater.

The Stabat Mater can be found in the back of this book.



HOLY COMMUNION

A cloth is spread on the altar, and a corporal and the Missal put in place. The candles are lit.

The Blessed Sacrament is moved from the tabernacle and placed on the altar.

Then the Priest, with hands joined, says aloud:

At the Savior's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy Will be done, on Earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation and deliver us from evil.

Prayer After Communion

Almighty ever-living God, who have restored us to life by the blessed Death and Resurrection of your Christ, preserve in us the work of your mercy, that, by partaking of this mystery, we may have a life unceasingly devoted to you. Through Christ our Lord.

R. Amen.

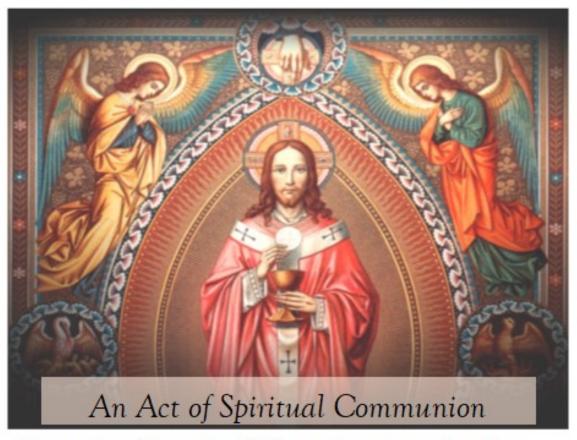
Prayer over the people

May abundant blessing, O Lord, we pray, descend upon your people, who have honored the Death of your Son in the hope of their resurrection: may pardon come, comfort be given, holy faith increase, and everlasting redemption be made secure. Through Christ our Lord.

R. Amen.

The altar is stripped and the cross remains on the altar with 2 or 4 candlesticks

People leave in silence



When you are unable to receive Holy Communion, you can make an Act of Spiritual Communion. To do so express your faith in Christ and in His Presence in the Eucharist, and ask Him to unite Himself with you. The basic elements of an Act of Spiritual Communion are an Act of Faith, an Act of Love, a desire to receive Christ, and an invitation to Him to come into your heart.

The following text presents a popular form of an Act of Spiritual Communion written by St. Alphonsus de Liguori. Simply face the Tabernacle if you are in a Church or Chapel or, if at home, face the direction of the closest Church.

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Holy Saturday



Holy Fire in the Holy Sepulchre, Jerusalem

On Holy Saturday the Church waits at the Lord's tomb in prayer and fasting, meditating on his Passion and on his Descent into Hell, and awaiting his Resurrection. The Church abstains from the Sacrifice of the Mass, with the Sacred table left bare until the solemn Vigil.

How can we observe Holy Saturday at home?

- Observe silence in the home. If you listen to music today, spend some time with the **De Profundis**.
- Fast and pray!
- Reflect on a world without Jesus. This is especially meaningful this year when so many are deprived of the sacraments during the virus.
- Don't indulge in any entertainments like video games or social media.
- Watch the Vigil Mass online or on television.
- The Vigil Mass readings tell the story of <u>God's Plan of Salvation</u>. You can learn more by watching Dr. Eric Westby's ICT course on the subject.

The Church of the Holy Sepulchre is built over the site of Jesus' crucifixion, death, burial, and Resurrection. The church contains the two holiest sites in Christianity: Calvary where Jesus was crucified and Jesus' tomb At the center, sits the "edicule" directly over the tomb.

A temple to Jupiter and Venus sat on the site until Constantine the Great ordered a church to be built there in 326 A.D. When the temple was torn down, a rock-cut tomb was found and determined to be the burial site of Jesus. The great basilica was built over the site of

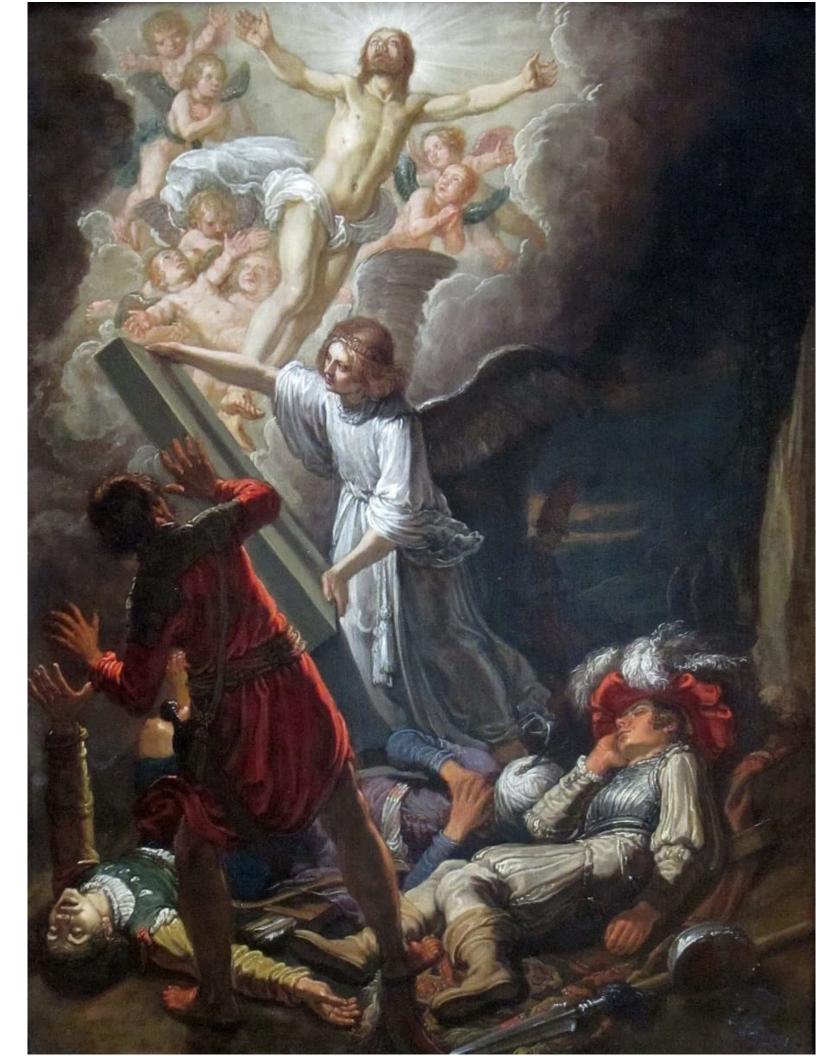
Calvary (Golgotha) where Jesus was crucified and a rotunda built over the site of the tomb. The original church was consecrated in 335 A.D. The building was destroyed by a fire in 614 A.D., then burned in 935 A.D. and again in 966 A.D. In 1009, Caliph Al-Hakim ordered its complete destruction. It was rebuilt in 1048A.D.

Greek, Roman, Armenian and Coptic churches all control a part of the church in a difficult balance between the various branches of Christianity. It is a major pilgrimage site.

The church closed for the first time since 1349 because of the

coronavirus pandemic.





The Easter Vigil

He is risen! Alleluia! Alleluia!

Ordinarily the Easter Vigil starts with the lighting of a fire outside the church.

Because there are no public celebrations of the Vigil this year,
there will be no Easter fires. The Mass will begin simply with the lighting of the
Paschal Candle and the singing of the Exsultet.

Easter music and activities begin on page 107. You can watch a video discussing the <u>EasterVigil</u> from Catholic Breakfast.

THE EXSULTET

Exult, let them exult, the hosts of heaven, exult, let angel ministers of God exult, let the trumpet of salvation sound aloud our mighty King's triumph! Be glad, let earth be glad, as glory floods her, ablaze with light from her eternal King, let all corners of the earth be glad, knowing an end to gloom and darkness. Rejoice, let Mother Church also rejoice, arrayed with the lightning of his glory, let this holy building shake with joy, filled with the mighty voices of the peoples.

Listen to the
Exsultet
Here

V. Lift up your hearts. R. We lift them up to the Lord.

V. Let us give thanks to the Lord our God. R. It is right and just.

It is truly right and just, with ardent love of mind and heart and with devoted service of our voice, to acclaim our God invisible, the almighty Father, and Jesus Christ, our Lord, his Son, his Only Begotten. Who for our sake paid Adam's debt to the eternal Father, and, pouring out his own dear Blood, wiped clean the record of our ancient sinfulness. These then are the feasts of Passover, in which is slain the Lamb, the one true Lamb, whose Blood anoints the doorposts of believers. This is the night,

when once you led our forebears, Israel's children, from slavery in Egypt and made them pass dry-shod through the Red Sea.

This is the night that with a pillar of fire banished the darkness of sin. This is the night that which even now, throughout the world, sets Christian believers apart from worldly vices and from the gloom of sin, leading them to grace and joining them to his holy ones.



This is the night, when Christ broke the prison-bars of death and rose victorious from the underworld.

O wonder of your humble care for us!

O love, O charity beyond all telling, to ransom a slave you gave away your Son!

O truly necessary sin of Adam, destroyed completely by the Death of Christ!

O happy fault that earned so great, so glorious a Redeemer! The sanctifying power of this night dispels wickedness, washes faults away, restores innocence to the fallen, and joy to mourners. O truly blessed night, when things of heaven are wed to those of earth and divine to the human. On this, your night of grace, O holy Father, accept this candle, a solemn offering, the work of bees and of your servants' hands, an evening sacrifice of praise, this gift from your most holy Church Therefore, O Lord, we pray you that this candle, hallowed to the honor of your name, may persevere undimmed, to overcome the darkness of this night. Receive it as a pleasing fragrance, and let it mingle with the lights of heaven. May this flame be found still burning by the Morning Star: the one Morning Star who never sets, Christ your Son, who, coming back from death's domain, has shed his peaceful light on humanity,

and lives and reigns for ever and ever. \mathbf{R} . Amen.

First Reading Genesis 1:1–2:2



In the beginning, when God created the heavens and the earth, the earth was a formless wasteland, and darkness covered the abyss, while a mighty wind swept over the waters. Then God said, "Let there be light," and there was light. God saw how good the light was. God then separated the light from the darkness. God called the light "day," and the darkness he called "night." Thus evening came, and morning followed—the first day.



Then God said, "Let there be a dome in the middle of the waters, to separate one body of water from the other." And so it happened: God made the dome, and it separated the water above the dome from the water below it. God called the dome "the sky." Evening came, and morning followed—the second day.



Then God said, "Let the water under the sky be gathered into a single basin, so that the dry land may appear." And so it happened: the water under the sky was gathered into its basin, and the dry land appeared. God called the dry land "the earth," and the basin of the water he called "the sea." God saw how good it was. Then God said, "Let the earth bring forth vegetation: every kind of plant that bears seed and every kind of fruit tree on earth that bears fruit with its seed in it." And so it happened: the earth brought forth every kind of plant that bears seed and every kind of fruit tree on earth that bears fruit with its seed in it. God saw how good it was. Evening came, and morning followed—the third day.



