

MENTAL HEALTH RESOURCES

This list is provided for informational purposes only, to assist individuals in independently making personal decisions based upon their needs. The Diocese of Phoenix does not license, endorse, or recommend any particular provider, nor does the Diocese make any judgment about the quality of care given by any provider. Individuals should interview a provider, check his/her references carefully, and perform all necessary due diligence before seeking care from any provider.

CITY OF BUCKEYE

- **Terry Galler, MA, LPC**
(602) 909-0042
terry@terrygaller.com
www.terrygaller.com
Areas of service: Adults, Adolescents (16+), Individuals, Couple and Family therapy, Depression, Anxiety, Marriage, Trauma, Past abuse issues, Divorce Recovery, Grief Counseling
Catholic

CITY OF CAMP VERDE

- **Spectrum Healthcare**
452 Finnie Flat Rd
Camp Verde, AZ 86322
(877) 634-7333
Hearing impaired (800) 367-8939
info@spectrumhealthcare-group.org
<http://spectrumhealthcare-group.com/>
Areas of Service: Children, Adults, Family, Individuals, Substance Abuse, Trauma, Depression, PTSD
Se habla español

CITY OF CHANDLER

- **Concentric Counseling**
Crowell, Michelle (LCSW)
3200 N Dobson Rd. Bldg. C,
Chandler, AZ 85224
(480) 897-7307
www.concentriccounseling.com
Areas of service: Adult, Marriage, Family, Eating disorders, Trauma, PTSD
- **Michael Hutt**
6909 W. Ray Road Suite 15
Chandler, AZ 85226
(480) 815-4351
info@huttcounseling.com
www.huttcounseling.com
Areas of service: Adults, Couples, Domestic violence, general men's issues (anger, porn, etc)
Catholic
- **Totus Tuus Therapy Clinic**
Michelle Lorenzana
(602) 464-3289
mlorenzana@totustuustherapyclinic.com
www.totustuustherapyclinic.com
Areas of service: Adults, Marriage and Family, Communication concerns, Relational Conflict, Premarital Preparation, Anxiety, Depression and Grief/Loss
Catholic

CITY OF COTTONWOOD

- **Juniper Campbell LPC**
1756 E. Villa Drive Suite B2
Cottonwood, AZ 86326
(928) 254-0113
junipercampbellcounselor@gmail.com
www.junipercampbell.com
Areas of service: Adult and Adolescent 13 + Couples, Family, Individuals, EMDR, Trauma, Sexual Trauma, CBT, Bipolar Disorder, ADHD, Equine Assisted Therapy
- **Spectrum Healthcare**
8E Cottonwood St.
Cottonwood, AZ 86326
(877) 634-7333
Hearing impaired (800) 367-8939
info@spectrumhealthcare-group.org
<http://spectrumhealthcare-group.com>
Areas of Service: Children, Adults, Family, Individuals, Substance Abuse, Trauma, Depression, PTSD
Se habla español
- **Spectrum Healthcare**
651 W. Mingus Ave.
Cottonwood, AZ 86326
(877) 634-7333
Hearing impaired (800) 367-8939
info@spectrumhealthcare-group.org
<http://spectrumhealthcare-group.com>
Areas of Service: Children, Adults, Family, Individuals, Substance Abuse, Trauma, Depression, PTSD
Se habla español

CITY OF GILBERT

- **Ave Maria Counseling Services**
Claudia Lopez
1176 E. Warner Rd. Suite 203
Gilbert, AZ 85296
(480) 572-6393
claudialopezcounseling@gmail.com
<https://www.avemariacounselingservices.com>
Areas of service: Adults, Teens (12+), Depression, Anxiety, Trauma, Sand Tray Therapy
Se habla español
Catholic
- **Fleur de Lis Counseling**
Diana Hernandez
1206 E. Warner Rd. Suite 220
Gilbert, AZ 85296
(480) 710-6822
diana@fdlcounseling.com
www.fdlcounseling.com
Areas of service: Teens, Adults, EMDR (trauma, PTSD), addiction, and struggles with sexual identity. Teens – identity concerns, self-esteem. General population – Anxiety, Depression, Domestic Violence, other forms of trauma
Catholic
- **Immaculate Heart Counseling**
Robbie Griffin
1176 E. Warner Rd. Suite 203
Gilbert, AZ 85296
(480) 270-4464
Robbie.griffin@immaculateheartcounseling.com
www.immaculateheartcounseling.com
Areas of service: Adults, Adolescents, Children (6+), Trauma, depression, anxiety, sexual and behavioral addictions for adults, adolescents and children.
Catholic

