

Mental Health Ministry

Education, Accompaniment, Advocacy



MENTAL HEALTH RESOURCES

This list is provided for informational purposes only, to assist individuals in independently making personal decisions based upon their needs.

The Diocese of Phoenix does not license, endorse, or recommend any particular provider, nor does the Diocese make any judgment about the quality of care given by any provider. Individuals should interview a provider, check his/her references carefully, and perform all necessary due diligence before seeking care from any provider.

[Catholic Psychotherapy Association](#)

Find a therapist at
Catholicpsychotherapy.org

[Catholic Therapist Directory - Find Catholic Therapists - CatholicTherapists.com](#)

TELEHEALTH SESSIONS

Amy Guido, LCSW

(602) 743-5299

Amyguido.com

amyguidomsw@gmail.com

Areas of service: Couples Counselor & Parenting Coach, Specializing in high functioning ADHD and Anxiety

Heidi Hill LPC

480-925-9743

WhiteStagWellness@gmail.com

WhiteStagWellness.com

Areas of service: Specialty in trauma healing, general mental health, women's issues, faith and spirituality.

Catholic

Kelly A. Maurer MSN, FNP, PMHNP-BC

Psychiatric Mental Health Family Nurse Practitioner
Sacred Hearts Psychiatry & Addiction Medicine
8700 E. Vista Bonita Dr. Ste. 236

Scottsdale, Az. 85255

(480) 392-1729

Kellipmhnp@sacredheartspsiychiatry.com

www.sacredheartspsiychiatry.com

Areas of service: Prescriber, Full Psychiatric & Substance Use Evaluations (Full panels of lab work to rule out medical causes) - Diagnosis, Med Prescribing & Management, some areas of treatment include Depression, Anxiety, Bipolar, OCD, Opioid Use Disorder, Alcohol Use Disorder, offering Medication assisted treatment (Suboxone, Naltrexone, Vivitrol). and Talk therapy, Faith based. Seeing patients 13years of age through 64 years of age.

Raul Espericueta

Bilingual Spanish/English,

602-292-1633

Pathwaystoconnection.com

Areas of Service: Certified Trauma Specialist, Addictions, Anxiety/Depression, Marital Counseling, Priest Accompaniment, Men Issues, EMDR
Certification in process

Catholic

CITY OF BUCKEYE

Terry Galler, MA, LPC

(602) 909-0042

terry@terrygaller.com

www.terrygaller.com

Areas of service: Adults, Adolescents (16+),
Individuals, Couple and Family therapy, Depression,
Anxiety, Marriage, Trauma, Past abuse issues,
Divorce Recovery, Grief Counseling
Catholic

CITY OF CAMP VERDE

Spectrum Healthcare

452 Finnie Flat Rd

Camp Verde, AZ 86322

(877) 634-7333

Hearing impaired (800) 367-8939

info@spectrumhealthcare-group.org

<http://spectrumhealthcare-group.com/>

Areas of Service: Children, Adults, Family,
Individuals,

Substance Abuse, Trauma, Depression, PTSD

Se habla español

CITY OF CHANDLER

Concentric Counseling

Crowell, Michelle (LCSW)

3200 N Dobson Rd. Bldg. C,

Chandler, AZ 85224

(480) 897-7307

www.concentriccounseling.com

Areas of service: Adult, Marriage, Family, Eating
disorders, Trauma, PTSD

Michael Hutt

6909 W. Ray Road Suite 15

Chandler, AZ 85226

(480) 815-4351

info@huttcounseling.com

www.huttcounseling.com

Areas of service: Adults, Couples, Domestic
violence, general men's issues (anger, porn, etc)

Catholic **Totus Tuus Therapy Clinic**

Michelle Lorenzana

(602) 464-3289

mlorenzana@totustuustherapyclinic.com

www.totustuustherapyclinic.com

Areas of service: Adults, Marriage and Family,
Communication concerns, Relational Conflict,
Premarital Preparation, Anxiety, Depression and
Grief/Loss