God said: "Let there be lights in the dome of the sky, to separate day from night. Let them mark the fixed times, the days and the years, and serve as luminaries in the dome of the sky, to shed light upon the earth." And so it happened: God made the two great lights, the greater one to govern the day, and the lesser one to govern the night; and he made the stars. God set them in the dome of the sky, to shed light upon the earth, to govern the day and the night, and to separate the light from the darkness. God saw how good it was. Evening came, and morning followed—the fourth day.



Then God said, "Let the water teem with an abundance of living creatures, and on the earth let birds fly beneath the dome of the sky." And so it happened: God created the great sea monsters and all kinds of swimming creatures with which the water teems, and all kinds of winged birds. God saw how good it was, and God blessed them, saying, "Be fertile, multiply, and fill the water of the seas; and let the birds multiply on the earth." Evening came, and morning followed—the fifth day.



Then God said, "Let the earth bring forth all kinds of living creatures: cattle, creeping things, and wild animals of all kinds." And so it happened: God made all kinds of wild animals, all kinds of cattle, and all kinds of creeping things of the earth. God saw how good it was.

Then God said: "Let us make man in our image, after our likeness. Let them have dominion over the fish of the sea, the birds of the air, and the cattle, and over all the wild animals and all the creatures that crawl on the ground." God created man in his image; in the image of God he created him; male and female he created them. God blessed them, saying: "Be fertile and multiply; fill the earth and subdue it. Have dominion over the fish of the sea, the birds of the air, and all the living things that move on the earth."

God also said: "See, I give you every seed-bearing plant all over the earth and every tree that has seed-bearing fruit on it to be your food; and to all the animals of the land, all the birds of the air, and all the living creatures that crawl on the ground, I give all the green plants for food." And so it happened. God looked at everything he had made, and he found it very good. Evening came, and morning followed—the sixth day.

Thus the heavens and the earth and all their array were completed. Since on the seventh day God was finished with the work he had been doing, he rested on the seventh day from all the work he had undertaken.

Let them have dominion over the fish of the sea, the birds of the air, and the cattle, and over all the wild animals and all the creatures that crawl on the ground."

God created man in his image; in the image of God he created him; male and female he created them. God blessed them, saying:

"Be fertile and multiply; fill the earth and subdue it.

Have dominion over the fish of the sea, the birds of the air, and all the living things that move on the earth."

God also said: "See, I give you every seed-bearing plant all over the earth and every tree that has seed-bearing fruit on it to be your food; and to all the animals of the land, all the birds of the air, and all the living creatures that crawl on the ground, I give all the green plants for food." And so it happened.

God looked at everything he had made, and found it very good.

Responsorial Psalm

Psalm 104

Genesis 1:1, 26-31A

R. Lord, send out your Spirit, and renew the face of the earth.

Bless the LORD, O my soul! O LORD, my God, you are great indeed! You are clothed with majesty and glory, robed in light as with a cloak. \mathbb{R} .

You send forth springs into the watercourses that wind among the mountains.

Beside them the birds of heaven dwell;

from among the branches they send forth their song. \mathbb{R} .

You water the mountains from your palace; the earth is replete with the fruit of your works. You raise grass for the cattle, and vegetation for man's use, Producing bread from the earth. **R**.

How manifold are your works, O LORD! In wisdom you have wrought them all—the earth is full of your creatures. Bless the LORD, O my soul! R.



Second Reading Genesis 22:1-18

God put Abraham to the test. He called to him, "Abraham!" "Here I am," he replied. Then God said: "Take your son Isaac, your only one, whom you love, and go to the land of Moriah. There you shall offer him up as a holocaust on a height that I will point out to you." Early the next morning Abraham saddled his donkey, took with him his son Isaac and two of his servants as well, and with the wood that he had cut for the holocaust, set out for the place of which God had told him.

On the third day Abraham got sight of the place from afar. Then he said to his servants: "Both of you stay here with the donkey, while the boy and I go on over yonder. We will worship and then come back to you." Thereupon Abraham took the wood for the holocaust and laid it on his son Isaac's shoulders, while he himself carried the fire and the knife. As the two walked on together, Isaac spoke to his father Abraham: "Father!" Isaac said. "Yes, son, " he replied. Isaac continued, "Here are the fire and the wood, but where is the sheep for the holocaust?" "Son," Abraham answered, "God himself will provide the sheep for the holocaust." Then the two continued going forward.

When they came to the place of which God had told him, Abraham built an altar there and arranged the wood on it. Next he tied up his son Isaac, and put him on top of the wood on the altar. Then he reached out and took the knife to slaughter his son. But the LORD's messenger called to him from heaven, "Abraham, Abraham!" "Here I am!" he answered. "Do not lay your hand on the boy," said the messenger. "Do not do the least thing to him. I know now how devoted you are to God, since you did not withhold from me your own beloved son." As Abraham looked about, he spied a ram caught by its horns in the thicket. So he went and took the ram and offered it up as a holocaust in place of his son. Abraham named the site Yahwehyireh; hence people now say, "On the mountain the LORD will see."

Again the LORD's messenger called to Abraham from heaven and said: "I swear by myself, declares the LORD, that because you acted as you did in not withholding from me your beloved son, I will bless you abundantly and make your descendants as countless as the stars of the sky and the sands of the seashore; your descendants shall take possession of the gates of their enemies, and in your descendants all the nations of the earth shall find blessing—all this because you obeyed my command."

Responsorial Psalm

Psalm 16

R. You are my inheritance, O Lord.

O LORD, my allotted portion and my cup, you it is who hold fast my lot. I set the LORD ever before me; with him at my right hand I shall not be disturbed. R.

Therefore my heart is glad and my soul rejoices, my body, too, abides in confidence; because you will not abandon my soul to the netherworld, nor will you suffer your faithful one to undergo corruption. **R**.

You will show me the path to life, fullness of joys in your presence, the delights at your right hand forever. R.

You water the mountains from your palace; he earth is replete with the fruit of your works. You raise grass for the cattle, and vegetation for man's use, Producing bread from the earth. **R**.

How manifold are your works, O LORD. In wisdom you have wrought them all—the earth is full of your creatures. Bless the LORD, O my soul! R.

The LORD said to Moses, "Why are you crying out to me? Tell the Israelites to go forward. And you, lift up your staff and, with hand outstretched ov er the sea, split the sea in two, that the Israelites may pass through it on dry land. But I will make the Egyptians so obstinate that they will go in after them. Then I will receive glory through Pharaoh and all his army, his chariots and charioteers. The Egyptians shall know that I am the LORD, when I receive glory through Pharaoh and his chariots and charioteers."

The angel of God, who had been leading Israel's camp, now moved and went around behind them. The column of cloud also, leaving the front, took up its place behind them so that it came between the camp of the Egyptians and that of Israel. But the cloud now became dark, and thus the night passed without the rival camps coming any closer together all night long. Then Moses stretched out his hand over the sea, and the LORD swept the sea with a strong east wind throughout the night and so turned it into dry land. When the water was thus divided, the Israelites marched into the midst of the sea on dry land, with the water like a wall to their right and to their left.

The Egyptians followed in pursuit; all Pharaoh's horses and chariots and charioteers went after them right into the midst of the sea. In the night watch just before dawn the LORD cast through the column of the fiery cloud upon the Egyptian force a glance that threw it into a panic; and he so clogged their chariot wheels that they could hardly drive. With that the Egyptians sounded the retreat before Israel, because the LORD was fighting for them against the Egyptians.

Then the LORD told Moses, "Stretch out your hand over the sea, that the water may flow back upon the Egyptians, upon their chariots and their charioteers." So Moses stretched out his hand over the sea, and at dawn the sea flowed back to its normal depth. The Egyptians were fleeing head on toward the sea, when the LORD hurled them into its midst.

As the water flowed back, it covered the chariots and the charioteers of Pharaoh's whole army which had followed the Israelites into the sea. Not a single one of them escaped. But the Israelites had marched on dry land through the midst of the sea, with the water like a wall to their right and to their left. Thus the LORD saved Israel on that day from the power of the Egyptians. When Israel saw the Egyptians lying dead on the seashore and beheld the great power that the LORD had shown against the Egyptians, they feared the LORD and believed in him and in his servant Moses. Then Moses and the Israelites sang this song to the LORD: I will sing to the LORD, for he is gloriously triumphant; horse and chariot he has cast into the sea.



The Children of Israel Crossing the Red Sea, Henri-Frederic Schopin (c.1855)

Responsorial Exodus 15

R. Let us sing to the Lord; for he has covered himself in glory.

O I will sing to the LORD, for he is gloriously triumphant; horse and chariot he has cast into the sea. My strength and my courage is the LORD, and he has been my savior. He is my God, I praise him; the God of my father, I extol him. right hand I shall not be disturbed. **R**.

The LORD is a warrior, LORD is his name! Pharaoh's chariots and army he hurled into the sea; the elite of his officers were submerged in the Red Sea. **R**.

The flood waters covered them, they sank into the depths like a stone. Your right hand, O LORD, magnificent in power, your right hand, O LORD, has shattered the enemy. R.

You brought in the people you redeemed and planted them on the mountain of your inheritance the place where you made your seat, O LORD, the sanctuary, LORD, which your hands established. The LORD shall reign forever and ever. **R**.

Fourth Reading Isaiah 54:5-14

The One who has become your husband is your Maker; his name is the LORD of hosts; your redeemer is the Holy One of Israel, called God of all the earth. The LORD calls you back, like a wife forsaken and grieved in spirit, a wife married in youth and then cast off, says your God.

For a brief moment I abandoned you, but with great tenderness I will take you back. In an outburst of wrath, for a momento I hid my face from you; but with enduring love I take pity on you, says the LORD, your redeemer. This is for me like the days of Noah, when I swore that the waters of Noah should never again deluge the earth; so I have sworn not to be angry with you, or to rebuke you.

Though the mountains leave their place and the hills be shaken, my love shall never leave you nor my covenant of peace be shaken, says the LORD, who has mercy on you. O afflicted one, storm-battered and unconsoled, I lay your pavements in carnelians, and your foundations in sapphires; I will make your battlements of rubies, your gates of carbuncles, and all your walls of precious stones. All your children shall be taught by the LORD, and great shall be the peace of your children. In justice shall you be established, far from the fear of oppression, where destruction cannot come near you.

Responsorial Psalm

Psalm 30

R. I will praise you Lord, for you have rescued me.

I will extol you, O LORD, for you drew me clear and did not let my enemies rejoice over me. O LORD, you brought me up from the netherworld; you preserved me from among those going down into the pit. R.

Sing praise to the LORD, you his faithful ones, and give thanks to his holy name. For his anger lasts but a moment; a lifetime, his good will. At nightfall, weeping enters in, but with the dawn, rejoicing. **R**.

Hear, O LORD, and have pity on me; O LORD, be my helper. You changed my mourning into dancing; O LORD, my God, forever will I give you thanks. **R**.