- **Rising Light Counseling**
Bethsy Amador
1166 E. Warner Rd
Gilbert, AZ 85296
(480) 339-7124
info@risinglightcounseling.com
www.risinglightcounseling.com
Areas of Service: 3 years and older
Autism (ASD), ADHD, Anxiety, Depression, Relationships,
Trauma, Grief and Loss
Se habla español
- **Saint Raphael Counseling**
Michelle Goodwill
1176 E. Warner Rd Suite 203
Gilbert, AZ 85296
(623) 866-7602
michellergoodwill@gmail.com
www.saintraphaelcounseling.com
Areas of service: Late teens, Adults, Emotionally focused
Couples therapy, EMDR Therapy, Depression, Anxiety,
Trauma
Catholic
- **St. Cupertino Counseling**
Ingrid Mota de Alcantara
1176 E. Warner Rd. Suite 203
Gilbert, AZ 85296
(480) 561-7920
Ingrid@stcupertinocounseling.com
www.stcuperstinocounseling.com
Areas of Service: 16+, Depression, Anxiety, Life transitions,
PTSD, Post-abortion healing, Trauma
Español & Portugues
Catholic

- **St. Joseph Counseling**
David Edwards
1176 E. Warner Rd. Suite 203
Gilbert, AZ 85296
(480) 466-0756
David@stjosephcounseling.com
www.stjosephcounseling.com
Areas of service: Adolescents, Adults, Men's Issues, Priests,
treatment for pornography addictions
Catholic

CITY OF GLENDALE

- **Spectrum Healthcare**
4494 W. Peoria Ave Suite 115A
Glendale, AZ 85302
(877) 634-7333
Hearing impaired (800) 367-8939
info@spectrumhealthcare-group.org
<http://spectrumhealthcare-group.com>
Areas of Service: Children, Adults, Family, Individuals,
Substance Abuse, Trauma, Depression, PTSD
Se habla español

CITY OF GOODYEAR

- **Imagine Therapy**
15655 W. Roosevelt St. Ste 105
Goodyear, AZ 85338
(623) 337-2275
admin@imaginetherapyaz.com

- **Journey to Peace Counseling Service**

Sonia Cano

250 N. Litchfield Road

Goodyear, AZ 85338

(623) 439-2177

soniac@jtpcs.com

www.jtpcs.org

Areas of Service: Adults and children ages 8 and up, DBT, EMDR, CBT, Trauma, PTSD, individual, couples, and family therapy and have worked with people who experience an array of behavioral and mental health issues including ADHD, anxiety, mood disorders, trauma, personality disorders, self-harm, grief, and relational issues.

Catholic

Spanish

- **Terry Galler, MA, LPC**

(602) 909-0042

Goodyear + Litchfield Park

terry@terrygaller.com

www.terrygaller.com

Areas of service: Adults, Adolescents (16+), Individuals, Couple and Family therapy, Depression, Anxiety, Marriage, Trauma, Past abuse issues, Divorce Recovery, Grief Counseling

Catholic

CITY OF LAKE HAVASU

- **Harborlight Family Therapy**

Fielder (M.A), Christine

1951 Mesquite Ave, Ste J,

Lake Havasu City, AZ 86403

(928) 453-1328

Harborlight@frontiernet.net; cfielder@frontiernet.net

www.harborlightfamilytherapy.com

Areas of service: Children (5+), Adult, Family, Marriage, Substance Abuse

Other Language: German

CITY OF MESA

- **Catholic Charities**

Holy Cross Parish

Sarah Camacho

(602) 749-4405

scamacho@cc-az.org

CatholicCharitiesAZ.org

Areas of Service: Counseling for Individuals, families, couples, children (5+) and adolescents, Abuse: Emotional, physical, sexual, and verbal, Anger management, Anxiety/ Depression, Divorce/Marriage, Grief and loss, Parenting, Stress management, Substance Abuse

Se habla español

- **Journey to Peace Counseling Services**

Donna Schmidt

1819 S. Dobson Rd. Suite 115

Mesa, AZ 85202

(480) 787-1955

donna@jtpcs.org

www.jtpcs.org

Adults, Addiction, Mood Disorders, Anger Management, Co-occurring Disorders, Trauma issues, Spiritual issues