Catholic

CITY OF COTTONWOOD

Juniper Campbell LPC

1756 E. Villa Drive Suite B2

Cottonwood, AZ 86326

(928) 254-0113

junipercampbellcounselor@gmail.com

www.junipercampbell.com

Areas of service: Adult and Adolescent 13 + Couples,
Family,

Individuals, EMDR, Trauma, Sexual Trauma, CBT,
Bipolar Disorder, ADHD, Equine Assisted Therapy

Spectrum Healthcare 8E Cottonwood St.

Cottonwood, AZ 86326

(877) 634-7333

Hearing impaired (800) 367-8939

info@spectrumhealthcare-group.org

<http://spectrumhealthcare-group.com>

Areas of Service: Children, Adults, Family,
Individuals,

Substance Abuse, Trauma, Depression, PTSD

Se habla español

Spectrum Healthcare

651 W. Mingus Ave.

Cottonwood, AZ 86326

(877) 634-7333

Hearing impaired (800) 367-8939

info@spectrumhealthcare-group.org

<http://spectrumhealthcare-group.com>

Areas of Service: Children, Adults, Family,
Individuals,

Substance Abuse, Trauma, Depression, PTSD

Se habla español

CITY OF GILBERT

Ave Maria Counseling Services

Claudia Lopez

1176 E. Warner Rd. Suite 203

Gilbert, AZ 85296

(480) 572-6393

claudialopezcounseling@gmail.com

<https://www.avemariacounselingservices.com>

Areas of service: Adults, Teens (12+), Depression, Anxiety, Trauma, Sand Tray Therapy

Se habla español

Catholic

Fleur de Lis Counseling

Diana Hernandez

1206 E. Warner Rd. Suite 220

Gilbert, AZ 85296

(480) 710-6822

diana@fdlcounseling.com

www.fdlcounseling.com

Areas of service: Teens, Adults, EMDR (trauma, PTSD), addiction, and struggles with sexual identity.

Teens – identity concerns, self-esteem. General

population – Anxiety, Depression, Domestic

Violence, other forms of trauma

Catholic

Immaculate Heart Counseling

Robbie Griffin

1176 E. Warner Rd. Suite 203

Gilbert, AZ 85296

(480) 270-4464

Robbie.griffin@immaculateheartcounseling.com

www.immaculateheartcounseling.com

Areas of service: Adults, Adolescents, Children (6+),

Trauma, depression, anxiety, sexual and behavioral addictions for adults, adolescents and children.

Catholic

Infinite Healing and Wellness

Michael Scaramella

2563 S. Val Vista Dr. Suite

108 Gilbert, AZ 85295

[480.448.1076](tel:480.448.1076)

info@infinitehw.com

Areas of service: Adolescents, Young Adults, Adults Male, Female

Anxiety, Depression, Trauma, Addiction, ADHD, OCD

Restored Counseling & Wellness Center

Michael Keenan. S LAMFT

Marriage and Family Therapist

633 E. Ray Rd. Suite 131, Gilbert, AZ 85296

office: 480.256.2999

cell: 602-888-6243

fax: 480-520-4050

restoredcw.com

Areas of Service: Couples, Families, Adolescents, Young Adults, Adults Male and Female, Marital and Premarital Relationship, Conflict, Family Conflict, Anxiety, Trauma Healing

Rising Light Counseling

Bethsy Amador

1166 E. Warner Rd

Gilbert, AZ 85296

(480) 339-7124

info@risinglightcounseling.com

www.risinglightcounseling.com

Areas of Service: 3 years and older

Autism (ASD), ADHD, Anxiety, Depression,

Relationships, Trauma, Grief and Loss

Se habla español

Saint Raphael Counseling

Michelle Goodwill

1176 E. Warner Rd Suite 203

Gilbert, AZ 85296

(623) 866-7602

michellergoodwill@gmail.com

www.saintraphaelcounseling.com

Areas of service: Late teens, Adults, Emotionally focused Couples therapy, EMDR Therapy,