Fifth Reading Isaiah 55:1-11

Thus says the LORD: All you who are thirsty, come to the water! You who have no money, come, receive grain and eat; come, without paying and without cost, drink wine and milk! Why spend your money for what is not bread, your wages for what fails to satisfy? Heed me, and you shall eat well, you shall delight in rich fare. Come to me heedfully, listen, that you may have life. I will renew with you the everlasting covenant, the benefits assured to David. As I made him a witness to the peoples, a leader and commander of nations, so shall you summon a nation you knew not, and nations that knew you not shall run to you, because of the LORD, your God, the Holy One of Israel, who has glorified you.

Seek the LORD while he may be found, call him while he is near. Let the scoundrel forsake his way, and the wicked man his thoughts; let him turn to the LORD for mercy; to our God, who is generous in forgiving. For my thoughts are not your thoughts, nor are your ways my ways, says the LORD. As high as the heavens are above the earth, so high are my ways above your ways and my thoughts above your thoughts.

For just as from the heavens the rain and snow come down and do not return there till they have watered the earth, making it fertile and fruitful, giving seed to the one who sows and bread to the one who eats, so shall my word be that goes forth from my mouth; my word shall not return to me void, but shall do my will, achieving the end for which I sent it.

Responsorial Isaiah 12

R. You will draw water joyfully from the springs of salvation.

God indeed is my savior; I am confident and unafraid. My strength and my courage is the LORD, and he has been my savior. With joy you will draw water at the fountain of salvation. R.

Give thanks to the LORD, acclaim his name; among the nations make known his deeds, proclaim how exalted is his name. **R**.

Sing praise to the LORD for his glorious achievement; let this be known throughout all the earth. Shout with exultation, O city of Zion, for great in your midst is the Holy One of Israel! **R**.

Sixth Reading

Hear, O Israel, the commandments of life: listen, and know prudence! How is it, Israel, that you are in the land of your foes, grown old in a foreign land, defiled with the dead, accounted with those destined for the netherworld? You have forsaken the fountain of wisdom! Had you walked in the way of God, you would have dwelt in enduring peace. Learn where prudence is, where strength, where understanding; that you may know also where are length of days, and life, where light of the eyes, and peace. Who has found the place of wisdom, who has entered into her treasuries?

The One who knows all things knows her; he has probed her by his knowledge. The One who established the earth for all time, and filled it with four-footed beasts; he who dismisses the light, and it departs, calls it, and it obeys him trembling; before whom the stars at their posts shine and rejoice; when he calls them, they answer, "Here we are!" shining with joy for their Maker. Such is our God; no other is to be compared to him: he has traced out the whole way of understanding, and has given her to Jacob, his servant, to Israel, his beloved son.

Since then she has appeared on earth, and moved among people. She is the book of the precepts of God, the law that endures forever; all who cling to her will live, but those will die who forsake her. Turn, O Jacob, and receive her: walk by her light toward splendor. Give not your glory to another, your privileges to an alien race. Blessed are we, O Israel; for what pleases God is known to us!

Responsorial Psalm

Psalm 19

R. Lord, you have the words of everlasting life.

The law of the LORD is perfect, refreshing the soul; the decree of the LORD is trustworthy, giving wisdom to the simple. **R**.

The precepts of the LORD are right, rejoicing the heart; the command of the LORD is clear, enlightening the eye. **R**.

The fear of the LORD is pure, enduring forever; the ordinances of the LORD are true, all of them just. \mathbb{R} .

They are more precious than gold, than a heap of purest gold; sweeter also than syrup or honey from the comb. **R**.

Seventh Reading

The word of the LORD came to me, saying: Son of man, when the house of Israel lived in their land, they defiled it by their conduct and deeds. Therefore I poured out my fury upon them because of the blood that they poured out on the ground, and because they defiled it with idols. I scattered them among the nations, dispersing them over foreign lands; according to their conduct and deeds I judged them.

But when they came among the nations wherever they came, they served to profane my holy name, because it was said of them: "These are the people of the LORD, yet they had to leave their land." So I have relented because of my holy name which the house of Israel profaned among the nations where they came. Therefore say to the house of Israel: Thus says the Lord GOD: Not for your sakes do I act, house of Israel, but for the sake of my holy name, which you profaned among the nations to which you came. I will prove the holiness of my great name, profaned among the nations, in whose midst you have profaned it.

Thus the nations shall know that I am the LORD, says the Lord GOD, when in their sight I prove my holiness through you. For I will take you away from among the nations, gather you

from all the foreign lands, and bring you back to your own land. I will sprinkle clean water upon you to cleanse you from all your impurities, and from all your idols I will cleanse you. I will give you a new heart and place a new spirit within you, taking from your bodies your stony hearts and giving you natural hearts. I will put my spirit within you and make you live by my statutes, careful to observe my decrees. You shall live in the land I gave your fathers; you shall be my people, and I will be your God.

"I will give you a new heart... taking from your bodies your stony hearts and giving you natural hearts"



R. You will draw water joyfully from the springs of salvation.

God indeed is my savior; I am confident and unafraid. My strength and my courage is the LORD, and he has been my savior. With joy you will draw water at the fountain of salvation. R.

Give thanks to the LORD, acclaim his name; among the nations make known his deeds, proclaim how exalted is his name. **R**.

Sing praise to the LORD for his glorious achievement; let this be known throughout all the earth.

Shout with exultation, O city of Zion, for great in your midst is the Holy One of Israel! R.

Or

R. Create a clean heart in me, O God.

A clean heart create for me, O God, and a steadfast spirit renew within me. Cast me not out from your presence, and your Holy Spirit take not from me. R.

Give me back the joy of your salvation, and a willing spirit sustain in me. I will teach transgressors your ways, and sinners shall return to you. R.

For you are not pleased with sacrifices; should I offer a holocaust, you would not accept it. My sacrifice, O God, is a contrite spirit; a heart contrite and humbled, O God, you will not spurn. **R**.

After the last Reading from the Old Testament with its Responsorial psalm and its prayer, the Priest intones the hymn Gloria in Excelsis Deo.

The candles are lit and the bells are rung throught the whole Gloria



If you have bells, rattles or noisemakers, encourage little ones to make a joyful noise during the Gloria

Gloria in Excelsis Deo

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

> For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.



Collect

O God, who makes this Most Sacred night radiant with the glory of the Lord's Resurrection, stir up in your Church a spirit of adoption, so that, renewed in body and mind, we may render in body and mind, we may render your undivided service. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God for ever and ever.

Epistle Romans 6:3-11

Brothers and sisters: Are you unaware that we who were baptized into Christ Jesus were baptized into his death? We were indeed buried with him through baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, we too might live in newness of life. For if we have grown into union with him through a death like his, we shall also be united with him in the resurrection. We know that our old self was crucified with him, so that our sinful body might be done away with, that we might no longer be in slavery to sin. For a dead person has been absolved from sin.

If, then, we have died with Christ, we believe that we shall also live with him. We know that Christ, raised from the dead, dies no more; death no longer has power over him. As to his death, he died to sin once and for all; as to his life, he lives for God. Consequently, you too must think of yourselves as being dead to sin and living for God in Christ Jesus.

After the Epistle has been read, all rise, the Priest solemnly intones the Alleluia three times, raising his voice by a step each time, with all repeating it. The the cantor proclaims Psalm 118 with the people responding Alleluia

Responsorial Psalm

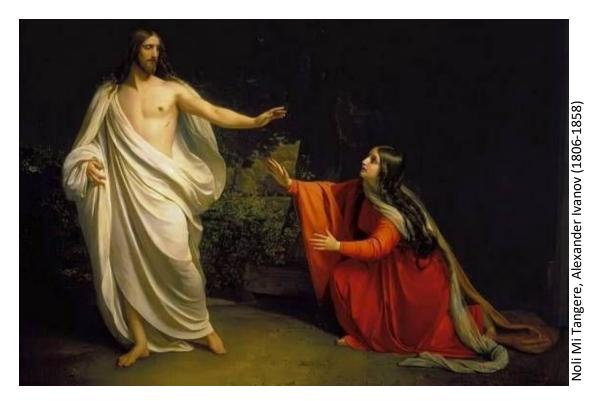
Isaiah 12

R. Alleluia, alleluia, alleluia.

Give thanks to the LORD, for he is good, for his mercy endures forever. Let the house of Israel say, "His mercy endures forever." R.

The right hand of the LORD has struck with power; the right hand of the LORD is exalted. I shall not die, but live, and declare the works of the LORD. R.

The stone the builders rejected has become the cornerstone. By the LORD has this been done; it is wonderful in our eyes. **R**.



Gospel Matthew 28:1-10

After the sabbath, as the first day of the week was dawning, Mary Magdalene and the other Mary came to see the tomb. And behold, there was a great earthquake; for an angel of the Lord descended from heaven, approached, rolled back the stone, and sat upon it. His appearance was like lightning and his clothing was white as snow. The guards were shaken with fear of him and became like dead men.

Then the angel said to the women in reply, "Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for he has been raised just as he said.

Come and see the place where he lay. Then go quickly and tell his disciples,

'He has been raised from the dead, and he is going before you to Galilee; there you will see him.' Behold, I have told you."

Then they went away quickly from the tomb, fearful yet overjoyed, and ran to announce this to his disciples.

And behold, Jesus met them on their way and greeted them.

They approached, embraced his feet, and did him homage.

Then Jesus said to them, "Do not be afraid.

Go tell my brothers to go to Galilee, and there they will see me."

Homily

Ordinarily, the Easter Vigil is when new Christians are baptized into the faith. Babies should be baptized when they are born, but there are many people who are not baptized until they are older. All those over the age of reason, are baptized and welcomed into the Church at the Easter Vigil.

Please pray for all those who are preparing for baptism and who have it delayed because of the pandemic. May God continue to work in their hearts and strengthen them in the faith.

Renewal of Baptismal Promises

Everyone should join together in renewing the promises made at their baptism. Families at home are welcome to hold lighted candles. If you have Holy Water, bless yourselves with it now.

Priest: Dear brethren (brothers and sisters), through the Paschal Mystery

we have been buried with Christ in Baptism, so that we may walk with him in newness of life.

And so, now that our Lenten observance is concluded,

let us renew the promises of Holy Baptism,

by which we once renounced Satan and his works

and promised to serve God in the holy Catholic Church. And so I ask you:

Priest: Do you renounce Satan?

All: I do.

Priest: And all his works?

All: I do.

Priest: And all his empty show?

All: I do.

Or:

Priest: Do you renounce sin, so as to live in the freedom of the children of God?

All: I do.

Priest: Do you renounce the lure of evil, so that sin may have no mastery over you?

All: I do.

Priest: Do you renounce Satan, the author and prince of sin?

All: I do.

THE LITURGY OF THE EUCHARIST

Eucharistic Prayer 1: The Roman Canon and Preface 1 of Easter are used.

Sanctus

Sanctus, Sanctus Dóminus Deus Sábaoth. Pleni sunt coeli et terra glória tua. Hosánna in excélsis. Benedictus qui venit in nominee Dómini. Hosánna in excélsis.

> Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

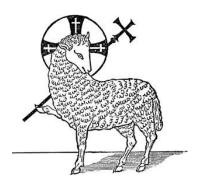
Our Father

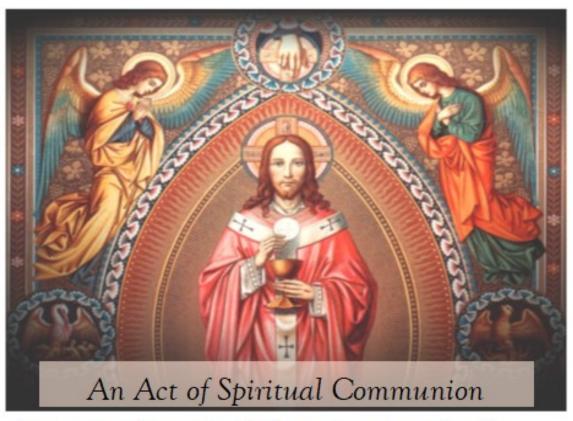
Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy Will be done, on Earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation and deliver us from evil.

Agnus Dei

Agnus Dei, qui tollis peccáta mundi: miserére nobis Agnus Dei, qui tollis peccáta mundi: miserére nobis Agnus Dei, qui tollis peccáta mundi: dona nobis pacem.

> Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, grant us peace.





When you are unable to receive Holy Communion, you can make an Act of Spiritual Communion. To do so express your faith in Christ and in His Presence in the Eucharist, and ask Him to unite Himself with you. The basic elements of an Act of Spiritual Communion are an Act of Faith, an Act of Love, a desire to receive Christ, and an invitation to Him to come into your heart.

The following text presents a popular form of an Act of Spiritual Communion written by St. Alphonsus de Liguori. Simply face the Tabernacle if you are in a Church or Chapel or, if at home, face the direction of the closest Church.

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.

1 Cor 5: 7-8

Christ our Passover has been sacrificed; therefore let us keep the feast with the unleavened bread of purity and truth, alleluia.

Psalm 118 (117) may appropriately be sung.

Prayer after Communion

Pour out on us, O Lord, the Spirit of your love, and in your kindness make those you have nourished by this paschal Sacrament one in mind and heart. Through Christ our Lord.

Solemn Blessing

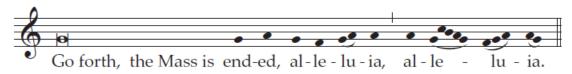
May almighty God bless you through today's Easter Solemnity and, in his compassion, defend you from every assault of sin. **R**. Amen.

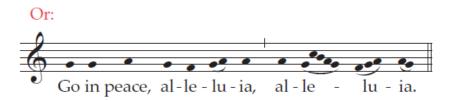
And may he, who restores you to eternal life in the Resurrection of his Only Begotten, endow you with the prize of immortality. **?**. Amen.

Now that the days of the Lord's Passion have drawn to a close, may you who celebrate the gladness of the Paschal Feast come with Christ's help, and exulting in spirit, to those feasts that are celebrated in eternal joy. R. Amen.

And may the blessing of almighty God, the Father, and the Son, X and the Holy Spirit, come down on you and remain with you for ever. **R**. Amen.







All reply:



Easter

The Sunday of the Resurrection



How can we observe Easter at home?

The liturgical season of Easter begins at the Easter Vigil and continues for 50 days—to Pentecost. This is a time of celebration and thanksgiving. Our Lord and Savior rose from the dead and walked and talked with his disciples. During Easter season we will celebrate our Lord rising to Heaven on the feast the Ascension of the Lord on May 24th and the Holy Spirit descending on the Apostles on the feast of Pentecost on May 31st.

The celebration of the Resurrection of Christ is especially celebrated during the Octave of Easter—the 8 days of Easter week and the following Sunday. The Gloria is sung every day during the Mass and the full Roman Canon is often prayed. This is a time of feasting and joy!

- Sing the Gloria or some joyous Easter music at home.
- Learn about the Paschal Candle with the <u>Illustrated Guide to the Paschal Candle</u> from FOCUS Campus Ministry.
- Get up early on Easter morning and have a time of prayer and breakfast outdoors in the cool air.
- Watch Easter Mass on television from the Cathedral or livestreamed from a parish.
- Watch the Pope's 11am Easter Mass which will be followed by an "urbi et orbi" message
 (to the city and the world). The Mass will be broadcast on <u>Vatican News' YouTube</u>
 <u>Channel</u>. The Urbi et Orbi is accompanied by a papal blessing and can earn a plenary indulgence. <u>Click here for more information about plenary indulgences.</u>
- Learn about Easter traditions around the world.
- Pray the Joyous Mysteries of the Rosary
- Watch these videos on Easter:

Easter Sunday—Catholic Online

Bishop Barron on the Meaning of Easter

Bishop Barron on the Resurrection of Jesus

Fr. Mike Schmitz-Easter Special

Easter in Song

Victimae Paschali Laudes

Easter is one of the few days where we have a sequence, which is essentially a hymn before the Gospel. The Easter Sequence is the Victimae Paschali Laudes. You can view the text on page 112.

<u>Victimae Paschali Laudes</u> (Latin Chant) <u>Christians, Praise the Paschal Victim</u> (English)

Victimae Paschali Laudes (Latin Choral) A La Víctima Pascual (Spanish)

Niech w święto radosne Paschalnej Ofiary (Polish)

Easter Hymns: Old and New

See the hymnal at the back of this book for older public domain hymns

Alleluia! Sing to Jesus

Jesus Christ is Risen Today

Alleluia! Alleluia! Let the Holy Anthem Rise

At the Lamb's High Feast

Sing with All the Saints in Glory

The Strife is O'er

Three Days

Ye Sons and Daughters

Regina Caeli

Surrexit Dominus Vere

ZWYCIĘZCA ŚMIERCI

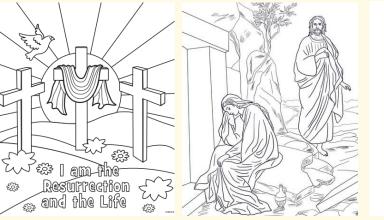
Resucito

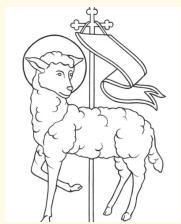


Easter Activities

Coloring Pages

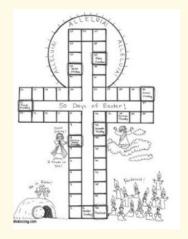
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50 Days of Easter Calendar

- Easter poem fill in the blank from Loyola Press
- The Road to Emmaus Play from Loyola Press
- Easter Table Prayer Cards from Sadlier
- Three Women at the Tomb Skit
- Easter Crosses Math Activity
- Empty Tomb Craft

AT MASS DURING THE DAY (EASTER DAY)

Entrance Antiphon

Cf. Ps 139 (138): 18, 5-6

I have risen, and I am with you still, alleluia. You have laid your hand upon me, alleluia. Too wonderful for me, this knowledge, alleluia, alleluia.

Or: Lk 24: 34; cf. Rev 1: 6

The Lord is truly risen, alleluia.

To him be glory and power
for all the ages of eternity, alleluia, alleluia.



Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect

O God, who on this day, through your Only Begotten Son, have conquered death and unlocked for us the path to eternity, grant, we pray, that we who keep the solemnity of the Lord's e Resurrection may, through the renewal brought by your Spirit, rise up in the light of life Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

First Reading Acts 10:34A, 37-43

Peter proceeded to speak and said:
"You know what has happened all over Judea, beginning in Galilee after the baptism that John preached, how God anointed Jesus of Nazareth with the Holy Spirit and power.

He went about doing good and healing all those oppressed by the devil, for God was with him.

We are witnesses of all that he did both in the country of the Jews and in Jerusalem.

They put him to death by hanging him on a tree.

This man God raised on the third day and granted that he be visible,

not to all the people, but to us, the witnesses chosen by God in advance, who ate and drank with him after he rose from the dead. He commissioned us to preach to the people

and testify that he is the one appointed by God as judge of the living and the dead.

To him all the prophets bear witness,

that everyone who believes in him will receive forgiveness of sins through his name."

R. This is the day the Lord has made; let us rejoice and be glad.

Give thanks to the LORD, for he is good, for his mercy endures forever. Let the house of Israel say, "His mercy endures forever." . R.

"The right hand of the LORD has struck with power; the right hand of the LORD is exalted. I shall not die, but live, and declare the works of the LORD.". R.

The stone which the builders rejected has become the cornerstone. By the LORD has this been done; it is wonderful in our eyes. just. **R**.

Second Reading Colossians 3:1-4

Brothers and sisters: If then you were raised with Christ, seek what is above, where Christ is seated at the right hand of God. Think of what is above, not of what is on earth. For you have died, and your life is hidden with Christ in God. When Christ your life appears, then you too will appear with him in glory.

OR Corinthians 5:6b-8

Brothers and sisters: Do you not know that a little yeast leavens all the dough? Clear out the old yeast, so that you may become a fresh batch of dough, inasmuch as you are unleavened. For our paschal lamb, Christ, has been sacrificed. Therefore, let us celebrate the feast, not with the old yeast, the yeast of malice and wickedness, but with the unleavened bread of sincerity and truth.

Sequence - Victimae Paschali Laudes

Christians, to the Paschal Victim Offer your thankful praises!

A Lamb the sheep redeems; Christ, who only is sinless, Reconciles sinners to the Father.

Death and life have contended in that combat stupendous:

The Prince of life, who died, reigns immortal.

Speak, Mary, declaring What you saw, wayfaring. "The tomb of Christ, who is living,

The glory of Jesus' resurrection; bright angels attesting, The shroud and napkin resting.

Yes, Christ my hope is arisen; to Galilee he goes before you."

Christ indeed from death is risen, our new life obtaining.

Have mercy, victor King, ever reigning! Amen. Alleluia.



Noli Me Tangere, Paolo Caliari (1528)

Gospel John 20:1-9

On the first day of the week, Mary of Magdala came to the tomb early in the morning, while it was still dark, and saw the stone removed from the tomb.

So she ran and went to Simon Peter and to the other disciple whom Jesus loved, and told them, "They have taken the Lord from the tomb, and we don't know where they put him."

So Peter and the other disciple went out and came to the tomb.

They both ran, but the other disciple ran faster than Peter and arrived at the tomb first; he bent down and saw the burial cloths there, but did not go in.

When Simon Peter arrived after him, he went into the tomb and saw the burial cloths there, and the cloth that had covered his head,

not with the burial cloths but rolled up in a separate place.

Then the other disciple also went in, the one who had arrived at the tomb first, and he saw and believed.

For they did not yet understand the Scripture that he had to rise from the dead.

The Creed

It is permitted to use either the Nicene or the Apostles Creed throughout the year, During the seasons of Lent and Easter however, the Apostles Creed is deemed especially fitting as it is the baptismal Symbol of the Roman Church (Roman Missal, Order of the Mass, 19)

Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, all bow who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins,

the resurrection of the body, and life everlasting. Amen.

The Prayer of the Faithful / The Universal Prayer

I believe in God, the Father almighty,

Feel free to add your own petitions either silently or aloud in your own homes.