Catholic

- **Journey to Peace Counseling Services**
Emily Speck
 1819 S. Dobson Rd. Suite 115
 Mesa, AZ 85202
 (480) 787-1955
emily@jtpcs.org
www.jtpcs.org
 Areas of service: Postpartum Support, Perinatal Mood Disorders
Catholic
- **Journey to Peace Counseling Services**
Nate Verschaetse, Psy.D
 1819 S. Dobson Rd. Suite 115
 Mesa, AZ 85202
 (480) 428-4550 or (480) 787-1955
www.jtpcs.org
 Areas of service: Children, Adults, Couples, Trauma, OCD, ADHD, Questions of Spiritual Affliction, EFT for couples, Child-Centered Play Therapy
Catholic
- **Judith Rand (PhD)**
 1845 S Dobson Rd, Ste 106,
 Mesa, AZ 85202
 (480) 466-7010
Jrandphd@gmail.com
www.judithrandphd.com
 Areas of service: Adult, Children, Family, Marriage, Geriatric Psychological services, Individual, Couple
- **Leslie Pechkurow**
 Mesa, AZ
leslie@joyfulheartscounseling.com
Catholic
- **SureStep Psychology Services**
Lopez PhD, Ignacio
Guille Morales
 1220 S. Alma School Rd. Ste. 210
 Mesa, AZ 85210
 (480) 246-8998
ignaciolopez@gmail.com
www.suresteponline.org
 Areas of service: Children, Adults, Family, Parenting, Domestic violence offender treatment
Se habla español
Catholic
- **Teri Krull (LCSW, LLC)**
 Registered Play Therapist
 2345 S Alma School Rd, Ste 110,
 Mesa, AZ 85210
 (480) 917-7792
terikrull@playtherapy.tv
www.playtherapy.tv
 Areas of service: Adult, Children (8+), Family, Marriage, Parent Coaching
- **Tikvah Counseling, PLLC**
Castellanos, Pamela
 (480) 447-6474
Tikvahcounselor@gmail.com
 Areas of service: Adults, Trauma
Catholic

- **Valor Counseling**
Sheana Kupitz
Mesa, AZ
(520) 518-3498
sheana.valorcounselingaz@gmail.com
www.valorcounselingaz.com
Areas of service: Children 3+, adolescents and adults,
Individuals, families, couples, relationship, marriage,
parenting, abuse, trauma, adoption issues
Catholic

CITY OF PEORIA

- **Prism Counseling & Coaching**
9299 W Olive, Ste. 212,
Peoria, AZ 85345
(480) 525-7284
www.arizonachristiancounseling.com
Areas of service: Parenting, Children (10+) Teens, Anxiety,
Anger, Grief, Self-Esteem, Trauma, Relationships, Premarital,
Sexual Addiction, Wellness, Faith

CITY OF PHOENIX

- **Ana Gomez (MC, LPC)**
1300 E Missouri, Ste 120,
Phoenix, AZ 85014
(602) 803-4601
(602) 803-1797
info@anagomez.org
www.anagomeztherapy.com
Areas of service: Adult, Children, Family, Marriage, Trauma
Se habla español

- **Catholic Charities**
Sarah Camacho
(602) 749-4405
scamacho@cc-az.org
CatholicCharitiesAZ.org
Areas of Service: Counseling for Individuals, families, couples,
children (5+) and adolescents.
Abuse: Emotional, physical, sexual and verbal,
Anger management, Anxiety/ Depression, Divorce/Marriage,
Grief and loss, Parenting, Stress management, Substance
Abuse
Se habla español

- **Childhelp U.S.A.**
2120 N. Central Ave Suite 130
Phoenix, AZ 85004
(602) 271-4500
ch-therapyreferralsaz@childhelp.org
www.childhelp.org
Areas of service: Child, Trauma, Abuse
Se habla español

- **Christian Family Care Center**
2346 N. Central Ave.
Phoenix, AZ 85004
(602) 234-1935
www.cfcare.org
Areas of service: Children, Adults, Trauma

- **Community Connections LLC**
Simpson, Vanessa
4025 W. Bell Rd. Ste 6
Phoenix, AZ 85053
(623) 242-8460
info@communityconnectionsaz.org
www.communityconnectionsaz.org
Areas of service: eating disorders in Adolescents & Adults.