Depression, Anxiety, Trauma

Catholic

St. Cupertino Counseling

Ingrid Mota de Alcantara

1176 E. Warner Rd. Suite 203

Gilbert, AZ 85296

(480) 561-7920

Ingrid@stcupertinocounseling.com

www.stcuperstinocounseling.com

Areas of Service: 16+, Depression, Anxiety, Life transitions, PTSD, Post-abortion healing, Trauma

Español & Portugues

Catholic

St. Joseph Counseling**David Edwards**

1176 E. Warner Rd. Suite 203
Gilbert, AZ 85296
(480) 466-0756

David@stjosephcounseling.com

www.stjosephcounseling.com

Areas of service: Adolescents, Adults, Men's Issues,
Priests, treatment for pornography addictions
Catholic

CITY OF GLENDALE**Spectrum Healthcare**

4494 W. Peoria Ave Suite 115A
Glendale, AZ 85302
(877) 634-7333

Hearing impaired (800) 367-8939

info@spectrumhealthcare-group.org

<http://spectrumhealthcare-group.com>

Areas of Service: Children, Adults, Family,
Individuals,

Substance Abuse, Trauma, Depression, PTSD

Se habla español

CITY OF GOODYEAR**Imagine Therapy**

15655 W. Roosevelt St. Ste 105
Goodyear, AZ 85338
(623) 337-2275

admin@imaginetherapyaz.com

Journey to Peace Counseling Services**Romano Cedillos, MS, LAC**

1819 S. Dobson Rd. Suite 115
Mesa, AZ 85202
(480) 787-1955

romano@jtpcs.org

www.jtpcs.org

Areas of service: Adults, CBT, SFBT, ACT,
Pornography, and sexual addiction

Catholic

Journey to Peace Counseling Service**Sonia Cano (Español)**

250 N. Litchfield Road
Goodyear, AZ 85338
(623) 439-2177

soniac@jtpcs.com

www.jtpcs.org

Areas of Service: Adults and children ages 8 and up,
DBT, EMDR, CBT, Trauma, PTSD, individual,
couples, and family therapy and have worked with
people who experience an array of behavioral and
mental health issues including ADHD, anxiety, mood
disorders, trauma, personality disorders, self-harm,
grief, and relational issues.

Catholic

Tania Rojo, MAPC, LAC

602.529.2111
501 East Plaza Circle Suite#10
Litchfield Park, AZ 85340

tania@christiancounselingservicesaz.com

Areas of service: EMDR trained, trauma informed
care, and IFS. Anxiety, Codependency, Depression,
Divorce, Emotional Disturbance, Family Conflict,
First Responders, Grief, Infidelity, Marital distress,
Pregnancy, Prenatal, Postpartum, Recent Traumatic
Experiences, Relationship Issues, Sexual Abuse,
Spirituality, Stress, Suicidal Ideation, Trauma PTSD,
Women's Issues (Hablo Español).

Terry Galler, MA, LPC

(602) 909-0042
Goodyear + Litchfield Park

www.terrygaller.com

Areas of service: Adults, Adolescents (16+),
Individuals, Couple and Family therapy, Depression,
Anxiety, Marriage, Trauma, Past abuse issues,
Divorce Recovery, Grief Counseling

Catholic

CITY OF LAKE HAVASU

Harborlight Family Therapy

Fielder (M.A), Christine

1951 Mesquite Ave, Ste J,
Lake Havasu City, AZ 86403
(928) 453-1328

Harborlight@frontiernet.net; cfielder@frontiernet.net

www.harborlightfamilytherapy.com

Areas of service: Children (5+), Adult, Family,
Marriage,
Substance Abuse

Other Language: German

CITY OF MESA

Catholic Charities

Holy Cross Parish

Sarah Camacho
(602) 749-4405

scamacho@cc-az.org

CatholicCharitiesAZ.org

Areas of Service: Counseling for Individuals,
families, couples, children (5+) and adolescents,
Abuse: Emotional, physical, sexual, and verbal,
Anger management, Anxiety/ Depression,
Divorce/Marriage, Grief and loss, Parenting, Stress
management, Substance Abuse