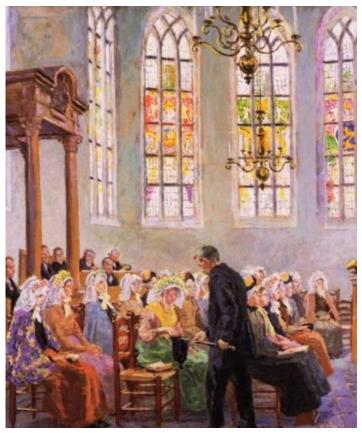
We remember especially those who are suffering during this pandemic and the medical staff and families who care for them, and the priests who minister to them.

Offertory

If you have children in the home, you might pass a basket and take up a little collection just as would happen at church.

Lent is still a time of almsgiving and sacrificial offerings, even though we may be in our homes. Don't forget your parish or St.

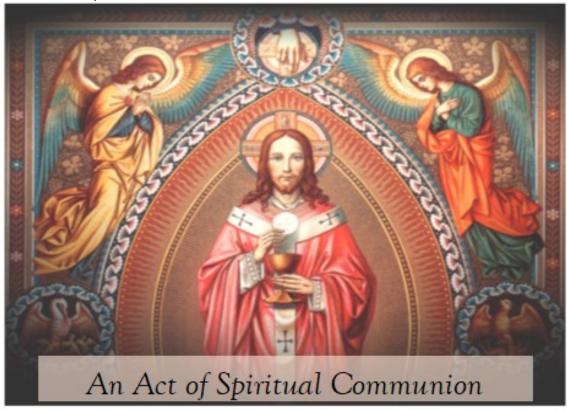
Vincent de Paul society.



The Offertory, Gary Melchers, (c. 1890s)

THE LITURGY OF THE EUCHARIST

Eucharistic Prayer 1: The Roman Canon and Preface 1 of Easter are used.



When you are unable to receive Holy Communion, you can make an Act of Spiritual Communion. To do so express your faith in Christ and in His Presence in the Eucharist, and ask Him to unite Himself with you. The basic elements of an Act of Spiritual Communion are an Act of Faith, an Act of Love, a desire to receive Christ, and an invitation to Him to come into your heart.

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My Jesus,

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I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen. Christ our Passover has been sacrificed, alleluia; therefore let us keep the feast with the unleavened bread of purity and truth, alleluia, alleluia.

Prayer after Communion

Look upon your Church, O God, with unfailing love and favor, so that, renewed by the paschal mysteries, she may come to the glory of the resurrection. Through Christ our Lord

Solemn Blessing

May almighty God bless you through today's Easter Solemnity and, in his compassion, defend you from every assault of sin. **R**. Amen.

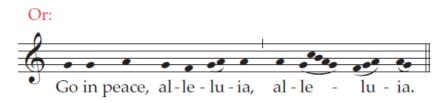
And may he, who restores you to eternal life in the Resurrection of his Only Begotten, endow you with the prize of immortality. **?**. Amen.

Now that the days of the Lord's Passion have drawn to a close, may you who celebrate the gladness of the Paschal Feast come with Christ's help, and exulting in spirit, to those feasts that are celebrated in eternal joy. **R**. Amen.

And may the blessing of almighty God, the Father, and the Son, X and the Holy Spirit, come down on you and remain with you for ever. **R**. Amen.







All reply:



THE HOLY ROSARY

The rosary has been a source of comfort and fountain of miracles for generations of Catholics. It is a remedy against the trials, temptations and hardships of life—and is a great tool in the fight against evil. In the repetition of Our Fathers and angelic salutations (Hail Marys) we join with the angels in acknowledging and seeking God's will to be done in our lives and in the world.

To learn more about the history of the Rosary <u>click here</u>. Fr. Muir (St. Thomas Aquinas) offers his reflections on <u>Why to Pray the Rosary</u>.

If you are new to the Rosary and would like a step to step guide of how to pray it:

- Dynamic Catholic offers a fantastic guide.
- A printable pdf version is available from <u>Our Sunday Visitor</u>.

For those of you who have been praying the Rosary regularly for ages, did you know there are different ways to pray it? Try a new way to help deepen your prayer life and experience of the Holy Rosary.

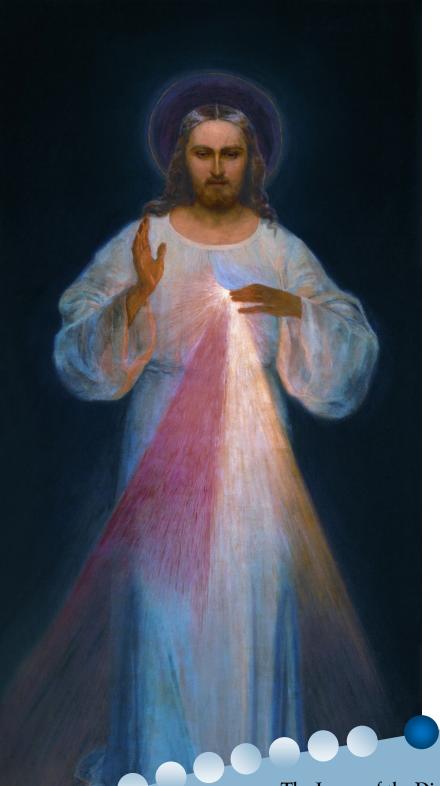
- Scriptural Rosary
- The Life of Christ (Carthusian) Rosary
- The Franciscan Crown (7 Joys of Mary)

This Holy Week and Easter consider making the Rosary part of your daily or weekly devotions. It is traditional to pray the Glorious Mysteries on Sunday and Wednesday, the Joyful on Monday and Saturday, the Sorrowful on Tuesday and Friday and the Luminous on Thursday. You can follow that schedule. Or some alternate of it.

In Lent and Holy Week, you could pray the Sorrowful every day.

In Easter, you could pray the Glorious every day.

Consider praying the Luminous on Holy Thursday, to celebrate the First Eucharist and priesthood.



Divine Mercy Sunday

In a series of revelations to St. Maria Faustina Kowalska in the 1930s, our Lord called for a special feast day to be celebrated on the Sunday after Easter.

Today, we know that feast as Divine Mercy Sunday, named by Blessed John Paul II at the canonization of St. Faustina on April 30, 2000.

Watch a video about the image

The Image of the Divine Mercy

In 1931, our Lord appeared to St. Faustina in a vision. She saw Jesus clothed in a white garment with His right hand raised in blessing. His left hand was touching His garment in the area of the Heart, from where two large rays came forth, one red and the other pale. She gazed intently at the Lord in silence, her soul filled with awe, but also with great joy. Jesus said to her: Paint an image according to the pattern you see, with the signature: Jesus, I trust in You. I promise that the soul that will venerate this image will not perish The red ray represents Christ's Blood and the pale ray for the Water which makes souls righteous—the two rays issued forth when the Sacred Heart was lanced.

The Chaplet and the Novena

In 1935, St. Faustina received a vision of an angel sent by God to chastise a certain city. She began to pray for mercy, but her prayers were powerless. Suddenly she saw the Holy Trinity and felt the power of Jesus' grace within her. At the same time she found herself pleading with God for mercy with words she heard interiorly. Jesus taught her how to intercede for others, calling on His Divine Mercy. He showed her that these prayers were not just for her but for the whole world.

You can learn to pray the Divine Mercy Chaplet here.
A beautiful sung version of the Chaplet is available here.

The Lord also asked that a Novena to be made. The Novena of the Divine Mercy can be made any day, but if said in preparation for Divine Mercy Sunday, it begins on Good Friday.

The <u>Divine Mercy Novena can be found here</u> or <u>here as a PDF</u>.



The Hour of Mercy

In His revelations to St. Faustina, Our Lord asked for a special prayer and meditation on

His Passion each afternoon at the three o'clock hour, the hour that recalls His death on the cross.

"At three o'clock, implore My mercy, especially for sinners; and, if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony. This is the hour of great mercy. In this hour, I will refuse nothing to the soul that makes a request of Me in virtue of My Passion (Diary, 1320).

He asked her (and us) to make the Stations of the Cross in this hour, or to at least step into the chapel for a moment and adore Him, in the Most Blessed Sacrament.

DIVINE MERCY SUNDAY

Entrance Antiphon 1 Pt 2: 2

Like newborn infants, you must long for the pure, spiritual milk, that in him you may grow to salvation, alleluia.

Or: 4 Esdr 2: 36-37

Receive the joy of your glory, giving thanks to God, who has called you into the heavenly kingdom, alleluia.



Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Collect

God of everlasting mercy, who in the very recurrence of the paschal feast kindle the faith of the people you have made your own, increase, we pray, the grace you have bestowed, that all may grasp and rightly understand in what font they have been washed, by whose Spirit they have been reborn, by whose Blood they have been redeemed. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

First Reading Acts 2:42-47

They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of bread and to the prayers. Awe came upon everyone, and many wonders and signs were done through the apostles. All who believed were together and had all things in common; they would sell their property and possessions and divide them among all according to each one's need. Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people. And every day the Lord added to their number those who were being saved.

Responsorial Psalm

Psalm 118

R. Give thanks to the Lord, for he is good, his love is everlasting.

Let the house of Israel say, "His mercy endures forever."

Let the house of Aaron say, "His mercy endures forever."

Let those who fear the LORD say, "His mercy endures forever." R.

I was hard pressed and was falling, but the LORD helped me. My strength and my courage is the LORD, and he has been my savior. The joyful shout of victory in the tents of the just: . R.

The stone which the builders rejected has become the cornerstone. By the LORD has this been done; it is wonderful in our eyes. This is the day the LORD has made; let us be glad and rejoice in it. . **R**.

Second Reading 1 Peter 1:3-9

Blessed be the God and Father of our Lord Jesus Christ, who in his great mercy gave us a new birth to a living hope through the resurrection of Jesus Christ from the dead, to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you who by the power of God are safeguarded through faith, to a salvation that is ready to be revealed in the final time. In this you rejoice, although now for a little while you may have to suffer through various trials, so that the genuineness of your faith, more precious than gold that is perishable even though tested by fire, may prove to be for praise, glory, and honor at the revelation of Jesus Christ. Although you have not seen him you love him; even though you do not see him now yet believe in him, you rejoice with an indescribable and glorious joy, as you attain the goal of your faith, the salvation of your souls

Gospel John 20:19-31

On the evening of that first day of the week, when the doors were locked, where the disciples were, for fear of the Jews, Jesus came and stood in their midst and said to them, "Peace be wit h you." When he had said this, he showed them his hands and his side. The disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained."

Thomas, called Didymus, one of the Twelve, was not with them when Jesus came. So the other disciples said to him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands and put my finger into the nailmarks and put my hand into his side, I will not believe."

Now a week later his disciples were again inside and Thomas was with them. Jesus came, although the doors were locked, and stood in their midst and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands, and bring your hand and put it into my side, and do not be unbelieving, but believe." Thomas answered and said to him, "My Lord and my God!" Jesus said to him, "Have you come to believe because you have seen me? Blessed are those who have not seen and have believed."