- **Community Partners Integrated Healthcare**
 1515 E. Osborn Rd.
 Phoenix, AZ 85014
 (602) 604-0000
www.communitypartnersinc.org
 Areas of service: Adult
Se habla español
- **Coral Valley Psychological Services, PLLC**
Taveras, Lauren PSY.D
 5010 E. Warner Rd Suite 108
 Phoenix, Arizona 85044
 (480) 382-4416
dr.taveras@coralvalley.org
<https://www.coralvalley.org>
 Areas of Service: Adolescents, Adults, Couples,
 PTSD, depression, anxiety, insomnia, anger management,
 relationship challenges; Psychological testing including
 immigration-related evaluations (extreme hardship, VAWA
 petitions, U-Visas, etc), and psychoeducational assessments
 (giftedness & learning differences)
Se habla español
Catholic
- **Dymphna Counseling**
Donna Turner
 4425 E. Agave Rd. Suite 140
 Phoenix, AZ 85044
 (602) 908-4988
dymphnacounseling@gmail.com
 Areas of service: Adults, Trauma, Addictions, Sexual
 Addictions, Marriage
Catholic
- **Intercessory Counseling and Wellness**
Michael J. Rayes, LPC, LISAC
 602-599-2000
info@intercessory.org
 Areas of service: Adults, couples, adolescents, children, all mood
 and personality disorders including depression and anxiety,
 addictions, trauma,
 bereavement counseling.
Catholic
- **John Stapert (PhD)**
 6232 N 7th St Suite 206B
 Phoenix AZ 85014
 (602) 279-8920
jstapert@ix.netcom.com
 Areas of service: Adults (16+), Depression, Anxiety
- **Lisa Fischer PhD**
 7111 N. 7th St
 Phoenix, AZ
 (602) 448-9755 (TEXT ONLY)
lisafischer@cox.net
www.drlisafischer.com
 Areas of service: Older adolescents, Adults, anxiety,
 depression, and relationship problems, including sexual
 dysfunctions.
Catholic
- **Little Flower Ministries**
PLL Westby (LPC), Nikki
 2312 E Campbell Ave,
 Phoenix, AZ 85016
 (602) 954-9089 ext. 1114
zestywestby@yahoo.com
 Areas of service: Adult, Couples, Anxiety, Depression,
 Relationship Issues, Domestic Violence, Post Abortion Healing
Catholic

- **Navarro Counseling and Consulting**
Dr. Maria Navarro
 3800 N Central Ave, 1010
 Phoenix, AZ 85012
 (602) 552-4488
info@navarrocounseling.com
<https://navarrocounseling.com>
 Areas of Service: Children, Adults, Trauma (sexual, physical, verbal) Attachment, Grief Recovery, EMDR, IFS, Story play,
 Se habla español
Catholic
- **Phoenix Psychological Services**
Rosemarie Ludwig PhD
 2432 W Peoria Ave, Ste 1002 Building# 3
 Phoenix, AZ 85071
 (602) 997-1550
rstussy@cox.net
 Areas of service: Adult, Children (6+), Family, Marriage,
 Sexually abused children
Other Languages: German
Byzantine Catholic
- **Prism Counseling & Coaching**
 7901 N. Central Ave
 Phoenix, AZ 85020
 (480) 525-7284
www.arizonachristiancounseling.com
 Areas of service: Parenting, Children (10+) Teens, Anxiety,
 Anger, Grief, Self-Esteem, Trauma, Relationships, Premarital,
 Sexual Addiction, Wellness, Faith
- **Rebecca Kasper PhD**
 7227 N. 16th St Suite 209
 Phoenix, AZ 85201
 (602) 630-2639
rebeccaannkasper@gmail.com
www.drrebeccakasperpllc.com
 Areas of service: Children (5+), Adult, Individual,
 (Occasionally family therapy), Creative arts Therapies,
 Trauma, and Health Psychology
Catholic
- **Totus Tuus Therapy Clinic**
Michelle Lorenzana
 2942 N. 24th St. Suite #108
 Phoenix, AZ 85016
 (602) 464-3289
mlorenzana@totustuustherapyclinic.com
www.totustuustherapyclinic.com
 Areas of service: Adults, Marriage and Family,
 Communication concerns, Relational Conflict, Premarital
 Preparation, Anxiety, Depression and Grief/Loss
Catholic
- **Witness to Love Family Counseling**
Aryn Sylvester
 3606 N. 24th Street
 Phoenix, AZ 85016
 (602) 980-1557
info@witnessstolovefcs.com
www.witnessstolovefcs.com
 Areas of service: Negative reoccurring thoughts, images, and
 flashbacks, negatives cycles of living, emotional irrational
 responses, dissociative episodes, inability to connect on a deep
 level with others, healing from symptoms of Post-Traumatic
 Stress and other traumatic experiences.
Catholic