Se habla español

Journey to Peace Counseling Services

Cindy Bird

1819 S. Dobson Road Suite 115
Mesa, AZ 85202
Direct: (480)535-6930

cindy@jtpcs.org

www.jtpcs.org

Areas of service: Couples, families, adults,
adolescents (especially girls), trauma, anxiety,
depression and parenting support. EFT, EMDR and
CBT trained. *Catholic*

Journey to Peace Counseling Services

Donna Schmidt

1819 S. Dobson Rd. Suite 115
Mesa, AZ 85202
(480) 787-1955

donna@jtpcs.org

www.jtpcs.org

Adults, Addiction, Mood Disorders, Anger
Management, Co-occurring Disorders, Trauma
issues, Spiritual issues

Catholic

Journey to Peace Counseling Services

Emily Speck

1819 S. Dobson Rd. Suite 115
Mesa, AZ 85202
(480) 787-1955

emily@jtpcs.org

www.jtpcs.org

Areas of service: Postpartum Support, Perinatal
Mood Disorders

Catholic

Journey to Peace Counseling Services

Nate Verschaetse, Psy.D

1819 S. Dobson Rd. Suite 115
Mesa, AZ 85202
(480) 428-4550 or (480) 787-1955

nate@jtpcs.org

www.jtpcs.org

Areas of service: Children, Adults, Couples, Trauma,
OCD, ADHD, Questions of Spiritual Affliction, EFT
for couples, Child-Centered Play Therapy

Catholic

Journey to Peace Counseling Services

Romano Cedillos, MS, LAC

1819 S. Dobson Rd. Suite 115
Mesa, AZ 85202
(480) 787-1955

romano@jtpcs.org

www.jtpcs.org

Areas of service: Adults, CBT, SFBT, ACT,
Pornography, and sexual addiction

Catholic

Joyful Hearts Counseling**Leslie Pechkurow**

2345 S. Alma School Rd Suite #110

Mesa, AZ 85210

480-420-8426

leslie@joyfulheartscounseling.comwww.joyfulheartscounseling.com

Areas of service: adults, children, and families-
trauma, depression, anxiety, shame, life transitions,
grief and loss, parenting, women issues (pregnancy,
postpartum stress, motherhood), Play Therapy,
Somatic Experiencing techniques, mindfulness,
family systems, CBT

*Catholic***Judith Rand (PhD)**

1845 S Dobson Rd, Ste 106,

Mesa, AZ 85202

(480) 466-7010

Jrandphd@gmail.comwww.judithrandphd.com

Areas of service: Adult, Children, Family, Marriage,
Geriatric Psychological services, Individual, Couples

SureStep Psychology Services**Lopez PhD, Ignacio****Guille Morales**

1220 S. Alma School Rd. Ste. 210

Mesa, AZ 85210

(480) 246-8998

ignaciolopez@gmail.comwww.suresteponline.org

Areas of service: Children, Adults, Family,
Parenting, Domestic violence offender treatment

*Se habla español**Catholic***Teri Krull (LCSW, LLC)**

Registered Play Therapist

2345 S Alma School Rd, Ste 110,

Mesa, AZ 85210

(480) 917-7792

terikrull@playtherapy.tvwww.playtherapy.tv

Areas of service: Adult, Children (8+), Family,
Marriage, Parent Coaching

Tikvah Counseling, PLLC**Castellanos, Pamela**

(480) 447-6474

Tikvahcounselor@gmail.com

Areas of service: Adults, Trauma

*Catholic***Valor Counseling****Sheana Kupitz**

Mesa, AZ

(520) 518-3498

sheana.valorcounselingaz@gmail.comwww.valorcounselingaz.com

Areas of service: Children 3+, adolescents and adults,
Individuals, families, couples, relationship, marriage,
parenting, abuse, trauma, adoption issues