Now, Jesus did many other signs in the presence of his disciples that are not written in this book. But these are written that you may come to believe that Jesus is the Christ, the Son of God, and that through this belief you may have life in his name.

The Creed

It is permitted to use either the Nicene or the Apostles Creed throughout the year, During the seasons of Lent and Easter however, the Apostles Creed is deemed especially fitting as it is the baptismal Symbol of the Roman Church (Roman Missal, Order of the Mass, 19)

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
all bow
who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,

the resurrection of the body, and life everlasting. Amen.

The Prayer of the Faithful / The Universal Prayer

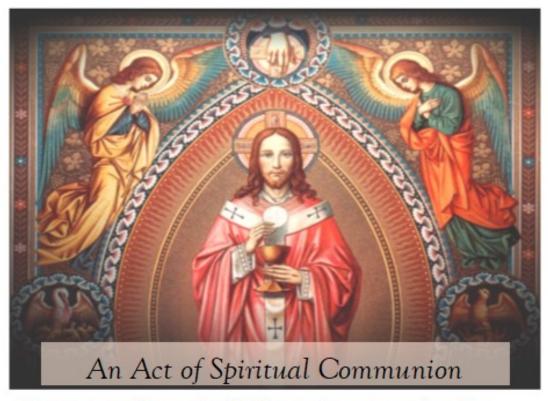
Feel free to add your own petitions either silently or aloud in your own homes. We remember especially those who are suffering during this pandemic and the medical staff and families who care for them, and the priests who minister to them.

Offertory

If you have children in the home, you might pass a basket and take up a little collection just as would happen at church. Lent is still a time of almsgiving and sacrificial offerings, even though we may be in our homes. Don't forget your parish or St. Vincent de Paul society.

The Widow's Mite, Louis-Edouard Dubufe, (c. 1880s)

Bring your hand and feel the place of the nails, and do not be unbelieving but believing, alleluia.



When you are unable to receive Holy Communion, you can make an Act of Spiritual Communion. To do so express your faith in Christ and in His Presence in the Eucharist, and ask Him to unite Himself with you. The basic elements of an Act of Spiritual Communion are an Act of Faith, an Act of Love, a desire to receive Christ, and an invitation to Him to come into your heart.

The following text presents a popular form of an Act of Spiritual Communion written by St. Alphonsus de Liguori. Simply face the Tabernacle if you are in a Church or Chapel or, if at home, face the direction of the closest Church.

My Jesus,

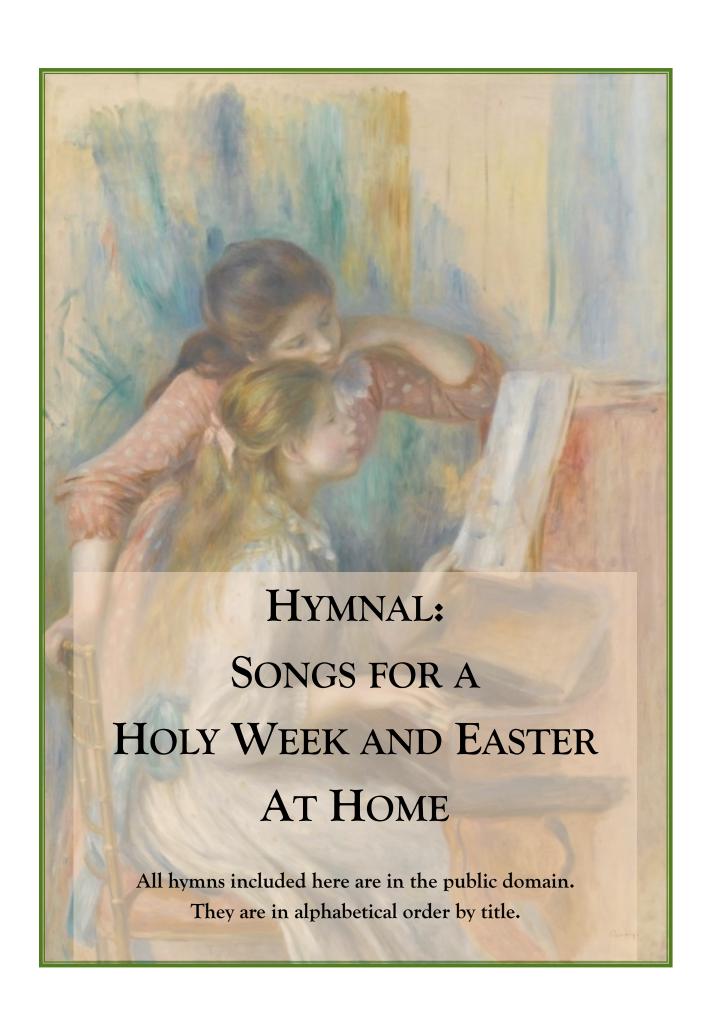
I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