- Witness to Love Family Counseling**
Stephanie Galeziewski
 3606 N. 24th Street
 Phoenix, AZ 85016
 (602) 980-1557
info@witnessstolovefcs.com
www.witnessstolovefcs.com
 Areas of service: Adolescents and adults, Child-Centered Play Therapy, helping navigate depression, anxiety, life transitions, and addictions. Helps foster positive self-talk, healthy coping skills, and good boundaries.
Catholic
- Witness to Love Family Counseling**
Marianne Dunaway
 3606 N. 24th Street
 Phoenix, AZ 85016
 (602) 980-1557
info@witnessstolovefcs.com
www.witnessstolovefcs.com
 Areas of service: Adult, Children, Family, Marriage
Catholic
- Witness to Love Family Counseling**
Samuel P. Bryant
 3606 N. 24th Street
 Phoenix, AZ 85016
 (602) 980-1557
info@witnessstolovefcs.com
www.witnessstolovefcs.com
 Areas of service: Marriage, Couples and Family Therapy, Affairs and Trauma, Men's Issues, Workplace Relationships, Parenting, Spirituality and Faith Crisis', Teen Issues, Senior Issues, Life Transitions.
Catholic

CITY OF PRESCOTT

- Christian Family Care Center**
 3611 Crossings Drive, Suite A
 Prescott, AZ 86305
 (928) 443-1150
www.cfcare.org
 Areas of service: Children, Adults, Family, Trauma
- Maria Rose Counseling**
Kate Hald LPC
 300 E. Willis St. Suite 300-D
 Prescott, AZ 86301
 (928) 710-0198
Kate@MariaRoseCounseling.com
<http://www.mariarosecounseling.com>
 Areas of Service: Adults, EMDR Therapy, abuse (emotional, physical and sexual)
- Spectrum Healthcare**
 3633 Crossings Dr
 Prescott, AZ 86305
 (877) 634-7333
 Hearing impaired (800) 367-8939
info@spectrumhealthcare-group.org
<http://spectrumhealthcare-group.com>
 Areas of Service: Children, Adults, Family, Individuals, Substance Abuse, Trauma, Depression, PTSD
Se habla español

- **Spectrum Healthcare**
990 Willow Creek
Prescott, AZ 86301
(877) 634-7333
Hearing impaired (800) 367-8939
info@spectrumhealthcare-group.org
<http://spectrumhealthcare-group.com>
Areas of Service: Children, Adults, Family, Individuals,
Substance Abuse, Trauma, Depression, PTSD
Se habla español

CITY OF SCOTTSDALE

- **Catholic Charities**
Our Lady of Perpetual Help Parish
Sarah Camacho
(602) 749-4405
scamacho@cc-az.org
CatholicCharitiesAZ.org
Areas of Service: Counseling for Individuals, families, couples,
children (5+) and adolescents. Abuse: Emotional, physical,
sexual and verbal anger management, Anxiety/ Depression,
Divorce/Marriage, Grief and loss, Parenting, Stress
management, Substance Abuse
Se habla español
Catholic

- **Catholic Charities**
St. Patrick's Parish
Sarah Camacho
(602) 749-4405
scamacho@cc-az.org
CatholicCharitiesAZ.org
Areas of Service: Counseling for Individuals, families, couples,
children (5+) and adolescents.
Abuse: Emotional, physical, sexual and verbal, Anger
management, Anxiety/ Depression, Divorce/Marriage, Grief
and loss, Parenting, Stress management, Substance Abuse
Se habla español
Catholic

- **Diana Vigil (MA, LPC, RPT)**
7500 E McDonald Drive, Ste 400A,
Scottsdale AZ 85250
(480) 946-0801
www.childtherapyaz.com
Areas of service: Adult, Children, Child Maltreatment, Sexual
Abuse, Sexual Behavioral problems, Divorcing Families,
Parental Alienation
Catholic
- **Dr. Gabrielle Lawrence**
10245 E. Via Linda Blvd Suite 105
Scottsdale, AZ 85258
(480) 607-5030
gabrL1@cox.net
www.health4relationships.com
Areas of service: Adult, Children, DBT, Grief
Catholic