*Catholic***CITY OF PEORIA****Prism Counseling & Coaching**

9299 W Olive, Ste. 212,

Peoria, AZ 85345

(480) 525-7284

www.arizonachristiancounseling.com

Areas of service: Parenting, Children (10+) Teens,
Anxiety, Anger, Grief, Self-Esteem, Trauma,
Relationships, Premarital, Sexual Addiction,
Wellness, Faith

CITY OF PHOENIX**Ana Gomez (MC, LPC)**

1300 E Missouri, Ste 120,

Phoenix, AZ 85014

(602) 803-4601

(602) 803-1797

info@anagomez.orgwww.anagomeztherapy.com

Areas of service: Adult, Children, Family, Marriage,
Trauma

Se habla español

Catholic Charities

Sarah Camacho

(602) 749-4405

scamacho@cc-az.org

CatholicCharitiesAZ.org

Areas of Service: Counseling for Individuals, families, couples, children (5+) and adolescents.

Abuse: Emotional, physical, sexual and verbal, Anger management, Anxiety/ Depression, Divorce/Marriage, Grief and loss, Parenting, Stress management, Substance Abuse

Se habla español

Christian Family Care Center

2346 N. Central Ave.

Phoenix, AZ 85004

(602) 234-1935

www.cfcare.org

Areas of service: Children, Adults, Trauma

Community Connections LLC

Simpson, Vanessa

4025 W. Bell Rd. Ste 6

Phoenix, AZ 85053

(623) 242-8460

info@communityconnectionsaz.org

www.communityconnectionsaz.org

Areas of service: eating disorders in Adolescents & Adults.

Community Partners Integrated Healthcare

1515 E. Osborn Rd.

Phoenix, AZ 85014

(602) 604-0000

www.communitypartnersinc.org

Areas of service: Adult

(Se habla español)

Coral Valley Psychological Services, PLLC

Taveras, Lauren PSY.D

5010 E. Warner Rd Suite 108

Phoenix, Arizona 85044

(480) 382-4416

dr.taveras@coralvalley.org

<https://www.coralvalley.org>

Areas of Service: Adolescents, Adults, Couples, PTSD, depression, anxiety, insomnia, anger management, relationship challenges; Psychological testing including immigration-related evaluations (extreme hardship, VAWA petitions, U-Visas, etc), and psychoeducational assessments (giftedness & learning differences)

Se habla español

Catholic

Dymphna Counseling

Donna Turner

4425 E. Agave Rd. Suite 140

Phoenix, AZ 85044

(602) 908-4988

dymphnacounseling@gmail.com

Areas of service: Adults, Trauma, Addictions, Sexual Addictions, Marriage

Catholic

Intercessory Counseling and Wellness

Dr. Mercedes Agudo, MD, FAPA, DFAACAP

602-599-2000

info@intercessory.org

Intercessory Counseling and Wellness

Michael J. Rayes, LPC, LISAC

602-599-2000

info@intercessory.org

Areas of service: Adults, couples, adolescents, children, all mood and personality disorders including depression and anxiety, addictions, trauma, bereavement counseling.

Catholic

John Stapert (PhD)

6232 N 7th St Suite 206B

Phoenix AZ 85014

(602) 279-8920

jstapert@ix.netcom.com

Areas of service: Adults (16+), Depression, Anxiety

Lisa Fischer PhD

7111 N. 7th St

Phoenix, AZ

(602) 448-9755 (TEXT ONLY)

lisafischer@cox.net

www.dr.lisafischer.com

Areas of service: Older adolescents, Adults, anxiety, depression, and relationship problems, including sexual dysfunctions.