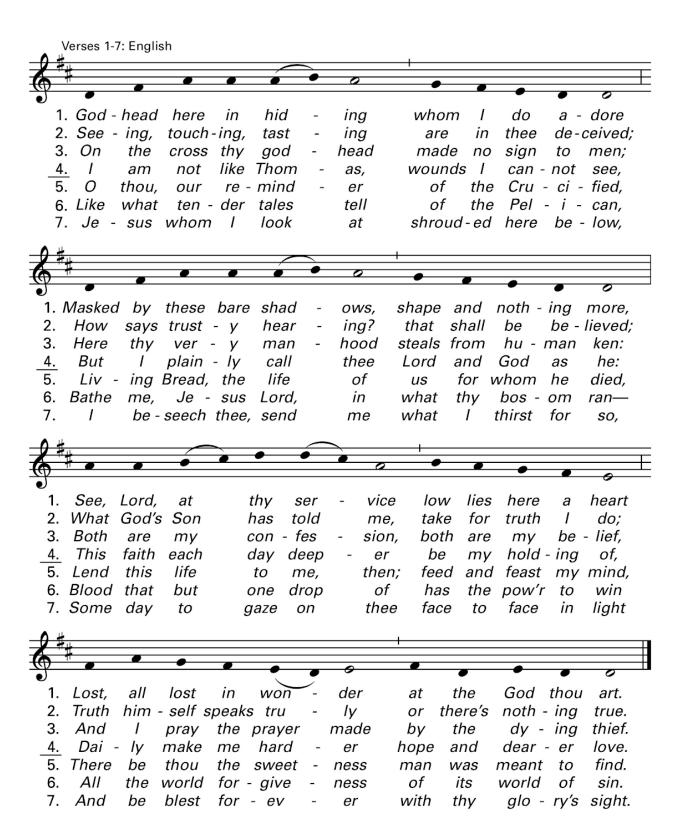


ADORO TE DEVOTE

ADORO TE DEVOTE

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Verses 1-7: Latin
 1. A - dó - ro
                                                la - tens Dé - i - tas.
                    te
                        de - vó
                                        te,
 2. Vi - sus,
                                                          fál - li - tur,
             ta - ctus,
                             gu
                                       stus
                                                     te
 3. In cru - ce
                    la
                              té
                                        bat
                                                so - la
                                                           Dé - i - tas,
 4. Pla - gas, si - cut
                             Tho
                                       mas,
                                                non in - tú - e - or:
 5. O me - mo - ri
                                        le
                                               mor - tis
                                                          Dó - mi - ni,
                              á
 6. Pi - e
             pel - li
                              cá
                                                Je - su
                                                          Dó - mi - ne,
                                        ne,
 7. Je - su, quem ve
                                               nunc a - spí - ci - o,
                              lá
                                       tum
                    fi - gú
1. Quae sub
              his
                                     ris
                                              ve - re
                                                         lá - ti - tas:
                                                         cré - di - tur:
2. Sed
         au - dí - tu
                                              tu - to
                                     lo
                          so
3.
   Αt
         hic
               la - tet
                          si
                                     mul
                                                    hu - má - ni - tas:
4. De - um
               ta - men
                                                   con - fí - te - or:
                         me
                                     um
5. Pa - nis
                                             prae - stans hó - mi - ni,
               vi - vus
                          νi
                                    tam
   Me
         im - mún-dum mun
                                     da
                                              tu - o
                                                         sán - gui - ne,
   0 - ro
               fi - at
                          il
                                     lud
                                             quod tam
                                                         sí - ti - o:
1. Ti - bi
                                                to - tum súb - ji - cit,
              se
                        cor
                             me
                                        um
2. Cre - do
             quid
                                                De - i
                                                           Fí - li - us:
                       quid
                             di
                                        xit
3. Am - bo
                                                at - que cón - fi - tens,
              ta
                       men
                             cre
                                       dens
4. Fac me
              ti
                         bi
                                        per
                                                ma - gis cré - de - re,
                             sem
5. Prae - sta
                                                           ví - ve - re,
              me
                        ae
                             men
                                        ti
                                                de
                                                      te
6. Cu - jus
              u
                             stil
                                        la
                                                sal - vum fá - ce - re
                        na
7. Ut
         te
              re
                        ve - lá
                                        ta
                                                cer-nens fá - ci - e,
                                                                        (Fine)
1. Qui - a
                   con - tém
                                    plans
                                                         dé - fi - cit.
               te
                                              to - tum
   Nil
        hoc
              ver - bo
                                              tá - tis
                                                         vé - ri - us.
                          ve
                                     ri
   Pe - to
             quod pe - tí
                                     vit
                                              la - tro
                                                        paé - ni - tens.
             spem ha - bé
                                                   di - lí - ge - re.
   In
         te
                                     re,
    Εt
               il - li
                                                         sá - pe - re.
         te
                         sem
                                     per
                                             dul - ce
   To - tum mun-dum quit
                                                        scé - le - re.
                                     ab
                                              o - mni
   Vi - su
              sim
                   be - á
                                              tu - ae
                                                        gló - ri - ae.
                                     tus
```

ADORO TE DEVOTE



ALL GLORY, LAUD AND HONOR

ST. THEODULPH





- 1. You are the King of Is ra el, And Da vid's roy al Son,
- 2. The com-pa-ny of an gels Are prais-ing you on high;
- 3. The peo-ple of the He brews With palms be fore you went:
- 4. To you be-fore your pas sion They sang their hymns of praise:
- 5. Their prais-es you ac cept ed, Ac cept the prayers we bring,



- 1. Now in the Lord's Name com ing, Our King and Bless-ed One.
- 2. And mor-tals, joined with all _ things Cre a ted, make re ply.
- 3. Our praise and prayers and an thems Be fore you we pre-sent.
- 4. To you, now high ex alt ed, Our mel-o dy we raise.
- 5. Great source of love and good ness, Our Sav-ior and our King.

Text: 76 76 D; Theodulph of Orleans, ca. 760–821; tr. by John M. Neale, 1818–1866, alt., *Hymanl Noted*, 1854. Music: Melchior Teschner, 1584–1635.



une maj - es - ty.

ALLELUIA! SING TO JESUS

HYFRYDOL ia! Sing to Je - sus! His the scep-ter, 1. Al - le - lu his the 2. Al - le - lu ia! King e - ter - nal, Thee the Lord of lords we 3. Al - le - lu ia! Al - le - lu - ia! Glo - ry be to God on His the tri - umph, His the vic - to-1. throne; Al - le - lu _ ia! 2. own. Al - le - lu ia! Born of Ma - ry, Earth thy foot-stool, Say - ior Who has won the 3. high; Al - le - lu ia the to a - lone; Hark! The songs of peace - ful Zi on ry 2. heav'n thy throne: Thou with - in veil hast the en - tered, vic Al - le - lu ia to the Spir - it, to - ry; a might - y flood; 1. Thun - der like Je sus out of 2. Robed in flesh, our great High Priest; Thou on earth both 3. Font of - ti - ty; ΑI love and sanc le - lu ia! tion Hath re-deemed his blood. ev ry us by na 2. priest and tim Eu cha - ris - tic feast. vic In the

Text: 87 87 D; based on Revelation 5:9; William Dix, 1837-1898, and compilers. Music: Rowland H. Prichard, 1811-1887.

the

tri

To

ia!

3.

ΑI

le - lu

ALLELUIA! ALLELUIA! LET THE HOLY ANTHEM RISE

Anonymous



- 1. Al-le-lu-ia! Al-le-lu-ia! Let the ho ly an-them rise, And the
- 2. Al-le-lu-ia! Al-le-lu-ia! Like the sun from out the wave, He has
- 3. Al-le lu ia! Al-le lu ia! Bless ed Je sus, make us rise From the



- 1. choirs of heav-en chant it In the tem ple of the skies; Let the
- 2. ris en up in tri-umph From the dark-ness of the grave. He's the
- 3. life of this cor-rup-tion To the life that nev-er dies. May your