- **Joan Polansky, Ph.D.**
3295 N. Drinkwater Blvd Suite 1
Scottsdale, AZ 85253
(602) 621-0468
www.arcadiapsychology.com
Areas of service: College students, Medical issues, difficult pregnancies, or premature and difficult birthing experiences
- **Pamela Chambers (M.Ed, LPC, NCC)**
15446 N. Greenway Hayden Loop
Scottsdale, AZ 85260
(480) 703-0606
pamela@pamelachambers.com
www.pamelachambers.com
Areas of service: Adult, Children, Family, Marriage, Pre-Marital counseling, Couples counseling, EMDR for Trauma
- **Spring Returns Counseling**
Jill McMahon
8170 N. 86th Place Suite 206
Scottsdale, AZ 85258
(480) 675-4634
jill@jillmcmahoncounseling.com
www.jillmcmahoncounseling.com
Areas of service: Grief, Suicide, Individual Therapy

CITY OF SUN CITY

- **Arrowhead Behavioral Health**
9865 W. Bell Rd,
Sun City, AZ 85351
(623) 876-1246

CITY OF SURPRISE

- **Avenir Behavioral Center**
16561 N. Parkview Place
Surprise, AZ 85374
(623) 522-4525
Intake@AvenirBehavioralCenter.com
www.AvenirBehavioralCenter.com
Areas of Service: 18+, depression, anxiety, borderline personality disorder, PTSD, ADHD, bipolar disorder, psychosis, and schizophrenia, alcohol and drug addiction.
- **Terry Galler, MA, LPC**
(602) 909-0042
terry@terrygaller.com
www.terrygaller.com
Areas of service: Adults, Adolescents (16+), Individuals, Couple and Family therapy, Depression, Anxiety, Marriage, Trauma, Past abuse issues, Divorce Recovery, Grief, Counseling
Catholic

CITY OF TEMPE

- **Catholic Charities**
Holy Spirit Parish
Sarah Camacho
(602) 749-4405
scamacho@cc-az.org
CatholicCharitiesAZ.org
Areas of Service: Counseling for Individuals, families, couples, children (5+) and adolescents, Abuse, Emotional, physical, sexual and verbal, Anger management, Anxiety/ Depression, Divorce/Marriage, Grief and loss, Parenting, Stress management, Substance Abuse
Se habla español

- **Christian Living Center**
Stadheim (Ph.D. LPC), Robert L.
2111 E. Baseline Rd, Ste #C-8
Tempe, AZ 85283
(480) 831-1212
myrna@stadheim.org
<https://www.christiancounselingarizona.com>
Areas of service: Abuse, Addiction, Eating Disorders, Family & Individual Therapy
- **Crisis Response Network**
1275 W. Washington St. Ste.108
Tempe, AZ 85281
(602) 427-4600
www.crisisnetwork.org
- **Journeys**
Christina McShane PsyD
6515 S. Rural Rd Suite 101
Tempe, AZ 85283
(480) 656-0500 Ext. 18
christina@journeycounselingaz.com
www.journeycounselingaz.com
Areas of service: Adolescent, Adult, Child,
Catholic
- **Spectrum Healthcare**
1845 E. Broadway Rd. Suite 116
Tempe, AZ 85282
(877) 634-7333
Hearing impaired (800) 367-8939
info@spectrumhealthcare-group.org
<http://spectrumhealthcare-group.com>
Areas of Service: Children, Adults, Family, Individuals,
Substance Abuse, Trauma, Depression, PTSD
Se habla español

CITY OF TUSCON

- **Christian Family Care Center**
3275 W. Ina Road, Suite 155
Tucson, AZ 85741
(520) 296-8255
<https://cfcare.org/>
Areas of service: Children, Adults, Trauma

CITY OF WICKENBURG

- **Breaking Free Christian Counseling**
Kari Froelicher
315 Apache Street
Wickenburg, AZ 85390
(928) 232-9280
Kari@godlycounseling.com
www.godlycounseling.com
Areas of service: Adults, Teens, Marriage, Family, PTSD,
sexual abuse (and other types of abuse), Trauma, Anxiety
and Depression, Codependency, SSA, Schizophrenia and
Psychotic disorders, Eating disorders, HSP
Catholic