Catholic

Little Flower Ministries**PLLC Westby (LPC), Nikki**

2312 E Campbell Ave,

Phoenix, AZ 85016

(602) 954-9089 ext. 1114

zestywestby@yahoo.com

Areas of service: Adult, Couples, Anxiety, Depression, Relationship Issues, Domestic Violence, Post Abortion Healing

Catholic

Navarro Counseling and Consulting**Dr. Maria Navarro** (*Se habla español*)

3800 N Central Ave, 1010 Phoenix, AZ 85012

(602) 552-4488

info@navarrocounseling.com

<https://navarrocounseling.com>

Areas of Service: Children, Adults, Trauma (sexual, physical, verbal) Attachment, Grief Recovery, EMDR, IFS, Story play,

Catholic

Phoenix Psychological Services**Rosemarie Ludwig PhD**

2432 W Peoria Ave, Ste 1002 Building# 3

Phoenix, AZ 85071

(602) 997-1550

rstussy@cox.net

Areas of service: Adult, Children (6+), Family, Marriage, Sexually abused children

Other Languages: German, Byzantine Catholic

Prism Counseling & Coaching

7901 N. Central Ave

Phoenix, AZ 85020

(480) 525-7284

www.arizonachristiancounseling.com

Areas of service: Parenting, Children (10+) Teens, Anxiety, Anger, Grief, Self-Esteem, Trauma, Relationships, Premarital, Sexual Addiction, Wellness, Faith

Rebecca Kasper PhD

7227 N. 16th St Suite 209

Phoenix, AZ 85201

(602) 630-2639

rebeccaannkasper@gmail.com

www.drrebeccakasperpllc.com

Areas of service: Children (5+), Adult, Individual, (Occasionally family therapy), Creative arts Therapies, Trauma, and Health Psychology
Catholic

Spectrum Healthcare

3633 Crossings Dr

Prescott, AZ 86305

(877) 634-7333

Hearing impaired (800) 367-8939

info@spectrumhealthcare-group.org

<http://spectrumhealthcare-group.com>

Areas of Service: Children, Adults, Family, Individuals,

Substance Abuse, Trauma, Depression, PTSD

Se habla español

Spectrum Healthcare

990 Willow Creek

Prescott, AZ 86301

(877) 634-7333

Hearing impaired (800) 367-8939

info@spectrumhealthcare-group.org

<http://spectrumhealthcare-group.com>

Areas of Service: Children, Adults, Family, Individuals,

Substance Abuse, Trauma, Depression, PTSD

Se habla español

Totus Tuus Therapy Clinic**Michelle Lorenzana**2942 N. 24th St. Suite #108

Phoenix, AZ 85016

(602) 464-3289

mlorenzana@totustuustherapyclinic.comwww.totustuustherapyclinic.com

Areas of service: Adults, Marriage and Family, Communication concerns, Relational Conflict, Premarital Preparation, Anxiety, Depression and Grief/Loss

*Catholic***Trinity-One Counseling****Debra Legge, MC, LAC**4545 N 36th St, Suite 202

Phoenix, AZ 85018

(602)-277-8228

debra@trinityonecounseling.com**Witness to Love Family Counseling****Aryn Sylvester**3606 N. 24th Street

Phoenix, AZ 85016

(602) 980-1557

info@witnessstolovefcs.comwww.witnessstolovefcs.com

Areas of service: Negative reoccurring thoughts, images, and flashbacks, negatives cycles of living, emotional irrational responses, dissociative episodes, inability to connect on a deep level with others, healing from symptoms of Post-Traumatic Stress and other traumatic experiences.

*Catholic***Witness to Love Family Counseling****Stephanie Galeziewski**3606 N. 24th Street

Phoenix, AZ 85016

(602) 980-1557

info@witnessstolovefcs.comwww.witnessstolovefcs.com

Areas of service: Adolescents and adults, Child-Centered Play Therapy, helping navigate depression, anxiety, life transitions, and addictions. Helps foster positive self-talk, healthy coping skills, and good boundaries.