- 1. moun-tains skip with glad-ness, And the joy ful val-leys ring With ho-
- 2. splen dor of the na-tions, He's the lamp of end-less day; He's the
- 3. glo ry be our por-tion, When the days of time are past, And the



- 1. san nas in the high est To our Sav ior and our King!
- 2. ver y Lord of glo ry Who is ris en up to day!
- 3. dead shall be a wak-ened By the trum pet's might-y blast

Text: 87 87 D; Anon.; probably American, ca 1887, alt. Music: St Basil's Hymnal, 1889.





Text: 77 77 D; Ad regias Agni dapes; Latin, 4th cent.; tr. by Robert Campbell, 1814–1868, alt. Music: Jakob Hintze, 1622–1702; adapt. by Johann Sebastian Bach, 1685–1750.

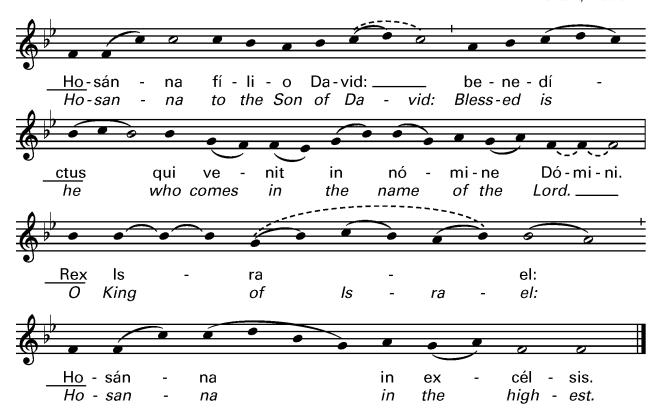
Crown Him with Many Crowns



HOSANNA FILIO DAVID

Hosanna to the Son of David

Chant, Mode VII



Text: Matthew 21:9.



JESUS CHRIST IS RISEN TODAY

EASTER HYMN

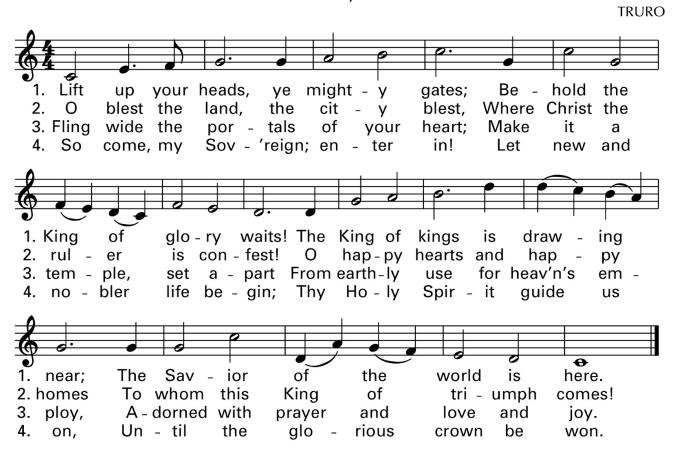


Text: 77 77 with alleluias; verse 1, Latin, 14th cent.; para. in *Lyra Davidica*, 1708, alt.; verses 2–3, *The Compleat Psalmodist*, ca. 1750, alt.; verse 4, Charles Wesley, 1707–1788, alt. Music: Later form of melody fr. *Lyra Davidica*, 1708.



Text: St. 1-2, Frederick W. Faber, 1814-1863; st. 3, Mediator Dei Hymnal, 1955, © 1955, GIA Publications, Inc. Tune: SWEET SACRAMENT, LM with refrain; Romischkatholisches Gesangbuchlein, 1826

LIFT UP YOUR HEADS, YE MIGHTY GATES



Text: LM; based on Psalm 24; George Weissel, 1590–1635; tr. by Catherine Winkworth, 1827–1878.

Music: Williams' Psalmodia Evangelica, Part II, 1789.



LORD, WHO AT THY FIRST EUCHARIST

UNDE ET MEMORES 1. Lord, who at thy first Eu - cha - rist did That pray Eu - cha - rist 0 *1. Αt that first be - fore vou died, For thy Church, O Lord, 2. all we in - ter - cede: Make 3. We thee, too, for wan - d'rers from thy 0 pray at length when sac - ra - ments shall cease, 4. So. Lord, May all thy Church might be Grant for - ev - er one, at us 1. Lord, you prayed that all be one in you; Αt this our 2. thou our sad di - vi - sions soon to Draw the cease; us Good Shep-herd 3. bring them back, of the sheep, Back to the with all thy Church a - bove, 4. we be one One with thy ev - 'rv Eu - cha - rist With long - ing to sav heart and Eu - cha - rist a - gain pre - side, And 1. in our hearts your to each we plead, draw-ing near - er each, By all to 3. faith which saints be-lieved of old, Back to the Church which un - bro - ken peace, with thy saints 4. saints in one One in 1. soul, "Thy will done." bread, one be O may we all one 1. *law* of love re - new. 0 bread, one may all one we 2. thee, O Prince of Peace; Thus may we all one bread, one 3. still that faith doth keep: Soon may we all bread, one one un-bound-ed love; peace and 4. one More bless - ed still in be, Through this blest Sac - ra-ment of 1. bod - y U - ni - ty. 1. bod - v be, Through this blest Sac - ra-ment of U - ni - tv. Through this blest Sac - ra-ment of 2. bod - y be, U - ni - ty. 3. bod - y Through this blest Sac - ra-ment of be, U - ni - ty. 4. love to be One with the Trin - i - ty U - ni - ty.

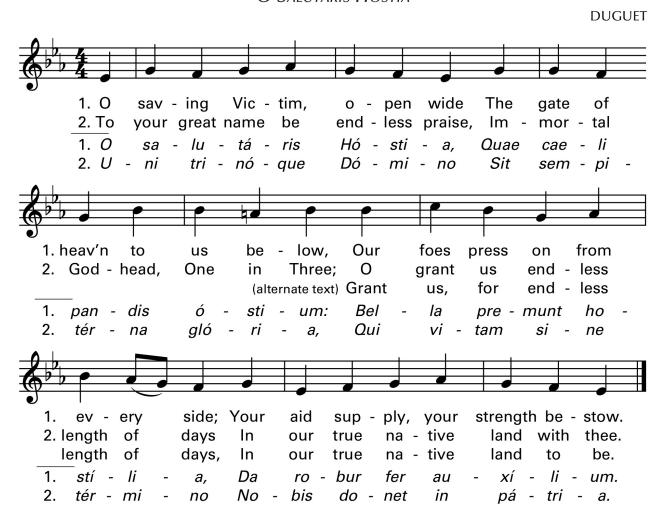
O Sacred Head Surrounded



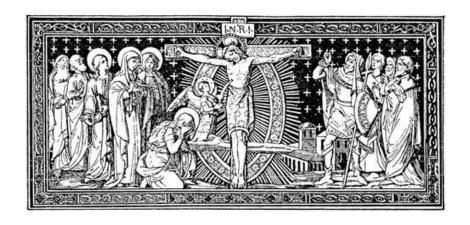
Text: Salve caput cruentatum; ascr. to Bernard of Clairvaux, 1091-1153; tr. by Henry Baker, 1821-1877 Tune: PASSION CHORALE, 7 6 7 6 D; Hans Leo Hassler, 1564-1612; harm. by J. S. Bach, 1685-1750

O SAVING VICTIM

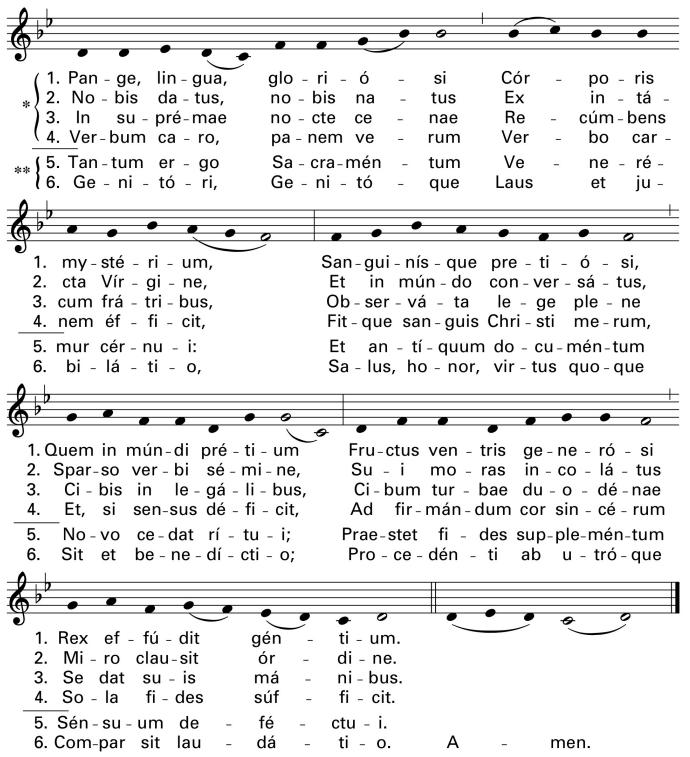
O SALUTARIS HOSTIA



Text: LM; *O Salutaris*; St. Thomas Aquinas, 1227–1274; tr. by Edward Caswall, 1814–1878, alt. Music: Attr. to Abbé Dieudonne Duguet, 1794–1849.



PANGE LINGUA GLORIOSI



^{*}Verses 1-4 are repeated as necessary until the procession reaches the place of reposition.

Then the Blessed Sacrament is placed in the tabernacle of reposition.

^{**}Verses 5-6 are sung while the priest, kneeling, incenses the Blessed Sacrament.

PANIS ANGELICUS

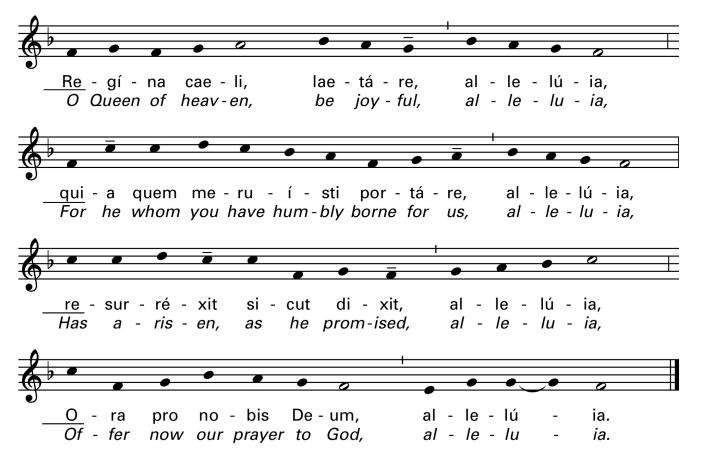


PERDÓN, OH DIOS MÍO



REGINA CAELI

REGINA CAELI LAETARE



Text: Irregular; Latin, 12th cent.; tr. by C. Winfred Douglas, 1867–1944, alt. Music: Chant, Mode VI; fr. the *Liber Cantualis*, 1983.

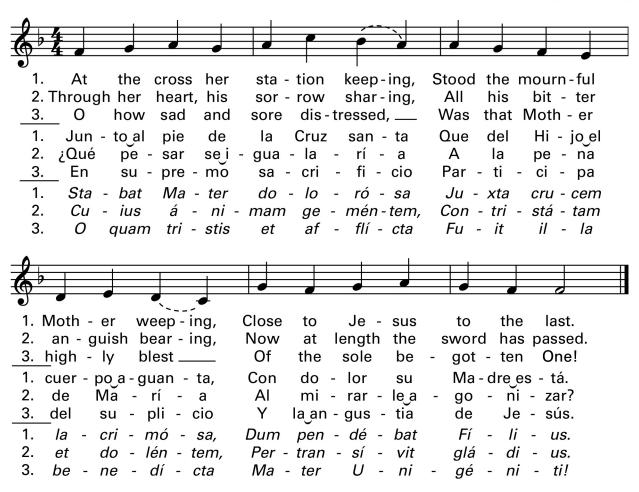


SING WITH ALL THE SAINTS IN GLORY

HYMN TO IOY 1. Sing with all the saints in glo - ry, Sina the res - ur -2. Oh, what glo - ry, far ex - ceed - ing ΑII that eye has 3. Life e - ter - nal! heav'n re - joic - es: Je - sus lives who 4. Life 0 what won-ders Crowd on faith: what e - ter - nal! 1. rec tion song! Death and sor - row, earth's dark sto - ry, per-ceived! 2. yet Ho - liest hearts for a ges plead - ing, 3. once was dead; Join with all the heav'n - ly voic - es; a - mid earth's clos - ing 4. iov un - known, When. thun - ders. To ΑII 1. the form - er days be - long. a - round the Nev - er that full joy con-ceived. God has prom-ised, 3. Child of God, lift vour head! Pa - tri - archs from up 4. Saints shall stand be - fore the throne! Oh, to en - ter 1. clouds are break-ing, Soon the storms of time shall cease; In God's high our Ev - 'rv 2. Christ pre - pares it, There on wel-come waits; a - ges, Saints all for their heav'n, Proph-ets, 3. dis - tant long - ing that bright por - tal, See that glow-ing fir - ma - ment, Know, with 1. like - ness, peo - ple wak - ing, Know the ev - er - last - ing 2. hum - ble spir - it shares it, Christ has passed th'e - ter - nal gates. 3. psalm-ists, seers, and sa - ges, ΑII a - wait the glo - ry 4. vou, God im-mor-tal, Je - sus Christ whom you have sent! 0

At the Cross Her Station Keeping / AL Pie de la Cruz Santa

STABAT MATER



English

- 4. Christ above in torment hangs, She beneath beholds the pangs Of her dying, glorious Son.
- 5. Is there one who would not weep, Whelmed in miseries so deep, Christ's dear Mother to behold?
- 6. Can the human heart refrain From partaking in her pain, In that Mother's pain untold?
- 7. Bruised, derided, cursed, defiled, She beheld her tender Child, All with bloody scourges rent.
- 8. For the sins of his own nation Saw him hang in desolation Till his spirit forth he sent.
- 9. O thou Mother! Font of love, Touch my spirit from above, Make my heart with thine accord.

- Make me feel as thou hast felt;
 Make my soul to glow and melt
 With the love of Christ, my Lord.
- 11. Holy Mother, pierce me through, In my heart each wound renew Of my Savior crucified.
- 12. Let me share with thee his pain, Who for all my sins was slain, Who for me in torment died.
- 13. Let me mingle tears with thee, Mourning him who mourned for me, All the days that I may live.
- 14. By the cross with thee to stay; There with thee to weep and pray, All I ask of thee to give.
- 15. Virgin of all Virgins best!
 Listen to my fond request:
 Let me share thy grief divine.

THE STRIFE IS O'ER

VICTORY





- 1. The strife is o'er, the bat tle done; Now is the Vic-tor's
- 2. On the third morn he rose a gain, Glo-rious in maj es 3. O Ris en Lord, all praise to thee, Who from our sin has



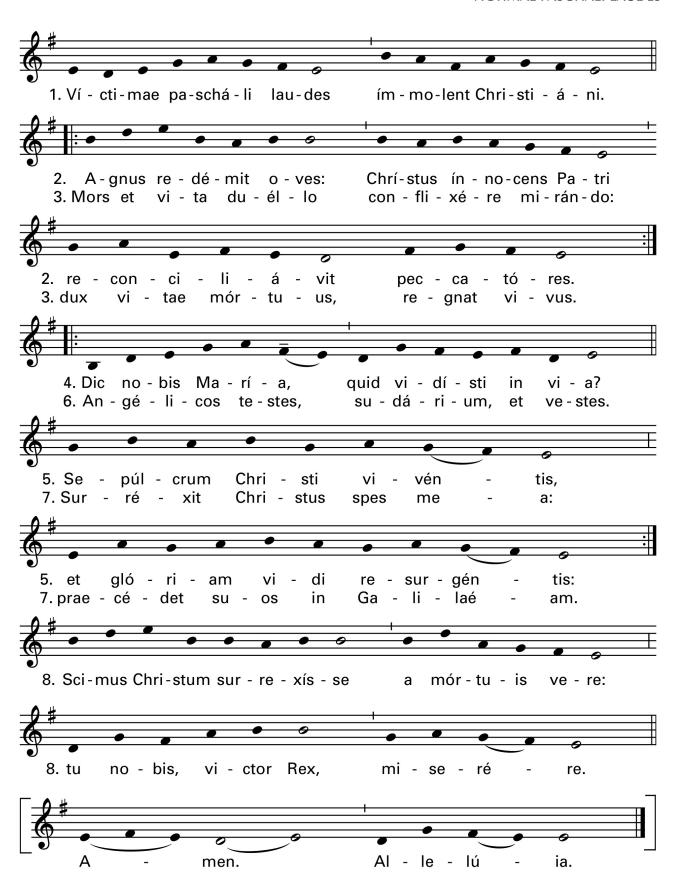
- 1. tri-umph won; O let the song of praise be sung: Al-le-lu ia!
- 2. ty to reign; O let us swell the joy ful strain: Al-le-lu ia!
- 3. set us free, That we may live e ter nal ly! Al-le lu ia!

Text: 888 with alleluias; *Finita iam sunt praelia*; Latin, 12th cent.; tr. by Francis Pott, 1832–1909, alt. Music: Giovanni da Palestrina, 1525–1594; adapt. by Willam H. Monk, 1823–1889.



VICTIMAE PASCHALI LAUDES

VICTIMAE PASCHALI LAUDES



Text and music: ascr. to Wipo of Burgundy, ca. 1000-1050; Chant, Mode I; Graduale Romanum, 1974.

the tomb?

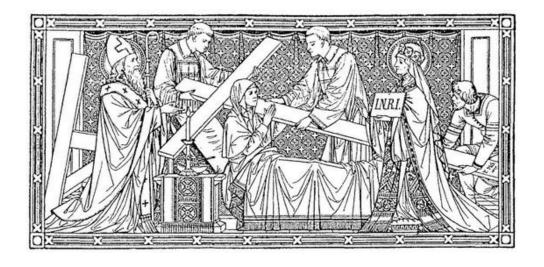
WERE YOU THERE

WERE YOU THERE 1. Were you there when they cru - ci-fied my Lord? Were you 2. Were you there when they nailed him to the tree? Were you 3. Were you there when they laid him in Were you the tomb? 1. there when they cru - ci - fied my Lord? Oh! 2. there when they nailed him to Oh! the tree? 3. there when they laid him in the tomb? Oh! 1-3. Some-times it caus-es me to trem-ble, trem-ble, trem-ble. Were you there when they cru - ci-fied my Lord? 1. 2. Were you there when they nailed him to the tree?

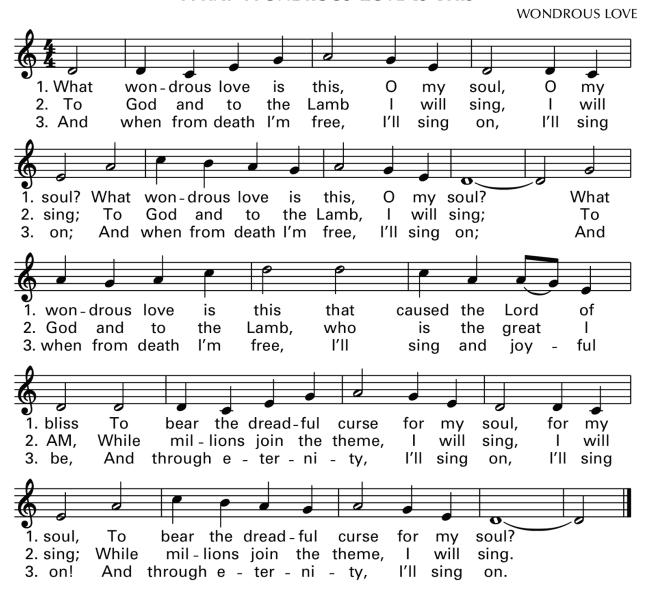
Text: 10 10 14 10. Text and music: African American Spiritual

Were you there when they laid him in

3.



WHAT WONDROUS LOVE IS THIS



Text: 12 9 12 12 9; anon.; first appeared in A General Selection of the Newest and Most Admired Hymns and Spiritual Songs, 1811, adapt. Music: William Walker's The Southern Harmony, 1835.



THE ROMAN CATHOLIC DIOCESE OF PHOENIX

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