RESOURCES, PROGRAMS AND HOTLINE NUMBERS:

- **Adult Protective Services**
1-877-767-2385
- **AHCCCS (State Health Care)**
(602) 417-4000
- **Arizona Coalition Against Domestic Violence**
Phone (602) 279-2900
Toll-free 1 (800) 782-6400
AZ Relay Service 711
www.acesdv.org
- **Arizona Department of Health Services**
150 North 18th Ave.
Phoenix, AZ 85007
Adult Abuse Hotline: (877) SOS-ADULT (767-2385)
Child Abuse Hotline: (888) SOS-CHILD (767-2445)
Children's Information Hotline: (800) 232-1676
Phone: (602) 542-1000
Fax: (602) 543-0883
www.azdhs.gov
- **Arizona Humane Society Project Safe House**
1521 W. Dobbins Road
Phoenix, AZ 85041
Phone: (602) 997-7585 Ext 2156
Phone: (602) 997-7586
alternativeplacement@azhumane.org
- **AZ Department of Child Safety**
1-888-767-2445
- **Banner Health System 24 Hours**
(602) 254-4357 (HELP)
(800) 254- HELP
- **Boys Town National Hotline**
Accredited by the American Association of Suicidology (AAS), Boys Town National Hotline is a 24/7 crisis, resource and referral number for KIDS and PARENTS. Spanish-speaking counselors and translation services for more than 100 languages also are available 24 hours a day. The speech- and hearing-impaired can contact us at our email address: hotline@boystown.org
800-448-3000
www.boystown.org/hotline/Pages/default.aspx
- **Brother, You're on My Mind**
The website offers a free Tool Kit, crisis resources sheet, and other educational materials to promote mental health among African American men.
<https://oppf.org/>
- **Calvary Healing Center**
720 E. Montebello Ave
Phoenix, AZ 85014
(602) 459-9686
or
10451 W. Palmeras Dr
Suncity, AZ 85373
(602) 459-9686
or
1730 E. McNair Drive
Tempe, AZ Montebello Ave
(602) 459-9686
- **Central Arizona Crisis Line (Local)**
(602) 222-9444
1-800-631-1314
1-800-327-9254 (TTY)
- **Child Help USA**
1-800-422-4453

- **Community Bridges Medical Detox**
(602) 273-9999
- **Community Resources, Info and Referrals**
(602) 263-8856
211arizona.org
- **Copper Springs Mental Health and Addiction Treatment for Adults**
Copperspringsinfo@spsph.com
<https://coppersprings.com>
10550 W. McDowell Rd
Avondale, AZ 85392
(602) 638-3528
or
3755 S. Rome St.
Gilbert, AZ 85297
(602) 428-8668
- **Crisis text Line**
Text HOME to 741741
- **Cyber Tip line (Internet exploitation)**
1-800-843-5678
- **Emmaus Ministry for Grieving parents**
The mission of The Emmaus Ministry for Grieving Parents is to, in the Catholic Franciscan tradition of “All are Welcome,” serve the spiritual needs of grieving parents whose children, of any age, have died by any cause. It is also to help interested parents, as well as Clergy, Religious, Diocesan Staff, and/or Spiritual Directors bring this ministry to their own parishes or regions.
Marianne Gouveia
(602) 594-8932
(800) 919-9332
<https://www.emfgp.org/>
Marianne@ericshouse.org
- **Empact Suicide Prevention Center**
Crisis Hotline: (480) 784-1500
Maricopa County: 1 (866) 205-5229
www.empactsos.org
- **Eric’s House**
Healing after Suicide, Substance or Sudden loss.
A community for help, hope and healing after sudden loss
Marianne Gouveia
1-855-894-5658
info@ericshouse.org
Marianne@ericshouse.org
www.ericshouse.org
- **Grief to Grace**
Restore dignity is licensed by Grief to Grace and the Living Scripture Institute to provide Grief to Grace healing retreats in English and Spanish for anyone who has suffered abuse, neglect, or traumatic events.
(480) 215-6762
Phoenix@griefftoGrace.org
www.restoredignity.org/grief-to-grace-retreat/
- **HelpMe**
A mobile app powered by STOPit Solutions, aims to improve mental health and suicide prevention efforts in your school community and can provide you with more effective support and resources for the mental health and wellness of your K-12 students. It includes a crisis text line staffed by volunteers, trained by professional crisis intervention professionals.
<https://www.stopitsolutions.com><http://www.suicidepreventionlifeline.org/>
- **IM ALIVE**
College students in crisis can chat online with volunteers certified in crisis intervention, and colleges can host on-campus events to raise awareness of mental health and suicide prevention.
<https://www.imalive.org/how-we-help/college-campus/>