*Catholic***Witness to Love Family Counseling****Marianne Dunaway**3606 N. 24th Street

Phoenix, AZ 85016

(602) 980-1557

info@witnessstolovefcs.comwww.witnessstolovefcs.com

Areas of service: Adult, Children, Family, Marriage
Catholic

Witness to Love Family Counseling**Samuel P. Bryant**3606 N. 24th Street

Phoenix, AZ 85016

(602) 980-1557

info@witnessstolovefcs.comwww.witnessstolovefcs.com

Areas of service: Marriage, Couples and Family Therapy, Affairs and Trauma, Men's Issues, Workplace Relationships, Parenting, Spirituality and Faith Crisis', Teen Issues, Senior Issues, Life Transitions.

*Catholic***CITY OF PRESCOTT****Christian Family Care Center**

3611 Crossings Drive, Suite A

Prescott, AZ 86305

(928) 443-1150

www.cfcare.org

Areas of service: Children, Adults, Family, Trauma

Maria Rose Counseling**Kate Hald LPC**

300 E. Willis St. Suite 300-D

Prescott, AZ 86301

(928) 710-0198

Kate@MariaRoseCounseling.com<http://www.mariarosecounseling.com>

Areas of Service: Adults, EMDR Therapy, abuse (emotional, physical, and sexual)

CITY OF SCOTTSDALE

Catholic Charities

Our Lady of Perpetual Help Parish

Sarah Camacho (*Catholic*) *Se habla español*

(602) 749-4405

scamacho@cc-az.org

CatholicCharitiesAZ.org

Areas of Service: Counseling for Individuals, families, couples, children (5+) and adolescents.

Abuse: Emotional, physical, sexual and verbal anger management, Anxiety/ Depression,

Divorce/Marriage, Grief and loss, Parenting, Stress management, Substance Abuse

Catholic Charities

St. Patrick's Parish

Sarah Camacho (*Se habla español*) (*Catholic*)

(602) 749-4405

scamacho@cc-az.org

CatholicCharitiesAZ.org

Diana Vigil (MA, LPC, RPT)

7500 E McDonald Drive, Ste 400A,

Scottsdale AZ 85250

(480) 946-0801

www.childtherapyaz.com

Areas of service: Adult, Children, Child Maltreatment, Sexual Abuse, Sexual Behavioral problems, Divorcing Families, Parental Alienation
Catholic

Dr. Gabrielle Lawrence

10245 E. Via Linda Blvd Suite 105

Scottsdale, AZ 85258

(480) 607-5030

gabrL1@cox.net

www.health4relationships.com

Areas of service: Adult, Children, DBT, Grief
Catholic

Joan Polansky, Ph.D.

3295 N. Drinkwater Blvd Suite 1

Scottsdale, AZ 85253

(602) 621-0468

www.arcadiapsychology.com

Areas of service: College students, Medical issues, difficult pregnancies, or premature and difficult birthing experiences

Karen Williams, LPC

6424 East Greenway Parkway, Suite 104

Scottsdale, Az 85254

602-791-7189

CatholicTherapists.com

Areas of service: Family, Relationships, Substance Abuse, Grief and Loss, EMDR

Kelly A. Maurer MSN, FNP, PMHNP-BC

Psychiatric Mental Health Family Nurse Practitioner

Sacred Hearts Psychiatry & Addiction Medicine

8700 E. Vista Bonita Dr. Ste. 236

Scottsdale, Az. 85255

(480) 392-1729

Kellipmhnp@sacredheartspsihchiatry.com

www.sacredheartspsihchiatry.com

Areas of service: Prescriber, Full Psychiatric & Substance Use Evaluations (Full panels of lab work to rule out medical causes) - Diagnosis, Med Prescribing & Management, some areas of treatment include Depression, Anxiety, Bipolar, OCD, Opioid Use Disorder, Alcohol Use Disorder, offering Medication assisted treatment (Suboxone, Naltrexone, Vivitrol). and Talk therapy, Faith based. Seeing patients 13years of age through 64 years of age.

Pamela Chambers (M.Ed, LPC, NCC)

15446 N. Greenway Hayden Loop

Scottsdale, AZ 85260

(480) 703-0606

pamela@pamelachambers.com

www.pamelachambers.com

Areas of service: Adult, Children, Family, Marriage, Pre-Marital counseling, Couples, EMDR for Trauma

Spring Returns Counseling

Jill McMahon

8170 N. 86th Place Suite 206

Scottsdale, AZ 85258

(480) 675-4634

jill@jillmcmahoncounseling.com

www.jillmcmahoncounseling.com

Areas of service: Grief, Suicide, Individual Therapy

CITY OF SUN CITY

Arrowhead Behavioral Health

9865 W. Bell Rd,

Sun City, AZ 85351

(623) 876-1246

CITY OF SURPRISE

Avenir Behavioral Center

16561 N. Parkview Place
Surprise, AZ 85374
(623) 522-4525

Intake@AvenirBehavioralCenter.com
www.AvenirBehavioralCenter.com

Areas of Service: 18+, depression, anxiety, borderline personality disorder, PTSD, ADHD, bipolar disorder, psychosis, and schizophrenia, alcohol and drug addiction.

Terry Galler, MA, LPC

(602) 909-0042

terry@terrygaller.com
www.terrygaller.com

Areas of service: Adults, Adolescents (16+), Individuals, Couple and Family therapy, Depression, Anxiety, Marriage, Trauma, Past abuse issues, Divorce Recovery, Grief, Counseling

CITY OF TEMPE

Catholic Charities

Holy Spirit Parish

Sarah Camacho
(602) 749-4405

scamacho@cc-az.org
CatholicCharitiesAZ.org

Areas of Service: Counseling for Individuals, families, couples, children (5+) and adolescents, Abuse, Emotional, physical, sexual and verbal, Anger management, Anxiety/ Depression, Divorce/Marriage, Grief and loss, Parenting, Stress management, Substance Abuse
Se habla español

Christian Living Center

Stadheim (Ph.D. LPC), Robert L.

2111 E. Baseline Rd, Ste #C-8
Tempe, AZ 85283
(480) 831-1212

myrna@stadheim.org
<https://www.christiancounselingarizona.com>

Areas of service: Abuse, Addiction, Eating Disorders, Family & Individual Therapy

Journeys

Christina McShane PsyD

6515 S. Rural Rd Suite 101
Tempe, AZ 85283
(480) 656-0500 Ext. 18

christina@journeyscounselingaz.com
www.journeyscounselingaz.com

Areas of service: Adolescent, Adult, Child,
Catholic

Spectrum Healthcare

1845 E. Broadway Rd. Suite 116
Tempe, AZ 85282
(877) 634-7333

Hearing impaired (800) 367-8939
info@spectrumhealthcare-group.org
<http://spectrumhealthcare-group.com>

Areas of Service: Children, Adults, Family, Individuals,
Substance Abuse, Trauma, Depression, PTSD
Se habla español

CITY OF TUSCON

Christian Family Care Center

3275 W. Ina Road, Suite 155
Tucson, AZ 85741
(520) 296-8255

<https://cfcare.org/>

Areas of service: Children, Adults, Trauma

CITY OF WICKENBURG

Breaking Free Christian Counseling

Kari Froelicher

315 Apache Street
Wickenburg, AZ 85390
(928) 232-9280

Kari@godlycounseling.com
www.godlycounseling.com

Areas of service: Adults, Teens, Marriage, Family, PTSD, sexual abuse (and other types of abuse), Trauma, Anxiety and Depression, Codependency, SSA, Schizophrenia and Psychotic disorders, Eating disorders, HSP
Catholic