- **Mary Ruth Hackett**
Parenting Blog: Interweaving child development and the Catholic faith
(480) 221-0786
mhackettaz@gmail.com
Peer-review-parenting.blogspot.com
- **Mental Health America**
Refers callers to local mental health services or support programs.
800-969-NMHA (6642)
<https://www.mhanational.org/>
- **My Catholic Doctor**
My Catholic Doctor is a nationwide medical practice that brings a team of faithful medical professionals to patients through video-based health consultation
www.mycatholicdoctor.com
- **NAMI HelpLine (National Alliance on Mental Illness)**
Get information and support from NAMI's Helpline (10am-10pm ET)
1-800-950-NAMI (6264),
Text "HelpLine" to **62640**
Email: helpline@nami.org
Online chat: nami.org/help
<https://nami.org/home>
- **National Domestic Violence Hotline**
1 (800) 799-7233
TTD: 1 (800) 787-3224
- **National Hotline of Missing and Exploited Children**
1-800-THE LOST
- **National Parent Hotline:**
1-855-427-2736
Provides emotional support for parents and caregivers from a trained advocate
- **National Runaway Hotline**
1-800-RUN-AWAY
- **National Suicide Prevention Lifeline**
DIAL 988
(800) 273-TALK is still a functioning number
- **Northern Arizona Crisis Line**
1-877-756-4090
- **Recovery Innovations of Arizona – Urgent Care**
(602) 636-4607
- **Sacred Hearts Psychiatry & Addiction Medicine**
Kelli A Lavery-Maurer MSN NP-BC PMHNP
Psychiatric Mental Health Family Nurse Practitioner
(480) 392-1729
Kellipmhnp@sacredheartspychiatry.com
www.sacredheartspychiatry.com
- **SAMHSA Behavioral Health Treatment Services Locator:**
Search for treatment facilities in the United States or U.S. Territories for substance use/addiction and/or mental health problems.
SAMSHA (Substance Abuse and Mental Health Services Administration) is also a resource that helps districts design and implement wellness and suicide prevention programs.
<https://www.samhsa.gov/>
- **Scottsdale Banner Behavioral Health & Mental Health**
7575 E. Earl Dr. Scottsdale, AZ 85251
(833) 252-5535
- **Senior Helpline**
(602) 264-4357
(888) 264-2258

- **Shelters-Domestic Violence & Homeless**
(602) 263-8900
(800) 799-7739
- **State of Arizona Crime Victims Support**
Division of Public Safety
2222 W. Encanto Blvd.
Phoenix, AZ 85009
(602) 223-2000
www.azdps.gov
- **STOPit**
Create a 24hr anonymous reporting tipline within your school, workplace or organization by integrating STOP it.
With STOP it you can:
 - Report concerns
 - Receive support and resources
 - Instantly alert, inform and request help from staff or 911
 - Scan, monitor and filter devices, networks and internet activity for violent, unsafe or harmful behaviors and alert school officials.
 - Offer and receive training and guidance for threat assessments.<https://www.stopitsolutions.com/>
- **Suicide Crisis Hotline**
DIAL 988
24-hour National Suicide Crisis Hotline
Call 1-800-SUICIDE
<https://988lifeline.org/>
- **Suicide Prevention Campaign Toolkit**
The American Association of Pediatrics offers factsheets, infographics, videos, and other materials for parents, schools, clinicians, and the community.
<https://www.aap.org/en/news-room/campaigns-and-toolkits/suicide-prevention/>
- **Teen Lifeline (Peer Counseling 3pm-9pm daily)**
Call 24/7/365 or Text 12-9pm
(602) 248-TEEN
(1-800) 248-TEEN
- **The Meadows Intensive Outpatient Program**
19120 N. Pima Dr. Ste 125
Scottsdale, AZ 85255
(866) 681-3457
- **Triple R Warm Line (5pm-10pm)**
(602) 347-1100
- **Victims of Sexual Assault or Domestic Violence**
(480) 736-4949
1-866-205-5229
1-800-656-HOPE (4673)

